



THE BARNICLE

2008-09



1st Feb. 2009 "Hamaare Taare Hamaare Zameen Par"

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V. KHANNA.
S. MINOCHERI.
J. U. SINGH.
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P. S. GILL.
G. JADHAV.
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I. PIRANI.
V. VICHARE.

N. RAYARIN.
Md. S. ASLAMI. (CSE)
R. G. (CSE)

The Magazine of Barnes School, Devlali

The Academic Staff



Sitting L. to R. : Mr. B. Fernandez, Mr. M. Gunnion, Mr. R. Russell, Mrs. S. Frederick, Miss G. Pinto, Mrs. S. Coutinho, Dr. L. C. Coutinho, (Principal), Mr. T. Jacob, (Vice Principal), Mr. D. O'Connor, Mrs. J. Gurung, Mrs. J. Dinger, Mr. V. Nair, Mr. V. Frederick, Mr. C. P. Dinger **Standing 1st Row :** L. to R. : Mrs. B. Fernandez, Mrs. P. Daniel, Mrs. S. D'Costa, Mrs. N. Gupta, Mrs. M. Fernandez, Mrs. P. Russell, Mrs. A. Khan, Mrs. S. Parmar, Mrs. S. Pikhwal, Mrs. K. Datta, Mrs. D. Simoes, Mrs. H. Jacob, Mrs. R. Gosavi, Mrs. S. Subedar. **Standing 2nd Row :** L. to R. : Mrs. S. Philips, Mrs. B. Rai, Mrs. B. Tims, Mrs. K.D'Souza, Mrs. T. D' Souza, Mrs. B. D'Souza, Mrs. C. Frederick, Mrs. S. Kulkarni, Mrs. H. Philips, Mrs. A. Rehman, Mrs. S. Johnstone, Miss. Kasar, **Standing 3rd Row :** L to R : Mr. C. Massey, Mr. S. Kulkarni, Mr. S. Sathe, Mr. D. Rajput, Mr. F. D'Souza, Mr. N. Rai, Mr. D. Singh, Mr. S. Tims, Mr. D. Sonawane, Mr. A. Jadhav

CONTENTS

1) BARNES SCHOOL STAFF LIST 2008-09	3-5
2) PRINCIPAL'S REPORT	6-9
3) STAFF ORIENTATION PROGRAMME	10
4) PRIZE DAY	13-18
5) SPORTS REPORTS	21
CROSS COUNTRY (Boys)	22
RESULTS OF THE INTER HOUSE CROSS COUNTRY BOYS 2008-2009	23
CROSS - COUNTRY FOR GIRLS - 2008	24
BADMINTON (Boys) 2008-2009	27-29
BADMINTON (GIRLS) 2008-2009	30-31
TABLE TENNIS (GIRLS) 2008-2009	
FOOT BALL REPORT 2008	32
ANGLO-INDIAN MAHARASHTRA, I.C.S.E. SCHOOLS, FOOTBALL TOURNAMENT -2008-2009.	33
ANNUAL CRICKET REPORT : 2008 - 2009	34
ANNUAL ATHLETICS 2008- 09	35
ATHLETICS REPORT (GIRLS) 2008-2009	36
BOXING 2008	45
VOLLEYBALL (Boys) - 2008-09	46
MINITHON AT RYAN INTERNATIONAL SCHOOL SPORTS CLUB	47
6) CO-CURRICULAR ACTIVITIES	48
THE INTER SCHOOL DEBATE	51
TEACHER'S DAY	52
HINDI DIVAS CELEBRATES AT BARNES	53
SINGING COMPETITION 2008	54
INTERMEDIATORY GRADE EXAM RESULT	67

● CONTENTS ●

<i>A TRIP TO KNORR-SOUP MAKING FACTORY</i>	68
<i>HOUSE DRAMATICS</i>	71
<i>VISIT OF THE "CHILLI PEPPER COOKING CLUB" TO THE GATEWAY HOTEL</i>	72
<i>ENGLISH LANGUAGE TEACHING WORKSHOP</i>	74
<i>EX. STUDENTS VISIT 2009</i>	79
7) <i>HOUSE REPORTS</i>	98
<i>CANDY HOUSE REPORT 2008 - 2009</i>	99
<i>JOHN OF ARC HOUSE REPORT (2008 - 2009)</i>	100
<i>GREAVES HOUSE REPORT 2008-2009</i>	101
<i>A HOUSE REPORT (HELEN KELLER)</i>	102
<i>ROYAL HOUSE REPORT 2008 - 2009</i>	103
<i>EDITH CAVELL - " FIRMNESS IN ACTION"</i>	104
<i>SPENCE HOUSE REPORT 2008 - 2009</i>	105-106
<i>FLORENCE NIGHTINGALE 2008 - 2009</i>	109
<i>JUNIOR COLLEGE REPORT</i>	110
<i>ACHIEVERS</i>	111-112
<i>FENCING CLUB</i>	113
<i>CHILDREN'S ENGLISH ARTICLE SECTION</i>	116-130
<i>HINDI & MARATHI SECTION</i>	131-140



BARNES SCHOOL STAFF LIST 2008-09 **Academic Staff**

<i>Name of Staff</i>	<i>Qualification</i>	<i>Designation</i>
<i>Dr. L. C. Coutinho</i>	<i>M.A., B.Ed. Ph.D.</i>	<i>Principal</i>
<i>Mr. T. Jacob</i>	<i>M.A., M.Ed., T.T.C.</i>	<i>Vice-Principal</i>
<i>Mrs. S. Coutinho</i>	<i>M.A., B.Ed., T.T.C.</i>	<i>Junior School Supervisor</i>
<i>Mr. D. O'Connor</i>	<i>B.A., B.Ed.</i>	<i>Senior School Coordinator</i>
<i>Mr. R. Russell</i>	<i>M.Com, B.Ed.</i>	<i>Junior College Coordinator</i>
<i>Miss. G. Pinto</i>	<i>T.T.C.</i>	<i>Lloyd Block Mistress, Middle School Coordinator & Helen Keller President</i>
<i>Mrs. S. Frederick</i>	<i>T.T.C.</i>	<i>Haig-Brown Block Mistress Florence Nightingale President</i>
<i>Mr. V. Nair</i>	<i>B.Sc., B.Ed.</i>	<i>Royal HOUSE MASTER & Royal House President</i>
<i>Mr. C. P. Dinger</i>	<i>T.T.C.</i>	<i>Candy Block Master & Candy President</i>
<i>Mr. M. Gunnion</i>	<i>M.Sc., B.Ed.</i>	<i>Spence HOUSE MASTER & Spence House President</i>
<i>Mr. V. Frederick</i>	<i>B.Sc., B.Ed.</i>	<i>Greaves HOUSE MASTER & Greaves House President</i>
<i>Mr. B. Fernandez</i>	<i>T.T.C.</i>	
<i>Mr. S. Kulkarni</i>	<i>Diploma in Computer Technology (Hardware) & programmer in BASIC & COBOL (NIIT)</i>	<i>Spence House Vice-President & webmaster</i>
<i>Mrs. S. Kulkarni</i>	<i>M.A., B.Ed.</i>	<i>Edith Cavell President</i>
<i>Mrs. A Khan</i>	<i>M.A., B.Ed.</i>	<i>Helen Keller Vice-President</i>
<i>Mrs. H. Phillips</i>	<i>B.A., B.Ed.</i>	<i>Joan of Arc President</i>
<i>Mrs. B. Fernandez</i>	<i>Montessori</i>	<i>Edith Cavell Vice-President</i>



BARNES SCHOOL STAFF LIST 2008-09

Academic Staff

Name of Staff	Qualification	Designation
Mrs. J. Gurung	M.Sc., B.Ed.	
Mrs. S. Parmar	M.A.[Eng] B.Sc.[H.Sc.] B.Ed.	
Mr. M. Ovichegan	M.A.(Hist.), M.A.(Pol.Sc) B.Ed.	Royal House Vice- President
Mrs. J. Dinger	T.T.C.	Florence Nightingale Vice- President
Mrs. C. Frederick	B.A., T.T.C.	Joan of Arc Vice- President
Mr. S. Tims	B.A.[Eng.Hons] T.T.C.	Greaves House Vice-President
Mrs. Z. Dastoor	B.Com., B.Ed.	
Miss. S. Waydande	M.A., Diploma in Psy. Counselling	
Mrs. N. Gupta	M.Com. , B.Ed.	
Mr. D.Sonawane	M.A., B.Ed.	
Mrs. P. Russell	M.Com., B.Ed.	
Mrs. S. Mohan	M.Sc., B.Ed.	
Mrs. S. D'Costa	B.A., B.Ed.	
Mrs. S. Subedar	B.Sc., B.Ed.	
Mrs. R. Gosavi	M.A., B.Ed.	
Mr. S. Sathe	M.A.(Eng.),B.Com., B.Ed.	
Mrs. S. Pilkhwal	B.A., B.Ed.	
Mrs. A. Rehman	B.Com.(Hon), B.Lib. & Info. Sc.	
Mrs. S. Johnstone	M.A. B.Ed.	
Mrs. B. D'Souza	T.T.C. B.A.	
Mr. A. Jadhav	A.T.D., G.D.Art	
Mrs. H Jacob	B.A., L.T.	
Mrs. E. Tims	H.S., T.T.C.	
Ms. M.C. Fernandes	H.S., T.T.C.	
Mrs. D. Simoes	B.A., B.Ed.	
Mrs. S. Phillips	B.A., B.Ed.	
Mrs. P. Daniel	B.Com., B.Ed.	
Mrs. K.R. Datta	B.A.(Hon), B.Ed.	
Mrs. K. D'Souza	T.T.C.	
Mr. C. Massey	T.T.C.	



BARNES SCHOOL STAFF LIST 2008-09

Academic Staff

Name of Staff	Qualification	Designation
Mr. D. Singh	Army Trained/C.P.Ed.	P.T.I. Boys
Mr. N. Rai	T.T.C.	
Miss. T. D.Souza	T.T.C.	
Miss B. Rai	T.T.C.	
Mrs. R. Martin	S.S.C.	
Office Staff		
Mrs. C. D'cruz	Office Assistant	
Mr. B. Gade	Billing Clerk	
Mr. S. Joshi	Cashier	
Mr. B. Kokane	Adm. Assistant	
Mr. P. Sughand	Jr. Accounts Clerk	
Mr. I. Sayed	Accountant	
Matrons		
Mrs. M. Baptista	Matron (Candy House) and Junior College	
Mrs. L. Belsher	Matron (Royal House)	
Mrs. M. Extross	Matron (Greaves House)	
Mrs. W. James	Matron (Lloyd Block)	
Mrs. R. Lacroix	Matron (Haig Brown)	
Mrs. O. Obidiki	Matron (Spence House)	
Mrs. C. Peters	Matron (Lloyd Block)	
Mrs. J. Sebastian	Matron (Lloyd Block)	
Residential Medical Staff		
Mrs. S. Gama	Major (Mrs.) B. Paul (Retd.)	Dr. A. Swadi
		Dr. Mrs. D. Daulatani
Maintenance Staff		
Lt. V. Basetti (Retd.)	Maintenance Supervisor	
Mr. Dale Robbins	Stores & Maintenance	
Capt. T. Mathai (Retd.)	Mess. Supervisor	
Mr. M. Bernard	Mess Supervisor	
Mrs. R. DeSouza	Linen Room Incharge	
Security Staff		
Mr. S. Extross	Security	Mr. K. Frederick Security

PRINCIPAL'S ANNUAL REPORT FOR THE YEAR 2008 - 09.

Honourable Chief Guests Dr. & Mrs Abraham Mathai, valued parents, well-wishers, friends my dear staff and students.

Before I present this official annual report for the past year, it is a pleasure for me, on behalf of my staff and students, to welcome Dr. Abraham Mathai together with his gracious wife Mrs. Susan Abraham and family on this very special occasion, because Dr. Mathai is a high dignitary in the Maharashtra Cabinet's State's Minority Commission (He is the Vice-Chairman and also holds a number of other important positions as a representative of our community) but more so because he is a former 'Barnicle' - an ex-student who is therefore so very much part of our school family. Also, because he is a strong supporter of his Alma Mater and has been a friend whenever I have called on him for help. He has readily extended his influence to help Barnes and Christ Church School whenever we have asked him, and we are happy that he and Mrs. Susan Abraham have made the time and traveled in this summer heat all the way from Mumbai putting aside their busy schedules to be with us today -
Sir, Madam we are happy to have you with us on this important day in the school calendar

(* - Release of the Barnicle 2008 09 by C.G.)

I now present **THE REPORT** for the Academic Year 2008-09.

Our school began with an Orientation Programme for our teachers on Saturday 7th June 2008. Our Boarders returned on Monday the 9th while our Day-Scholars joined us for the re-opening of school for the new academic year on the 10th of June 2008. Our 83rd Annual Speech and Prize Day was on the 13th of June 2008. Mr. R. K. White, Chairman, B.E.S. presided. The Prefects investiture was on the next day and Mr. and Mrs. Daniel, Honorary Treasurer B.E.S. were the Chief Guests. Mr. R. C. Woodman, Honorary Secretary and Miss B. Kent, Assistant Secretary were also present on both occasions. Incidentally, I seize an opportunity to appreciate their involvement in the day-to-day running of the school, especially for all their help and timely support, because they also happen to be the Executive Committee of the Bombay Education Society and place my sincere thanks to them on record today.

STUDENT STRENGTH: Our hostel strength was 322 boarders (252 boys and 70 girls) with 715 day scholars (447 boys and 268 girls). The total strength of the school was 1037 and today it is 1159. The additional numbers are because we grew from a school to a JUNIOR COLLEGE last year on the 16th of July when we admitted 47 more students. 16 to the Science stream and 31 to our Commerce faculty. It was no easy task. As some of the parents are aware it is difficult securing admission in colleges to the + 2 level. So the management and I felt the need to expand and establish the Junior College with the Indian School Certificate Examination. Therefore the necessary permissions were secured, inspection conducted, staff employed and the college is now going through its teething problems. I place on record the efforts of my staff for their constant help and support in this venture. Our Class XII just began on 2nd April and they should be appearing for the I.S.C.E. in March 2010 as our first batch!

STAFF: Mr. Michael Johnstone was the co-ordinator of the Jr. College, but he left us for a

PRINCIPAL'S REPORT

post in the U.K. in September. Mr. Ralph Russell has now taken his place since then. He, together with his wife, Mrs. Preeti Russell joined us just this academic year. Also, from Jabalpur Mrs. Natasha Warren Gupta joined the school and Jr. College team. Another new player was Mr. Dadu Sonawane. All four of these staff are post-graduates, specifically employed for the College and we are in the process of employing more qualified people to enrich Barnes. Mrs. Cheryl Moses joined us as a Matron while Sr. Prafulata de'Abreau's place in the girls infirmary was filled by Retd. Maj. (Sr) Beverley Paul.

We are sorry to lose the services of Mrs. Komal Datta, Mr. Nivedan Rai, Mr. Vivian Frederick and his wife Cheryl. They will be missed by us on campus, but greener pastures beckon them. By December 2008, three of my very senior staff superannuated: Mrs. S. Subedar, Miss Gloria Pinto and Mr. B. Gade from the School Office, and a sweet fragrance joined us in the person of another ex-student Mr. Pavan Sughand.

The only constant in life is **CHANGE**, all else is flux! And we need to change to grow. Someone has said "Change does not necessarily ensure progress but progress does require change." I can say this with gravity, having been associated with my school as a student, a teacher and now its leader.

STAFF & STUDENT DEVELOPMENT: Barnes has grown and may she grow from strength to strength. Recently in February (14th) teachers from seven other schools joined us here in Barnes in an ELT Work-shop which was organized by me in partnership with Oxford Publishers. There were 53 participants. Such Teacher Training programmes enrich us to change from lethargy and complacency to a change in attitude and a fresh approach. Mr. Russell and Mr. F. D'Souza attended a training programme on 20th and 21st September 2008 at our sister school Christ Church in Mumbai, to enable them to start the International Award Scheme for Young People. This is a good co-curricular character building activity.

Our Junior College students were fortunate to have two seminars on vocational guidance, one last year on "The Defence Services as a Career" and another this year on "Hotel Management and Tourism as a Career."

After a very long span of time we have re-started preparing students for the State Government Elementary and Intermediate Art examinations. In September 2008. Our Art Master, Mr. Ashutosh Jadhav coached 13 students for the elementary course and all fared very well 5 secured 'B' grade and 7 secured 'C' grade. Abhuday Parihar, the single student who appeared for the Intermediate, secured and excellent grade 'A'.

CLUBS & ACTIVITIES: Over the last year Saturdays have become creative working days for Club Activities. The children and staff do need a welcome change from their weekly class-room routine. They are encouraged to participate in the eleven clubs (i) Singing (ii) Dance & Drama (iii) Cookery (iv) Environment & Gardening (v) Books & Reading (vi) Art & Craft (vii) Board Games (viii) Computer Creativity (ix) Aero-modelling and Out-door Activity. These clubs enhance their talents and develop their inherent gifts and strengthen their unique skills. Fencing was a new club introduced this year. It is under the charge of the Counsellor, Miss Shruti Waydande, who is herself a National Champion. Our Fencing students have come out on top at all levels - District, State and National. In fact, Manav Chandak (IX A) was selected and also represented India at the Junior Olympics at Sydney, Australia in January this year. Just this month

PRINCIPAL'S REPORT

Mehal Singh and Karan Doshi of Std. VII A were selected for the ICC Fencing at Antalya Turkey.

Parents and guardians have also been given a good opportunity to meet and interact with the teachers of their children. "Open School Days". These are also on Saturdays. We have had one every alternate month. Such parent/teacher inter-action helps to sort out many issues.

The school has been through its usual routine of the seasons of many sports and games. Life on campus keeps both students and staff ever busy and active. As a result they lead a healthy life here.

We closed for the Christmas vacation with two major events. The Christmas Extravangza on 12th December. Mr. Shawn Tims excelled himself by training 150 children and presenting the Nativity Story through "Songs of the Season". Everyone enjoyed the show and our Chief Guests were Mr & Mrs. R.C. Woodman and family. Our 84th Athletic Meet & Mass Drill display was also a grand success. We were all inspired by Lt. General K.R. Rao AVSM, VSM, Commandant of the School of Artillery. He graced the occasion as our Chief Guest.

School re-opened for the New Year on the 12th of January and the ICSE classes began sweating at their preliminary examinations. The rest of the school were preparing for Founders Day (29/1/2009) and the Ex-students Get-together. Sir, you were here. This was also a memorable event where a very many of our past students returned to Socialize with the present students and staff. We were star struck by our very own Arshad Warsi and Vinod Khanna. They made the school Fun Fair Day a great happening and we made a record-breaking profit of about three lakhs. Arshad with his wife Maria Goretti and family were my guests for two days. He inaugurated the Fete and the children enjoyed his presence as much as the grown ups did. Hon'ble Vinod Khanna, who was accompanied by a few very senior ex-students of the 1960's, (Nitty Pawar, Ghanshyam Shewakramani and Aslam Merchant) came later in the day to draw the lucky numbers for the raffle. He also dazzled all present "Hamare Taare, hamare zameen par!"

The 1st of February was also a land-mark day as five Junior College students put in great effort to launch - "The Blue & White" an eight page magazine. The second issue is also just out. Someone said "The Barnicle" our official mazagine better watch out for the keen competition.

I must mention the good will of some of our parents especially those that go the extra mile. Wg. Commander G.S. Bhatia and a team of twelve Indian Air Force personnel again three of them are parents installed a Wind-Turbine on 9th September 2008. A source of alternate energy that generates 1.5. k.w. power. It is a device that inspired many EVS projects in our senior class students, while stimulating them to know more about wind energy and power.

It was commissioned by the previous Air Officer Commanding of the 25 E.D. South Devlali, Air Commodore D.B. Ajgaonkar AVM on 26th February 2009.

LEST WE FORGET: Speaking of the extra-mile, I sadly call to our minds a colleague Mr. S.T. Borle who served Barnes from 1978 to 2000 and then again after a school crisis, from 2004 to 2006. He faithfully served the school for 26 years of his life.

You have surely seen two new buildings growing daily on campus with the latest amenities to be ready soon this year. They are two new hostels to replace our ageing 84 year old dorms! If you chance to venture North, you will see that our new swimming pool will also be completed soon and I'm sure children, staff and friends will enjoy this luxurious addition to Barnes.

Our old buildings are weathered and worn and our own structured thinking and acting is inimical to an old school in this century. Therefore, I say a closed mind, a narrow vision does not

PRINCIPAL'S REPORT

make for human progress nor growth for good old Barnes! But I would rather say leaving a word to you good parents as you are here today to see your children win prizes and prosper. I say to them for they are our HOPE

... Keep going, keep dreaming, keep achieving, follow your STAR ! You CAN do it when you believe ...

Finally, as I near the end of my tenure at Barnes, I wish to express my gratitude to God for his blessings to me and my school for these past three eventful years. There **never** was a dull moment for me. I cannot honestly say I enjoyed every moment. There were some agonizing times and I thank my wife Susan for her constant support and my friends here, for theirs. I cannot forget my foes after all they have worked behind my back, not knowing that they perfect me, as I age. I forgive them lest I be accused again behind my back! I came a young boy to learn in 1961 and there were many comings-and-goings in-between, but one must go wiser than one came, which I do willingly and happily.

In conclusion, I thank my staff for their co-operation and effort, the parents who have invested their children with us and to all the young ones in this historic Evans Hall I say

**Never be afraid of the unknown,
Never be afraid of your curiosity,
Never be afraid "to strive, to seek, to find and not to yield "
because
Adventure is the essence of all learning.**

Thank you for your patient hearing.
Dr. L.C. Coutinho
PRINCIPAL



• STAFF ORIENTATION PROGRAMME •

The month of June began with a wonderful orientation programme organized by the school Principal DR. L. C. Coutinho. He had invited two very eminent guest speakers Mr. John Landge and Dr. (Mrs.) Dipti R. Christian to conduct the orientation workshop for all the Barnes School teachers.

Their talk coursed the various aspects of team work. Self analysis, developing friendship quality etc. The workshop had a few interesting games thrown in to make the interaction lively and entertaining. We were also enlightened about the different learning. Styles of children. The one day workshop had two tea breaks and a lunch break. What was new for most of us was the concept of 'Paradigm Shift'. All of us came back from the workshop feeling regenerated and ready to face the onslaught of the students.

- Mrs. S. Parmar



◆ The Barnicle 2008-09 - 10 ◆

The Office Staff



Office Staff L-R Mr. I. Sayed, Dr. L. C. Coutinho, Mrs. C.D'Cruz, Sanjay. Mr. Kokni, Mr. Joshi, Mr. Gade, Mahendra



Domestic Staff with Dr. L. C. Coutinho, Mr. T. Jacob, Mr. V. Basetti, Mr. D. Robins



Mess Staff with Dr. L. C. Coutinho, Mr. T. Jacob, Mr. Thomas & Mr. Martin



Security Staff Mr. S. Extross, Principal Dr. L. C. Coutinho, Mr. K. Frederick

Prize Day

Prize day is a day when winners are felicitated. However, it can get a little monotonous just watching children dressed gray and white coming and going.

So this year I decided to put my musical skills to a more creative use. And as a result the choir made its first appearance in the academic year 2007-08.

The program started with the traditional academic procession followed by the Annual Report by the Principal **Dr. L.C. Coutinho**. The Chief guests, **Mr.R.K. White (Chairman)B.E.S.**, **Mr. R.C. Woodman (Hony. Secretary)** and **Mr. S.Daniel (Hony Treasurer)** were welcomed in the traditional Barnes school way with bouquets. This was followed by the distribution of prizes to the selected Junior and Senior school children. After the announced distribution of the prizes, the house trophies and prizes for the year 06-07.

1. *Shout to The Lord (Sandra Frederick and Caroline Bernard.)*
2. *God Is Good (Adarsh Chaturvedi.)*
3. *Any Dream Will Do (Jaiveer Sharma)*

The day ended with the singing of the School Anthem and tea for all.
To make prize day a little more colourful songs were song

- Shawn Tims.



Junior School

Prize Winners 2007-2008

Class	All Round Performance		Progress
Nursery	Kanak Daulatani	Apurva Karanjkar	Aditya Singh
Prep -A	Jesse Moses	& Rita Tiwari	Gavin Belsher
Prep -B	Shraddha Gawali	Jaden Mascarenhas	Hitaishi Kulkarni
		& Tisha Kataria	
Class	1 st General Proficiency	2 nd General Proficiency	Progress
I A	Rhea Manchanda	Jaimit Patel	Madhav Nair &
			Varnika Galani
I B	Shantanu Pathak	Hargun Kochhar	Ajinkya Pansare &
			Mitesh Pardeshi
I C	Anjali Nair	Dharuv Aryan Kundra	Utkarsh Shukla &
			Balraj Singh
II A	Tanmay Hens	Mahek chawla	Pallavi Pawar
II B	Hetal Rokade	Tarika papneja	Zaed Maredia
II C	Amiya Khandpur	Vansh Panjabi	Somil Biswas
III A	Manish Bhatt	Muskan Bakshi	Yash Chawla
III B	Ritika Mor	Sumant Pathak	Anirudh Jadhav &
			Tabish Shaikh
III C	Namit Sugand	Arushee Kapoor	Garima Sharma &
			Supriya Mehta
IV A	Devyani Sondhi	Yash Jain	Mohit Panjwani &
			Siddharth Singh
IV B	Vijay Ramchandani	Kanishka thakur	Namrata yadav
IV C	Rubi Singh	harpreet kaur	Pashaan irani &
			Niharika Singh

Class	1 st Gen. Proficiency	2 nd Gen. Proficiency	Progress	English	Maths / Sc.	Hindi
V A	Tulika Gupta	Shilpa Manwani	Ansh Nagpal	Vikas Yadav	Tulika Gupta	Mohit Mor
V B	Swastik Nath	Meghraj Patil	Gayatri Choudhary &	Swastik Nath	Meghraj Patil	Sagar Godse
			Maksudali Maredia			
V C	Raajas Sode	Soumya Maanju	Naushil Gandhi	Raajas Sode	Soumya Maanju	Sakshi Hazari

	FIRST	SECOND	PROGRESS	ENGLISH	MATHS & SCI.	HINDI	PERFECT ATTENDANCE
STD VI A	SHARMIN KARANJIA (G)	MEHAL SINGH (G)	RITIKA SAINI (G)	LEEANDER FERNANDES (B)	SHARMIN KARANJIA (G)	MEHAL SINGH (G)	SAGAR LEKHANI (B)
STD VI B	ARPT SINGHAL (B)	UDDHESH KARDIA (B)	VINAY PAWAR (B)	SUPRANO BHATTACHARYA (B)	ARPT SINGHAL (B)	KARUNA GOEL (G)	TANISH QUADROS (B)
STD VI C	ARNAV KUNDRA (B)	SURBHI DHUPPAD (G)	CHIRAG RAJPUT (B)	SURBHI DHUPPAD (G)	ARNAV KUNDRA (B)	TANISHA KOHLI (G)	BRANDON RAYNEAU (B)
STD VII A	NEETI NAGPAL (G)	ADARSH CHATURVEDI (B)	CHETAN AMLANI (B)	ADARSH CHATURVEDI (B)	NEETI NAGPAL (G)	AKSHAY DESALE (B)	-----
STD VII B	SAURABH LABDE (B)	RAHUL RAMCHANDANI (B)	AKSHAY BARDE (B)	RAHUL RAMCHANDANI (B)	SAURABH LABDE (B)	RAJKUNAR BHATT (B)	PRATIKSHA ASWALE (G)
STD VII C	SAKSHI REDDY (G)	MILIND CHAUDHARI (B)	AVINASH GUPTA (B)	SAKSHI REDDY (G)	SHIVAM SONAR (B)	RUPAM RAI (G)	RUPAM RAI (G)
STD VIII A	TARSEM KALOTI (B)	VIRENDRA RAJPUT (B)	PAWAN LULLA (B)	TARSEM KALOTI (B)	VIRENDRA RAJPUT (B)	MEHGHA NAMBIAR (G)	BRYNA FERNANDEZ (G)
STD VIII B	SRISHTI JAIN (G)	ANURAG KUMAR (B)	TEJASVI SINGH (G)	ALI AKBAR BALDIWALA (B)	ANURAG KUMAR (B)	SRISHTI JAIN (G)	SHAWN TULLY (B)
STD VIII C	ABHISHEK SINGH (B)	ADITYA RAJ (B)	NOEL NIRMALKAR (B)	ADITYA RAJ (B)	ABHISHEK SINGH (B)	HIMANSHU RAI (B)	RICARDO JACOB (B)
STD IX A	PREETI AGARWAL (G)	JUILEE PATHAK (G)	LARAIB KHAN (B)	PREETI AGARWAL (G) / PRATIK GOEL (B)	JUILEE PATHAK (G)	NIDHI JOHRI (G)	JALYWAYU PRASAD (B) / ASHUTOSH SHUKLA (B) / KAPIL MANGANI (B)
STD IX B	RAVEENA PATIL (G)	ABHTUDHAY PARIHAR (B)	NIKHIL OCHANI (B)	RAVEENA PATIL (G)	ABHTUDHAY PARIHAR (B)	NIKITA DHUSE (G)	-----
STD IX C	SUHAN SHAH (G)	AJAY BHARDWAJ (B)	FAUZIA SHAIKH (G)	SUHAN SHAH (G)	AJAY BHARDWAJ (B)	RENU GURUNG (G)	YVONNE GOTTING (G)
STD X A	RUPINDER CHANDOK (B)	RISHAB RAJ (B)	JITEN AHUJA (B)	RISHAB RAJ (B)	JAYANT RATHOD (B)	AARUSHI SINGH (G)	RUPINDER CHANDOK (B)
STD X B	ABHIROOP CHATTOPADHYA (B)	APURVA KUMAR (B)	VAISENAV VALMIKI (B)	APURVA KUMAR (B)	ABHIROOP CHATTOPADHYA (B)	ADITI KAPSE (G)	MANISH KUMAR (B)
STD X C	AMAN MALVIYA (B)	MILIND CHAUDHARI (B)	MICKEL GANDHI (B)	VARSHA BINWANI (G)	RHEA SMITH (G)	ANISHA THAPAR (G)	-----

SPECIAL PRIZES

	Junior	Middle	Senior
<i>Cherian Art</i>		<i>Surbhi Dhuppad(G)-IV C</i>	<i>Abhyudhay Parihar(B)-IX C</i>
<i>Ferguson Eng</i>			<i>Apurva Kumar (B) X B</i>
<i>EVS</i>			<i>Kshiteej Sode (B) X A</i>
<i>Home Science</i>			<i>Dushyant Patl (B)</i>
<i>Biology</i>		<i>Abhishek Singh (B) VIII C</i>	<i>Abhiroop Chattopadhyay (B) XB</i>
<i>Computer Studies</i>		<i>Abhishek Singh (B) VIII C</i>	<i>Rupinder Chandok (B) X A</i>
<i>Elsie Perkins Memorial English prize for Girls of Std. 9</i>		<i>Preeti Agarwal (G) IX A</i>	
<i>Glynne Howell (Debating)</i>		<i>Adarsh Chaturvedi (B)</i>	<i>Abhiroop Chattopdhyay (B) X B</i>
<i>Rotary Shield</i>	<i>(for Maths)</i>	<i>Jayant Rathod (B) X A</i>	
<i>Shivde Prize</i>	<i>(for Marathi)</i>	<i>Aditya Raj (B) VIII C</i>	
<i>Kenally Medal 2006-07</i>	<i>Best in Std 10</i>	<i>Tejas Golde (B)</i>	
<i>Social Studies</i>			<i>Rishab Raj (B) X A</i>
<i>Commerce</i>			<i>Aman Malviya (B) X C</i>
<i>E.V.E.D</i>			<i>Abhiroop Chattopadhyay (B) X B</i>
<i>Library</i>			



INTERHOUSE TROPHIES FOR BOYS

Spokes Cup (Cr. Country)	Spence
Volley Ball Cup	Greaves
Ashton Cup (Football)	Greaves
Riley Cup (Cricket)	Candy
Henry Down Cup (Athletics)	Spence
Basket ball Cup	Royal
Badminton Cup	Greaves
Boxing Cup	Royal
Hockey Cup	Spence
Blanden Cup (Study)	Candy
Hodge Shield (Best Allround House)	Spence

SPORTS PRIZES FOR BOYS

Rowlandson Cup (Cricket)	Abhinav Saurav (B)
Volley ball	Abhinav Saurav (B)
Forward Cup (Football)	Apurva Kumar (B)
Easdon Cup (Sportsman 2006-07)	Manish Kumar (B)

INTERHOUSE TROPHIES FOR GIRLS

Badminton	Florence Nightingale
Basketball	Edith Cavell
Wilson Cup (Athletics)	Florence Nightingale
Hoffman Cup (Table Tennis)	Edith Cavell
Softball	Edith Cavell
Hockey	Joan of Arc
Cross Country	Edith Cavell
Tayebally study Cup	Edith Cavell
Keily Shield (Best Allround House)	Edith Cavell

SPORTS PRIZES FOR GIRLS

Table Tennis	Shradha More (G)
Soft Ball	Rhea Smith (G)
Badminton	Sandra Frederick (G)
Basket Ball	Fauzia Shaikh (G)
Sports Woman (2006-07)	Anisha Thapar (G)

GENERAL PRIZES

	Girls	Boys
School Capt	Sana Khan (G)	Apurva Kumar (B)
Best Boarder Pref	Fauzia Shaikh (G)	Laukik Patil (B)
Best Dayscholar Pref	Mamta Hemnani (G)	Andrew Canday (B)
Thompson Award Best in ICSE 2007-08		Tejas Golde (B)
Girls		
Air Chief Marshall Tipnis Award for the Best Student of 2007-2008 Abhiroop Chattopadhyay (B)		
Sir Roger Lumley Medal	Girls Sana Khan (G)	Boys Apurva Kumar (B)
Best Conduct	Girls Tanya Naterwala (G)	Boys Azharuddin Shaikh (B)

INTERHOUSE TROPHIES FOR GIRLS & BOYS

TROPHY	COLOUR	HOUSES
Singing	Green	Candy and Joan of Arc
Debating	Green	Candy and Joan of Arc
King Trophy (Athletics)	Yellows	Spence and Florence Nightingale
Speck Trophy	Reds	Royal and Edith Cavell
(Best All Round House)		

The Investiture Ceremony



Mr. S. Daniel is presented a bouquet by Mrs. B. Fernandez



The Head Boy Aakash Shirvastava takes the oath of Confirmation



The Head Girl takes the oath of Confirmation



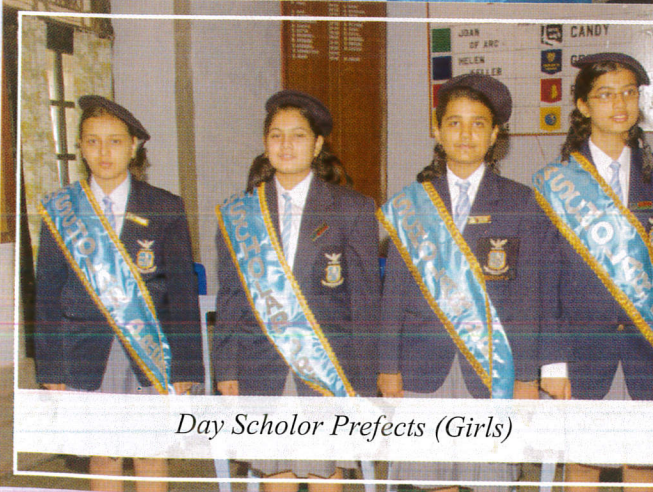
The Prefects



The Choir



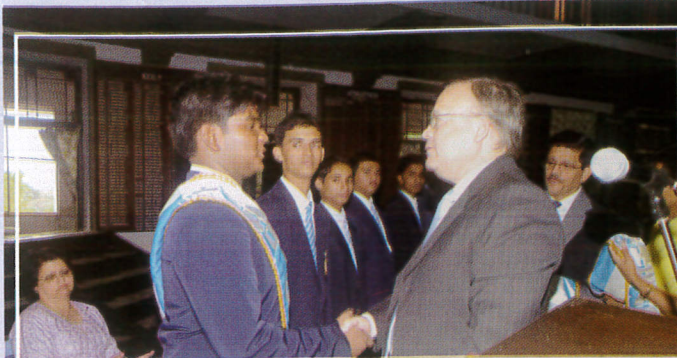
The Boarder Prefects (Girls)



Day Scholar Prefects (Girls)



The Captains with the School banners



The Head Boy Aakash Shirvastava is congratulated by Mr. R. C. Woodman Hon. Sec. B.E.S.



*The Head Girl : Fauzia Shaikh
Vice Head Girl : Renu Gurung*



Boarder prefects (Girls) are congratulated by Mr. R. White, Chairman, B.E.S.



Member of the BES with the House Masters, House Mistress & Co-ordinators



The Board of Directors and the Prefects for 2008-2009



Mr. R. C. Woodman congratulates Fauzia Shaikh (Head Girl)

SPORTS REPORTS

CROSS COUNTRY (Boys)

The boys began practising for the Inter House Cross Country from 16th June 2008. They were made to run a well-defined route that passed through different checkpoints. The length of the route varies according to the age group of the boys. It is about 2.5 km for the boys in the Midget division, a group between 8-10 year's; 3.5 km for the Novice boys, a division of boys of the age group 10-12 years, nearly 4.5 km for those in the Junior division, boys in the age group 12-14 year; about 5.5 km for the Inter division, a group between ages 14-16 years and approximately 7 km for the senior boys over the age of 16 years.

Most of the boys were keen to take part and try and contribute to their house, whereas there were a few who had to be forced to participate. There was also a small number of students who were advised not to participate depending on their medical condition or fitness.

In the beginning, the boys were taken and shown the different check points and the shortest way to them. The newcomers were advised to stay close to the old boys who were familiar with the routes.

The finals were held on July 25th at 9 a.m. Our chairman, Mr. R.K. White waved the flag to signal the start of the first race. It was a clear sunny day with the sun getting obscured once a while by a few stray clouds. The ground was dry, due to lack of rainfall. The weather provided the boys with a very good opportunity to break a few records. Sohail Shaikh of Greaves house missed breaking the record in Midget division by three seconds. He was the first to finish the race with a timing of 7 minutes and 27 seconds. In the Novice division it was Jonathan Ryder of Spence house, who was the first to return, completing the route in 13 minutes and 3 seconds. Last year, he was third in the Midget division Sager Lekhwani of Greaves house surprised everyone by coming first in the Junior division with a timing of 16 minutes and 59 seconds.

Kunal Jadhav of Greaves house was determined to break a record in the Inter division but unfortunately, he missed it by sixty-one seconds. Better Luck next year Kunal!

In the senior division Suraj Yadav of Royal house came first with a time of 29 minutes and 26 seconds.

Spence house was the winner for the second consecutive year.

The prizes were given out by Mr. R.K. White, Chairman, B.E.S.

In his closing speech Mr. R.K. White complimented the prizewinners and praised the staff for putting up an impressive show.

Incharge : Mr. V. Frederick and Mr. V. Nair.

RESULTS OF THE INTER HOUSE CROSS COUNTRY BOYS 2008-2009

POSITION	NAMES	HOUSE
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Midgets (8-10)

First	Sohail Shaikh	Greaves
Second	Elvis Roberts	Candy
Third	Rushikesh Wagh	Greaves

Novice (10-12)

First	Jonathan Ryder	Spence
Second	Shawn Belsher	Spence
Third	Ankur Kumar	Royal

Junior (12-14)

First	Sagar Lekhwani	Greaves
Second	Harshwardhan Sisodia	Greaves
Third	Ashutosh Patil	Greaves

Inter (14-16)

First	Kunal Jadhav	Greaves
Second	Sydney Ryder	Candy
Third	Gaurav Sangle	Spence

Senior (Over 16)

First	Suraj Yadav	Royal
Second	Gaurav Pawar	Greaves
Third	Abhyudhay Parihar	Candy

HOUSE POSITION	HOUSE	POINTS
FIRST	SPENCE	190
SECOND	GREAVES	193
THIRD	ROYAL	322
FOURTH	CANDY	392

CROSS - COUNTRY FOR GIRLS - 2008

The cross-country practice for girls commenced on Monday 16th June 08. They were made to run according to their age groups regularly to prepare themselves for the finals. Some were persevering and took their practice seriously, while there were some that found the shortest route to run or walk along instead of running. The newcomers who were not familiar with the route, were made to run along the scheduled route. 1

The Cross - Country finals for girls were held on Friday 25th July 2008 at 9.00 a.m.

It was a cloudy and a windy day as we were expecting a heavy downpour but instead it drizzled for a while and then the skies cleared and remained like that for most of the day. All the girls were dressed smartly in their white T-shirts (with their numbers pinned on and their house coloured shorts. All eagerly waiting to run!

There was a total of 44 participants from all the four houses. The juniors started the race and Sharanjit Kaur came first clocking 11.08 sec to complete the race. In the Inter-division Pranali More was the quickest in completing the race in 14.33 sec, while in the Senior - division Sukhraj Kaur came first, completing the race in 14.33 sec. The event came to a memorable end with Mr. R. White giving away the prizes.

The Results of the Cross - Country (Girls)

❖ JUNIOR DIVISION ❖		
Position	Name	House
First	Sharanjit Kaur	EC.
Second	Kirti Kshirsagar	FN.
Third	Claudia Daniel	HK
Time : 11.08 sec.		
INTER DIVISION		
Position	Name	House
First	Pranali More	EC.
Second	Deepti Kshirsagar	EC.
Third	Vaishnavi Patil	HK
Time : 8.42 Sec.		
SENIOR DIVISION		
Position	Name	House
First	Sukhraj Kaur	EC
Second	Sandra Frederick	EC
Third	Sharlett Smollen	HK
Time : 14.33 sec.		

Incharge - Mrs. H. Phillips.
Assisted by - Mrs. K. D'Souza.

Inter House Cross-country



Senior Girls - off to a flying start !



Junior Boys - The race begins



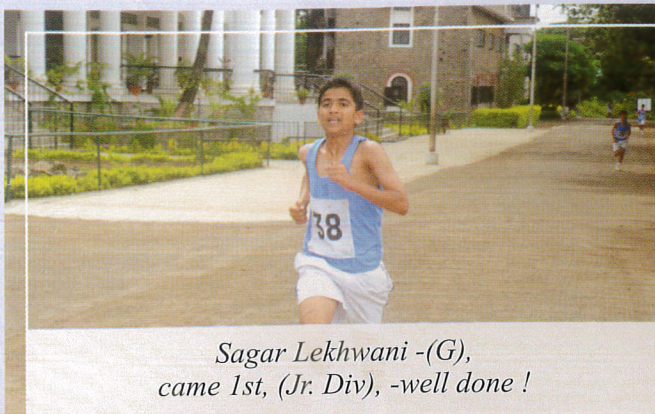
Inters - At the start



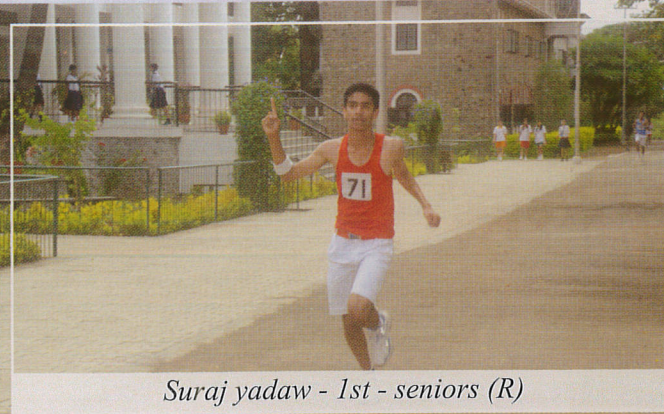
Ruhee Siddique (HK)

Sukhraj Kaur (EC)

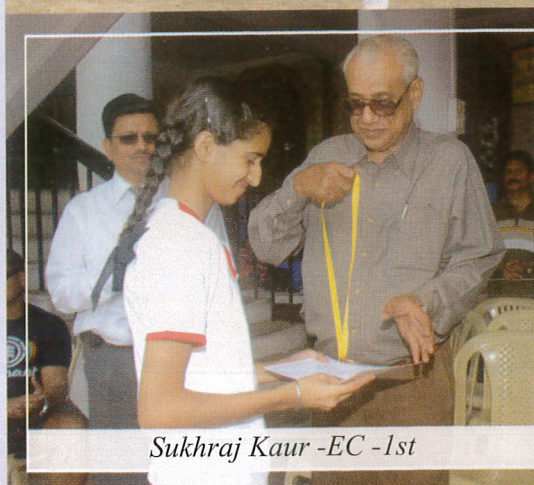
Renu Gurung (FN)



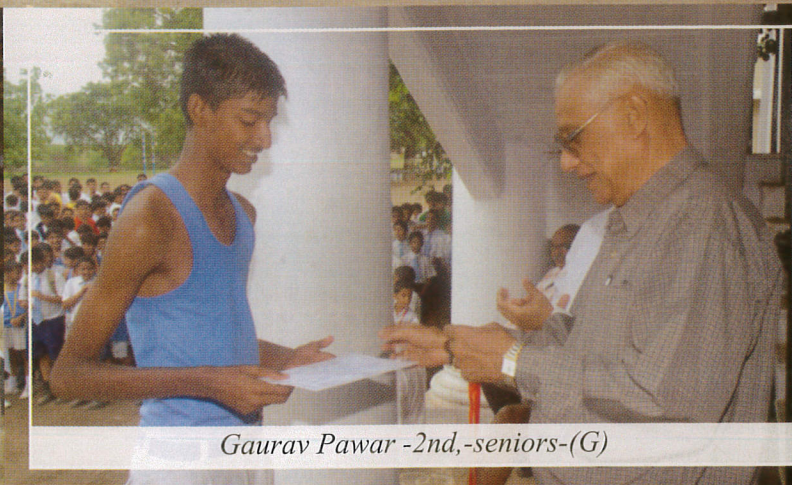
Sagar Lekhwani -(G),
came 1st, (Jr. Div), -well done !



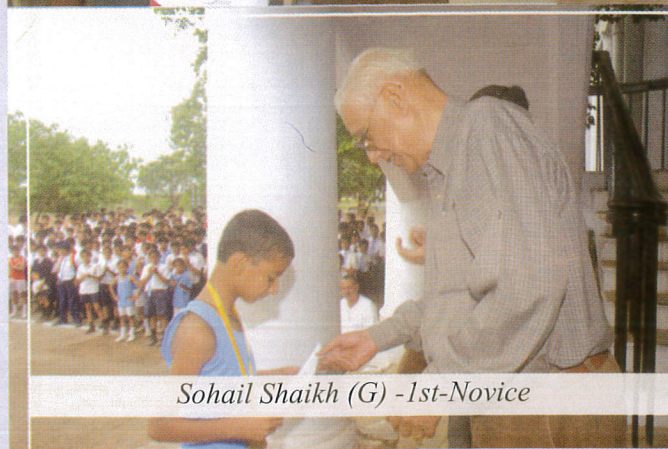
Suraj yadaw - 1st - seniors (R)



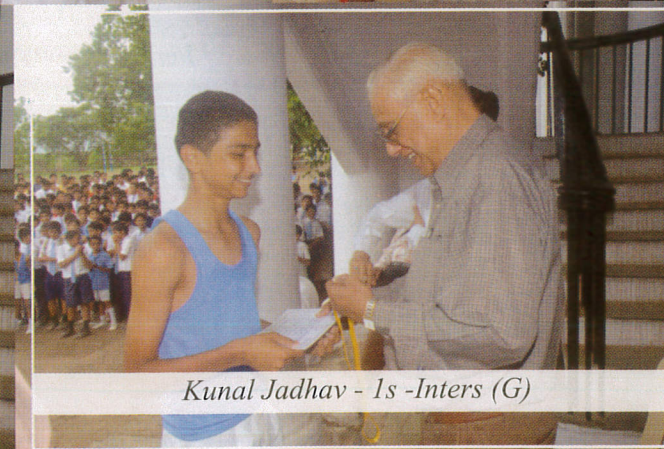
Sukhraj Kaur -EC -1st



Gaurav Pawar -2nd,-seniors-(G)



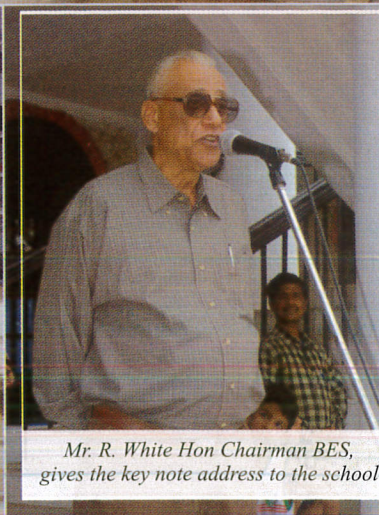
Sohail Shaikh (G) -1st-Novice



Kunal Jadhav - 1s -Inters (G)



Winners - With the chief Guest ,
Mr. R. White (Chairman, B.E.S.) & the Principal, Dr. L.C. Coutinho



Mr. R. White Hon Chairman BES,
gives the key note address to the school

BADMINTON (Boys) 2008-2009

Badminton practice for the boys started from the second week of January. They were given a few weeks to get accustomed to the game play and the rules of the game. The new scoring format of 21 points which is the official format used by the IBF (International Badminton Federation) was followed.

The scoring for the matches for the winning house was as per the League System where the winning house would be awarded 3 points and 0 points to the opponent. The sum of all the points acquired by the shuttlers of each house would be totalled and the house with the maximum score will emerge as the Winner. Each house would get a fair chance to play against the other three houses.

Badminton is played with three categories i.e. Singles, Doubles and Mixed Doubles. This year the Mixed Doubles category was introduced for the first time which created a lot of excitement amongst the boys and girls and also a lot of long hours of practice was put in to get acquainted with their new teammates. The boys and girls practices portrayed a healthy co-ordination and team spirit towards their house in their quest for victory.

The following are the participants for the Inter House Tournament.

SPENCE

SINGLES : A TEAM : Abishkar Pradhan
B TEAM : Tabish Mansuri

DOUBLES: A TEAM : Prasad Jage / Jamal Khan
B TEAM : Sasmit Manjrekar / Yash Khaira

MIXED DOUBLES : A TEAM : Abishkar Pradhan / Sejal Mehta
B TEAM : Tabish Mansuri / Sayali More

SUBS : Kunal Patil, Renu Gurung.

GREAVES

SINGLES : A TEAM : Nikleshwar Singh
B TEAM : Azharuddin Shaikh

DOUBLES : A TEAM : Nishit Joshi / Vaibhav Maheshwari
B TEAM : Anurag Kumar / Ashutosh Maid

MIXED DOUBLES : A TEAM : Nikleshwar Singh / Khushboo Raney
B TEAM : Azharuddin Shaikh / Samantha Rayneau

SUBS : Imran Shaikh, Arif Khan, Akshay Desale, Shradha Dabholkar, Rohit Bajpai, Amit Mishra, Gaurav Siyal.

ROYAL

SINGLES : A TEAM : Zeeshan Zaffar
B TEAM : Pawan Lulla

DOUBLES :**A TEAM :** Navin Singh / Rohit Choudhary**B TEAM :** Suraj Yadav / Kenneth Extross**MIXED DOUBLES :** **A TEAM :** Zeeshan Zaffar / Rhea Smith**B TEAM :** Pawan Lulla / Garima Raghuvanshy**SUBS :****CANDY****SINGLES :****A TEAM :** Munnawar Shaikh**B TEAM :** Ranjan Prakash**DOUBLES :****A TEAM :** Prabhat Prakash / Abhinav Saurabh**B TEAM :** Abhirooop Chattopadhyay / Raunak Garuri**MIXED DOUBLES :** **A TEAM :** Munnawar Shaikh / Charmin Richardson**B TEAM :** Ranjan Prakash / Pradhnya Indise**SUBS :**

The following are the results of the Matches :

	MATCH	SCORE	WINNER
SINGLES A TEAM	Spence V/S Candy -	15-10, 15-11	Spence
	Spence V/S Greaves -	21-19, 18-21, 21-14	Spence
	Spence V/S Royal -	21-18, 21-13	Spence
	Greaves V/S Candy -	21-13, 21-14	Greaves
	Greaves V/S Royal	21-10, 21-17	Greaves
	Royal V/S Candy-	06-21, 17-21	Candy
B TEAM	Spence V/S Candy -	15-14, 10-15, 15-07	Spence
	Spence V/S Greaves -	21-15, 21-15	Spence
	Spence V/S Royal -	22-24, 09-21	Royal
	Greaves V/S Candy -	14-24, 21-18, 21-15	Greaves
	Greaves V/S Royal	14-21, 16-21	Royal
	Royal V/S Candy-	21-11, 21-15	Royal
DOUBLES A TEAM	Spence V/S Candy -	13-21, 15-21	Candy
	Spence V/S Greaves -	21-14, 21-16	Spence
	Spence V/S Royal -	17-21, 21-18, 21-13	Spence
	Greaves V/S Candy -	11-21, 13-21	Candy
	Greaves V/S Royal	14-21, 10-21	Royal
	Royal V/S Candy-	21-19, 17-21, 21-17	Royal
B TEAM	Spence V/S Candy -	16-15, 15-14	Spence
	Spence V/S Greaves -	18-21, 21-18, 16-21	Greaves

Spence V/S Royal -	21-16, 21-10	Spence
Greaves V/S Candy -	21-18, 21-18	Greaves
Greaves V/S Royal	21-09, 21-09	Greaves
Royal V/S Candy-	21-18, 16-21, 16-21	Candy

MIXED DOUBLES :

A TEAM	Yellows V/S Greens -	08-21, 21-19, 21-18	Yellows
	Yellows V/S Blues -	09-21, 16-21	Blues
	Yellows V/S Reds -	18-21, 21-09, 21-14	Yellows
	Blues V/S Greens -	15-21, 12-21	Greens
	Blues V/S Reds -	21-19, 23-21	Blues
	Reds V/S Greens -	18-21, 11-21	Greens
B TEAM	Yellows V/S Greens -	21-13, 21-17	Yellows
	Yellows V/S Blues -	12-21, 14-21	Blues
	Yellows V/S Reds -	16-21, 21-16, 15-21	Reds
	Blues V/S Greens -	16-21, 21-14, 21-15	Blues
	Blues V/S Reds -	23-21, 19-21, 21-16	Blues
	Reds V/S Greens -	21-13, 21-16	Reds

The following is the House Score Sheet for the Overall winner which is awarded to the Yellows who have scored the maximum points.

The Best Player is awarded to Abishkar Pradhan of Spence from the 'A Team' and Pawan Lulla of Royal from the 'B Team'.

The Best Team for the Doubles is awarded to Spence for both 'A Team' and 'B Team'

The winners of the Mixed Doubles Category is awarded to Greaves and Helen Keller for both 'A Team' and 'B Team'

THE HOUSE POINTS AWARDED ARE

HOUSE	POSITION	POINTS
Spence	1	4
Greaves	2	3
Royal	3	2
Candy	4	1

Finally to conclude it was very interesting to watch the children play and put in all their sweat and energy to perform their best in their quest for victory. The tournament was successfully completed and now looking forward for some more action in the next academic year.

- Incharge : Mr. Collin Massey

BADMINTON (GIRLS) 2008-2009

Badminton practice for the girls began from 16th June 2008. They were given a few weeks to get familiar with each other and the rules of the game.

The interhouse matches were held from the 2nd July to the 10th of July.

This year the girls were very energetic and full of enthusiasm. The matches between the girls of different houses in team A were worth watching. Most of them were tough, neck-to-neck and very competitive. Although Renu Gurung of Florence Nightingale bagged the best player award, each house had a player par excellence. For Helen Keller it was Apurva Singh, with Sandra Frederick for Edith Cavell, and Pradnya Indise for Joan of Arc.

The first match was between Joan of Arc and Helen Keller. Apurva Singh and Aishwarya Pillai of Helen Keller won the doubles in team A. Pradnya Indise and Shrushti Indise played a better game for Joan of Arc in team B as they beat their opponents Samantha Rayneau and Shraddha Dabholkar convincingly. Apurva Singh also won her singles match against Joan of Arc.

In the second match between Edith Cavell and Florence Nightingale, the girls from both the teams gave their best but it was the team of Florence Nightingale Renu Gurung and Yvonne Gotting who held their nerves till the end and won the match. Bhavna Govil and Sukhraj Kaur of Edith Cavell won the Doubles in team B.

The match in team A between Edith Cavell and Joan of Arc was an evenly fought one as the girls of both houses tried hard to win but unfortunately one team had to lose and it was the doubles pair of Fouzia Shaikh and Sandra Frederick of Edith Cavell who won. Sandra Frederick also won her singles match. Pradnya Indise and Shrushti Indise won their Doubles match for Joan of Arc in team B.

In the fourth match of the tournament the girls of Florence Nightingale Renu Gurung, Yvonne Gotting, Sayali More and Brigitte Phillips played well as a team and beat the girls of Helen Keller to win all their games in this match.

In the next match the girls of Florence Nightingale proved to be too much for the girls of Joan of Arc to handle. They won all their games in this match. This elevated Florence Nightingale to the top position in the girls interhouse Badminton competition.

In the last match of the tournament the girls of Edith Cavell won the doubles and Apurva Singh won the singles match against Edith Cavell

In the last match of the tournament the girls of Edith Cavell won the doubles and Apurva Singh won the singles match against Edith Cavell.

The names of the participants are as follows :

Joan of Arc

Doubles

- Team A:- 1. Nikita Thombre 2. Charmaine Richardson
Team B:- 1. Pradnya Indise 2. Shrushti Indise.

Singles :-

Pradnya Indise

Reserves:-

1. Aquila Reynolds 2. Aisha Ahmed

Helen Keller

- Team A:- 1. Apurva Singh 2. Aishwariya Pillai
Team B:- 1. Shraddha Dabolkar 2. Samantha Rayneau
Singles:- Apurva Singh
Reserves:- 1. Yogita Karande 2. Bryna Fernandez

Edith Cavell

Doubles -

- Team A:- 1. Fouzia Shaikh 2. Sandra Frederick
Team B:- 1. Bhavna Govil 2. Sukhraj Kaur
Single :- Sandra Frederick
Reserves:- 1. Hemlata Chaudary 2. Asmita Raghuvanshi

Florence Nightingale

Doubles -

- Team A:- 1. Renu Gurung 2. Yvonne Gotting
Team B:- 1. Sayali More 2. Brigitte Phillips
Singles :- Renu Gurung
Reserves:- 1. Evelyn Jobard 2. Isha Chitnis

The Inter House Badminton Results are follows

House	Position	Points
1. Florence Nightingale	First	24
2. Edith Cavell	Second	15
3. Helen Keller	Third	09
4. Joan of Arc	Fourth	06

The best player for the year 2008-2009 was **Renu Gurung** of Florence Nightingale

Incharge - Mrs. C. Frederick And Mrs. A. Khan

TABLE TENNIS (GIRLS) 2008-2009

Table Tennis practice for the year 2008 began on the 16th of June 2008. The girls took their practice seriously. There were a number of new faces in the teams and it was very good to see some of the girls trying their level best during the practice session.

After the practice matches, there was an improvement in the game. All the four houses played well and they enjoyed playing for their houses. Pradnya Indise of Joan of Arc and Bhavana Govil of Edith Cavell had a tough and interesting match, as both of them were equally good. However, in the end, Bhavana Govil won the match.

The results of the matches were as follows:

House	Point
Edith Cavell	9
Helen Keller	2

House	Point
Joan of Arc	6
Florence Nightingale	1

Bhavana Govil was awarded the best player of the tournament.

Miss Bandana Rai
Mrs. Natasha Gupta

Football Report 2008

The Inter house tournament was exciting this year. The boys in their house jerseys were an attractive and a colourful sight. Fierce rivalry was the order of the day, and the competition was keenness personified. As a result the spectators got an opportunity to witness some keenly combated tussles.

The eventual winner of the league was Spence house with 17 points. Though Royal and Greaves were tied with 15 points each, Royal secured the second position due to a better goal average. Greaves was a respectable third and Candy distant fourth with 2 points to its credit.

Shasmit Manjrekar of IX class was adjudged the Best Player.

❖ RESULTS ❖		
SPENCE	FIRST	17 points
ROYAL	SECOND	15 points
GREAVES	THIRD	15 points
CANDY	FOURTH	2 points

Incharge - Mr. M.K. Ovicegan
Mr. N. Rai

Anglo-Indian Maharashtra, I.C.S.E. Schools, Football Tournament -2008-2009.

July 2008 began with enthusiastic footballers from various age groups waiting anxiously to take a place in the 'School Football Team'.

Twenty-five enthusiastic boys would religiously come to the field for training. It took weeks of hard work to get the boys up to a creditable standard of playing football. It is a difficult decision to make yet, it is rather sad when the first sixteen boys are chosen to represent the school and the disappointed rest have to make do with "There's always the next time?"

The much-awaited day i.e. 22nd August arrived and Barnes School team left for Pune to participate in the Anglo-Indian Maharashtra, I.C.S.E. School Football Tournament.

The teams that took part were :

- | | |
|-----------------------------------|---|
| 1) The Bishop's School, Pune. | 2) The Bishop's Co-Ed School, Kln, Pune. |
| 3) Hutchings High School, Pune. | 4) St. Peter's School, Panchgani. |
| 5) St. Peter's School, Mazagaon. | 6) St. Mary's School, Mazagaon. |
| 7) Bombay Scottish (Powai) | 8) Bombay Scottish (Mahim) |
| 9) Champion School (Mumbai) | 10) Cathedral & John Connon School, Mumbai. |
| 11) Christ Church School, Mumbai. | 12) Barnes School, Devlali. |

This tournament began on 23rd August, Barnes School won against the following schools:

- | | |
|--------------------------------|---------------------------------|
| 1) Bombay Scottish (Mahim) 3-1 | 2) Champion School (Mumbai) 2-0 |
|--------------------------------|---------------------------------|

The following schools beat Barnes :

- | |
|---|
| 1) The Bishop's Co-Ed School, Kln, Pune 3-2 |
| 2) Cathedral & John Connon School, Mumbai 3-2 |
| 3) Christ Church School, Mumbai 3-1 |

Even though we lost to three schools the scores show that Barnes put up a good show, the only problem being that they were not able to convert the chances that came their way into goals. Barnes was placed 6th among the 12 teams.

The final was played between Christ Church School and Cathedral & John Connon School. It was an exciting game. Cathedral & John Connon School being the better team won the tournament 2-0.

As always our boys thoroughly enjoyed their outing and needless to add, the hosts were amazingly warm and welcoming, giving the Barnes school lads a memorable experience.

The following boys were members of the Barnes School Football Team :

- | | |
|-----------------------|-------------------------|
| 1) N. Singh (Captain) | 2) G. Momin (V.Captain) |
| 3) S. Yadav | 4) Z. Zaffar |
| 5) V. Patel | 6) S. Manjrekar |
| 7) R. Prakash | 8) S. Date |
| 9) R. Choudhary | 10) I. Siddique |
| 11) G. Pawar | 12) A. Shaikh |
| 13) P. Prakash | 14) M. Shaikh |
| 15) S. Parcha | 16) P. Thomas |

In conclusion, I wish to thank the Principal and other members of the staff who helped in one way or the other.

Incharge - Mr. M. K. Ovicegan.
Mr. N. F. Rai.

ANNUAL CRICKET REPORT : 2008 - 2009

Cricket and Indians go hand in glove. It is a religion in India. Several millions remain glued to the television awaiting victory from India. The nation stands at no. 3 in ODI'S with the heroics of master blaster batsman Sachin Tendulkar, and others like M.S. Dhoni, Yuvraj Singh, Gautam Gambhir and not forgetting the deadly Virendra Sehwag. Barnes school also has very promising cricketers. The cricket season began on the 18th of January 2009.

This year some color was brought in with the introduction of house color T - shirts for the inter -house cricket tournament. All four houses pitched in their very best players from specialist batsmen to all -rounders in both teams - A and B. The contest began evenly although Greaves house was outstanding securing the first position with 18 points. Greaves house main contributors were Nikhileshwar Singh, Jalwayu Prasad and Candy house with 9 points, the third spot was Royal house with 6 points and Spence came in fourth with only 3 points.

This tournament was a T- 10 one, similar to the famous IPL's T- 20 cricket and generated a very competitive spirit throughout the tournament. Abhinav Saurabh of Candy house was adjudged the best all -rounder of Barnes school cricket. Vikas Patel of Spence house was the backbone for his team, while Abhimanyu patel and Navin Singh contributed for Royal house.

Apart from the inter- house cricket matches, the old boys played against Barnes present cricket team and lost miserably but defeated the staff cricket team led by the captain , Mr. Mario Gunnion although the staff team was cruising a head with some scintillating hitting of sixes from Mr. Rajput, our junior college accounts teacher. Both teams played hard competitive cricket and was watched and enjoyed by all staff and students of Barnes school.

Teachers in charge
Mr. Mario Gunnion
Mr. C.P. Dinger

❖ THOUGHTS ❖

Actions

❖ Nobody can be degraded except by his own actions - **Indira Gandhi**

❖ Dream, Dream, Dream Think, Think, Think And then put that thought into action, action, action - **A.P.J. Abdul Kalam**

Ambition

❖ You cannot demonstrate an ambition or prove an aspiration - **John Viscount Morley**
Submitted by - **Neha V.Nampoothiri, 8C**

ANNUAL ATHLETICS 2008- 09

The athletics season well and truly began, after two weeks of practice, on 25th November 2008. As usual, every evening was taken up with heats of track and field events. All members of staff were actively involved with officiating and generally maintaining discipline on the two sports fields. In what has become a regular feature, a zero period every morning accommodated the repetitive drill and marching practices. The knowledge that every day an unofficial winner was chosen by random staff, kept the children seriously vying for top spot. In the pre-contested events only one new record was set in the High Jump, by **Fahad Momin**, in the Intermediate division.

The Eighty Fourth Annual Athletics Meet and Drill Display, was held on Friday, December 19, 2008. Chief Guest **Lt. Gen. K.R. Rao**, arrived promptly at 2.30 p.m. to take the salute as the combined houses marched past. All the apprehension of the build up to this moment vanished as every marching boy and girl put their best foot forward for the glory of house and school !

Immediately after the meet was declared open, a colourful and lively drill display followed. Again, all the days of hard practice in the blazing morning sun seemed worthwhile as each house precisely and flamboyantly entertained the spectators who packed the pavilion. The Regiment of Artillery's Pipes and Drums provided martial music as they brought up the rear. It is always a thrill to witness their fine combination of meticulous marching and music. Later on too, the band had all spellbound with their intricate movements as they played during the interval.

In the second half, the eagerly awaited relays were keenly contested and the mixed **Greaves** and **Helen Keller** team had everyone on their toes as they romped home first. Later, there was more cause for cheer as **Barnes A and B** teams swept victoriously past the finish, ahead of the Army School. Last year the Barnes boys were shocked into second place by the Army School in this same 4 x 100 m relay. What was doubly gratifying was the new record that they set.

Eventually it was the **Yellows**, Spence and Florence Nightingale, that made a clean sweep of the marching and drill display competitions. This gave them an unassailable lead and crowned them combined winners of the 2008 athletics season.

Brian Fernandez : Athletics in-charge
Assisted by : Mr. Mario Gunnion

Athletics Report (Girls) 2008-2009

This year the athletic season began on the 25th of November. Certain events like high jump, long jump, triple jump, discus, javelin throws, hurdles and some track events were contested prior to the final day. The participants demonstrated great dedication and a competitive Spirit.

The 84th Annual Athletic meet and Drill display was held on Friday 19th December 2008. It began with the arrival of the chief guest Lt. Gen. K R Rao. AVSM, VSM Commandant, School of Artillery Devlali. The artillery Pipe Band led the colourful March Past of all the houses. Lt. Gen. K R. Rao took the salute and declared open the 84th athletic meet. The entire programme went through in a well- organized manner thanks to the cooperation of all the members of staff as well as the workers.

During the interval all the parents, invitees, members of staff, girls and boys were provided with the much welcomed refreshments which were appreciated very much. In the meantime the band entertained everyone with their beautiful music.

The Sqw. Ldr Liddle Cup for marching went to the yellows. Helen Keller won the junior relay cup. Edith Cavell was the proud possessor of the Wilson cup for senior relay. The yellows won the trophy for the mixed relay. Congratulations ! To the champions Kirti Kshirsagar (FN) Novice division, Daniella Roberts (FN) Junior Division, Sukhraj Kaur (E.C.) Senior division. We all looked forward to the Prize distribution which was followed by the speeches given by the Principal Dr. L C Coutinho and the chief guest Lt. Gen. K R Rao. The chief guest declared a holiday to be given on the 3rd of February as a reward for the efforts put in by the children and that staff. The sun was setting on the horizon as the chief guest announced the closure of the 84th Athletic meet. There was great joy and excitement as the children and the staff left for their Christmas holidays.

In charge - **Mrs. J P Dinger.**

Assistant - **Mrs. S Kulkarni.**

Position	House	Points
First	EC	137
Second	FN	123
Third	HK	78
Fourth	JA	34

Senior School Athletics



Dr. L. C. Coutinho welcomes the chief guest with a memento



Manav Chandak presents a bouquet to the chief guest



Mrs. Ajaonkar is given a Bouquet



The school Flags are carried by the head boy and the head girl



J. Prasad & C. Bernard (HK + G)



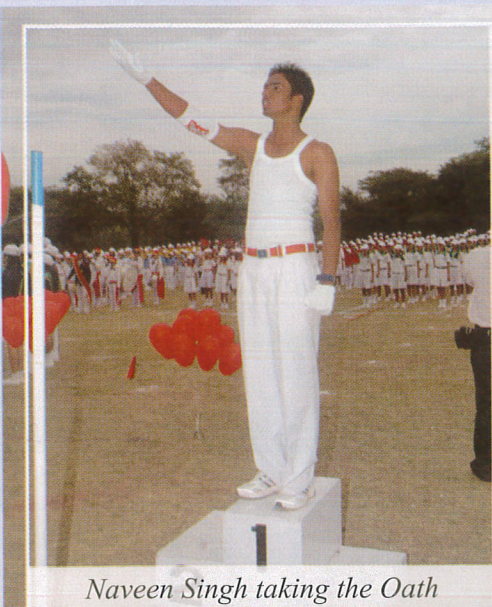
P. Jagi, R. Gurung (FN + S)



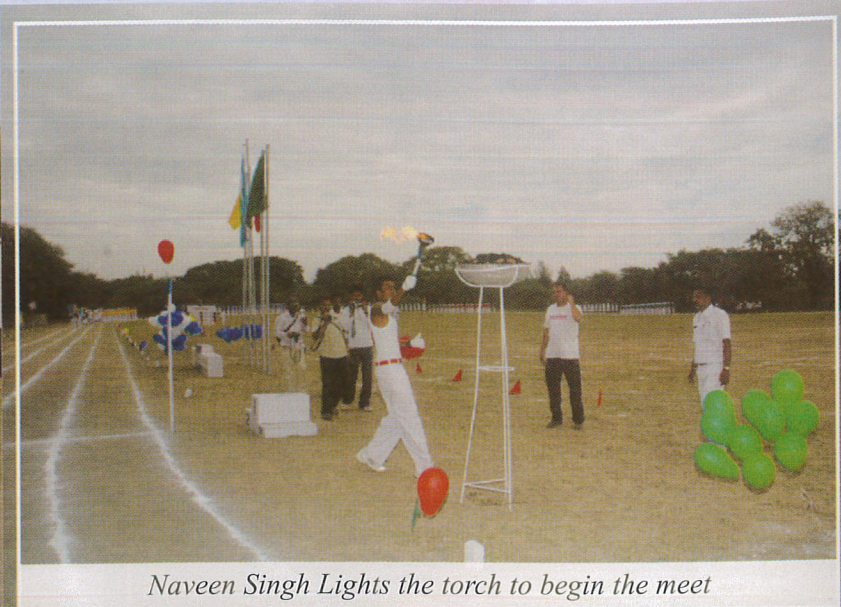
R. More & A. Bhosle (R + EC)



The Green House is led by F. Momin & P. Indise (JA + C)



Naveen Singh taking the Oath



Naveen Singh Lights the torch to begin the meet



Gen. R. R. Rao is presented a bouquet



Releasing the balloons to mark the occasion



Manav Chandak is congratulated



The flag is hoisted to begin the games.



Prefects & the House Banners



The Artillery Band



Sukhraj Kaur receives a certificate of Merit



The Parents' Race



Junior Relay Teams (G)



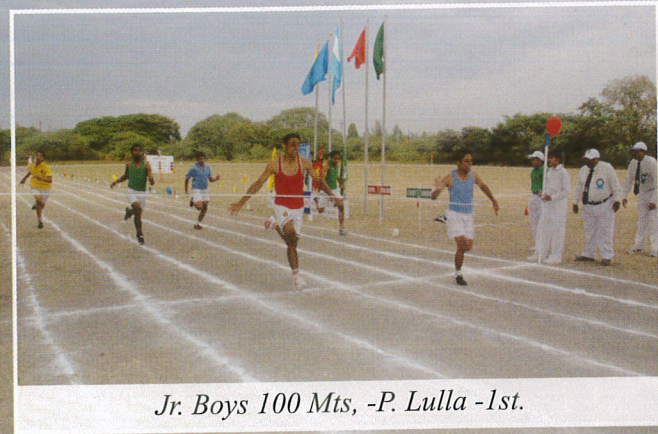
Relay Teams



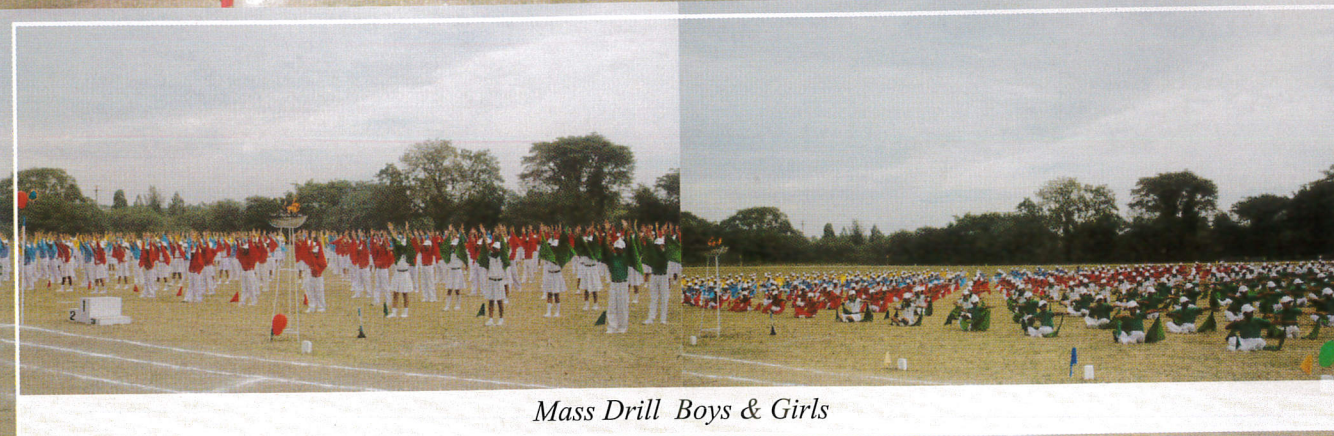
Mixed Relay - H.K. + G - 1st



Prefects with the House Banners.



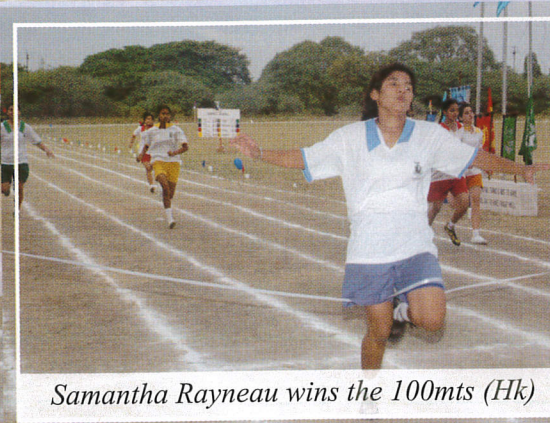
Jr. Boys 100 Mts, -P. Lulla -1st.



Mass Drill Boys & Girls



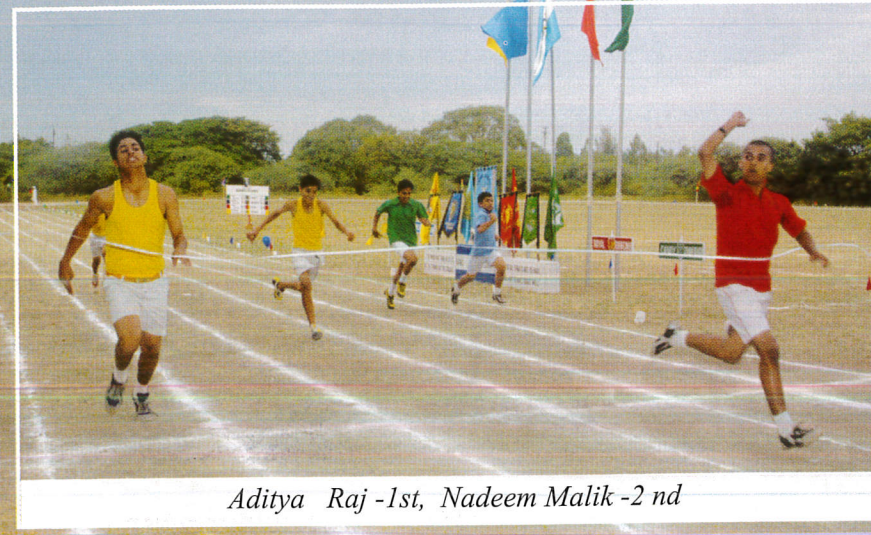
Sasmit Manjrekar - 1st, Naveen Singh - 2 nd



Samantha Rayneau wins the 100mts (Hk)



S. Manjrekar, N. Singh, V. Patil



Aditya Raj -1st, Nadeem Malik -2 nd



S. Manjrekar



Sukhraj Kaur wins the 100 mts race



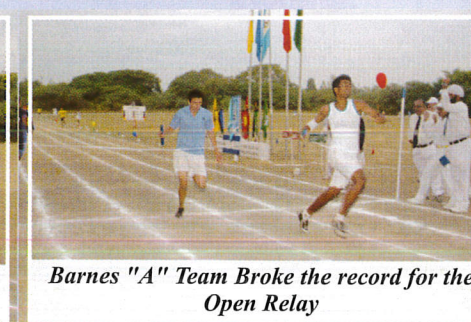
Sukhraj Kaur, Champion Inter Girls



A. Raj, N Malik, V. Pawar



R. Prakash (C) Relay 1st



Barnes "A" Team Broke the record for the Open Relay



Aakash Srivastava presents the School Flag to Lt. Gen. R. Rao

Gymnastics



Gymnastics - Horse work



Gaurav Siyal - Dive



High Dive A. Chattapadhaya



Mr. D. Singh ensures safety



Diving through the flames



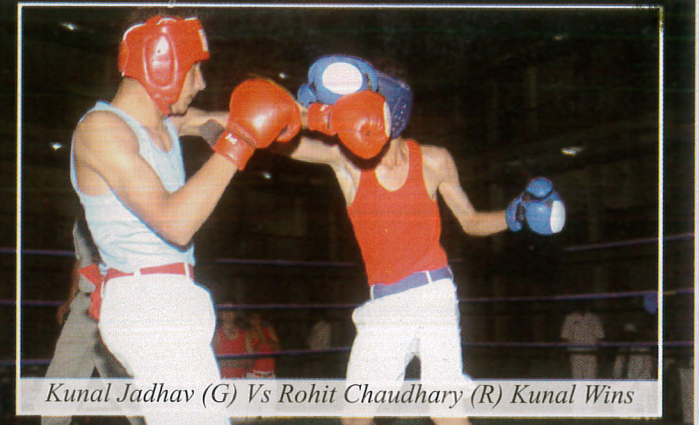
Fire Dive - F.Momin



Inter House Boxing



Mr. S. Choklingum receives a bouquet



Kunal Jadhav (G) Vs Rohit Chaudhary (R) Kunal Wins



Tabish Mansuri takes defensive action against Yash Khaire



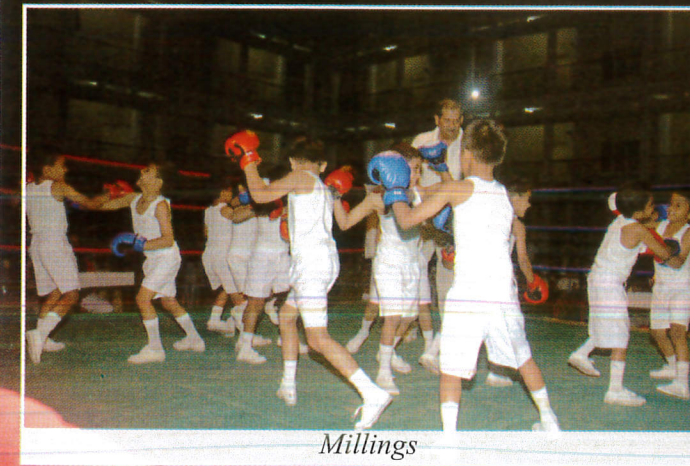
Kenneth Extross lands punch on Nilesch Jain's face



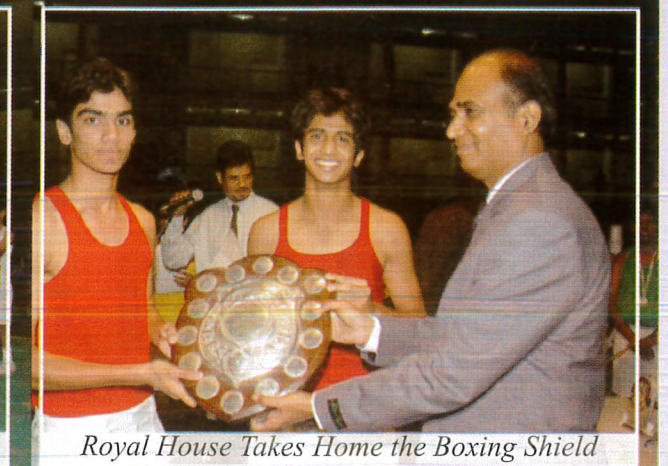
Rakesh Khatale (R) Wins



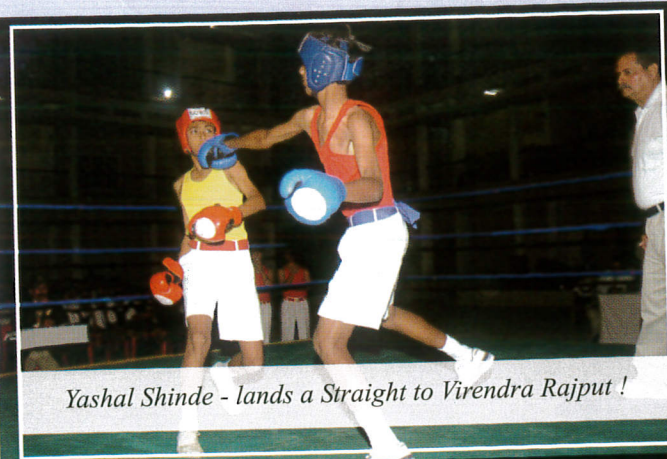
Shawn Tully (R) Winner



Millings



Royal House Takes Home the Boxing Shield



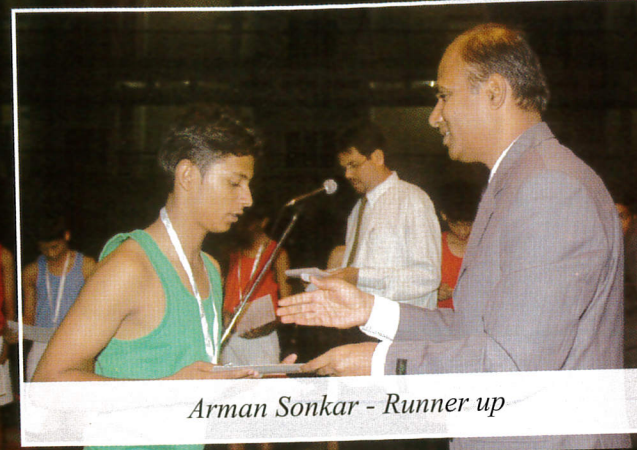
Yashal Shinde - lands a Straight to Virendra Rajput !



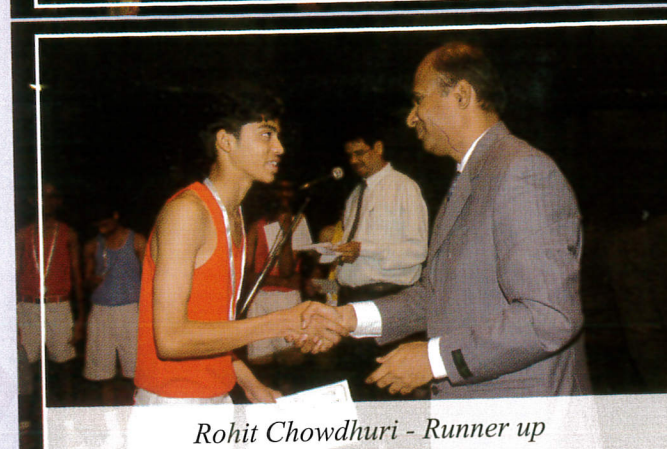
Zeeshan Zaffer (R) receives the Best Boxer Trophy



A bouquet is presented to Mr. R. C. Woodman by Fauzia Shaikh



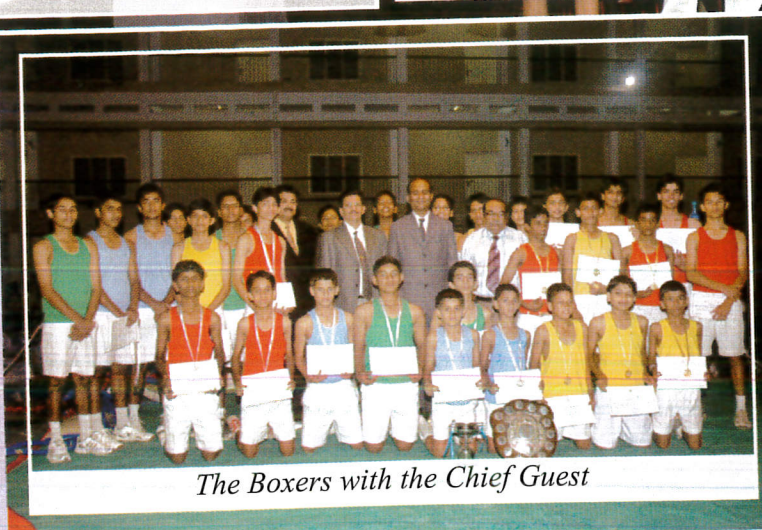
Arman Sonkar - Runner up



Rohit Chowdhuri - Runner up



Virendra Rajput (S) Winner



The Boxers with the Chief Guest

BOXING 2008

Barnes School, Deolali, held its Inter House Boxing Tournament on Saturday 18th October at 7 p.m.

The Hon. Mr. S.Chokalingam, District Magistrate and Collector, Nashik graced the occasion with his presence. In addition, there were several other important dignitaries, including the Hon. secretary of the Bombay Education Society, Mr. R.C.Woodman.

The Principal, Dr. L.C. Coutinho welcomed the chief Guest and other honoured guests to the Boxing tournament.

Barnes School has had a privileged tradition of holding the Boxing tournament for 75 years, without any injury or harm coming to the boxers.

On this occasion, the referee and the judges were all senior Army officers. Col.A.Fernandes, a great boxer of his time, was the referee. Col. R.S. Subedar and Col. V.Sawney were the distinguished Judges.

Boxing is a sport needing great skill, determination and tenacity. Out of the 100 boxers who participated only 20 displayed these special abilities of reach the final. That Boxing night was characterised by bouts that were closely contested. Yash Khaira of Spence house displayed a lot of grit and determination and he was awarded the 'Junior-Most Scientific Boxer' award. Yet, the winner takes it all ! Yes, another boxer Zeeshan Zaffar of Royal house, a potential boxer with a bright future in sports was awarded the 'Senior Most Scientific Boxer'.

The function, which took place in the school quadrangle on a starry, full moon night came to a close with a vote of Thanks by the Vice - Principal Mr. T. Jacob.

- Teacher Incharge : Mr. D.O'Connor

Assisted by : Mr. M. Ovichegan

Coach : Mr. D. Singh

VOLLEYBALL (Boys) - 2008-09

Barnes School offers its students an opportunity to develop skill and ability in games, which plays an important part in our education and contributes to a wider range of knowledge.

We entered the New Year 2009 with the Volleyball practice matches. There were a number of new faces in the respective teams. Rules of the game were explained to the newcomers and the older ones brushed up their memory.

The Inter-House Volleyball tournaments were held from 21st January to 5th February. After the practice matches there was a definite improvement in the game. All the four houses played well. They enjoyed the tournament matches which were so keenly contested.

Eventually Greaves emerged victorious with an overall 16 points. Candy was a distant second with 10 points. Royal got the third place with 8 points. Spence stood fourth with 2 points.

Nikleshwar Singh of Greaves was adjudged "The Best Volleyball Player of 2008-09". He played the game calmly with great skill and encouraged his team with a smile.

	CANDY			GREAVES			ROYAL			SPENCE		
	A	B	C	A	B	C	A	B	C	A	B	C
C vs. S	2	2	-	-	-	-	-	-	-	-	-	2
R vs. G	-	-	-	2	2	2	-	-	-	-	-	-
R vs. C	2	2	-	-	-	-	-	-	2	-	-	-
G vs. S	-	-	-	2	2	2	-	-	-	-	-	-
G vs. C	2	-	-	-	2	2	-	-	-	-	-	-
R vs. S	-	-	-	-	-	-	2	2	2	-	-	-
TOTAL	10			16			8			2		
	2nd			1st			3rd			4th		

Incharge Mr. M.K. OVICHEGAN

MINITHON AT RYAN

INTERNATIONAL SCHOOL SPORTS CLUB

Barnes is always happy to participate in Inter School activities, so with a happy heart, we sent our team of 18 girls and 24 boys for the minithon at Ryan School.

And because of their hard work and practice, Barnes School has won the trophy and was placed in the 1st position.

The staff and the whole school is very proud of their efforts and they have done a good job.

The girls who have received the cash prizes are as follows :

UNDER 16 GROUP :

i) SUKHRAJ KAUR : She stood 6th and won a cash prize of Rs.500.

UNDER 12 GROUP :

i) PRANALI MORE : She stood 4th and won a cash prize of Rs.700.

ii) SHARNJIT KAUR : She stood 6th and won a cash prize of Rs.400.

Now, the boys who have received the cash prizes are as follows:

UNDER 17 GROUP :

i) KUNAL JADHAV : He has stood 2th and won a cash prize of Rs.1500.

ii) SYDNEY RYDER : He has stood 4th and won a cash prize of Rs.900.

iii) FAHAD MOMIN : He has stood 6th and won a cash prize of Rs.600.

UNDER 14 GROUP :

i) HARSHWARDHAN S.: He has stood 4th and won a cash prize of Rs.700.

UNDER 12 GROUP :

i) JONATHAN RYDER : He has stood 3rd and won a cash prize of Rs.800.

ii) SHAWN BELSHER : He has stood 4th and has received the cash prize of Rs.700.

iii) SAVIO ROBERTS : He has stood 5th and has won the cash prize of Rs.500

iv) SURAJ RAO : He has stood 6th and has won the cash prize of Rs.400

And the other participants won the consolation prizes.

In fact 35 schools in Nashik had participated in the Minithon organized by Ryan school:

Most of all, we would like to thank Mr. Daljit Singh, our P.T. teacher who had given these children the proper practice to make them mentally strong to go ahead and win. Special thanks to the Principal and staff for their encouragement.

ONWARD BARNES !!!

UPWARD BARNES !!!

Team In-charge : Mr. DALJIT SINGH.

CO-CURRICULAR ACTIVITIES

Inter School Debates



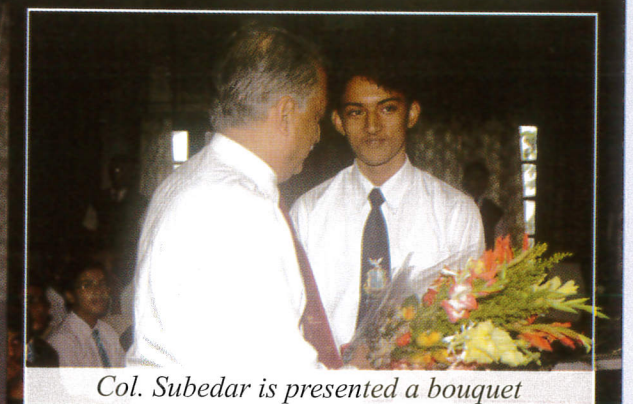
Mrs. S. Parmar welcomes the participants



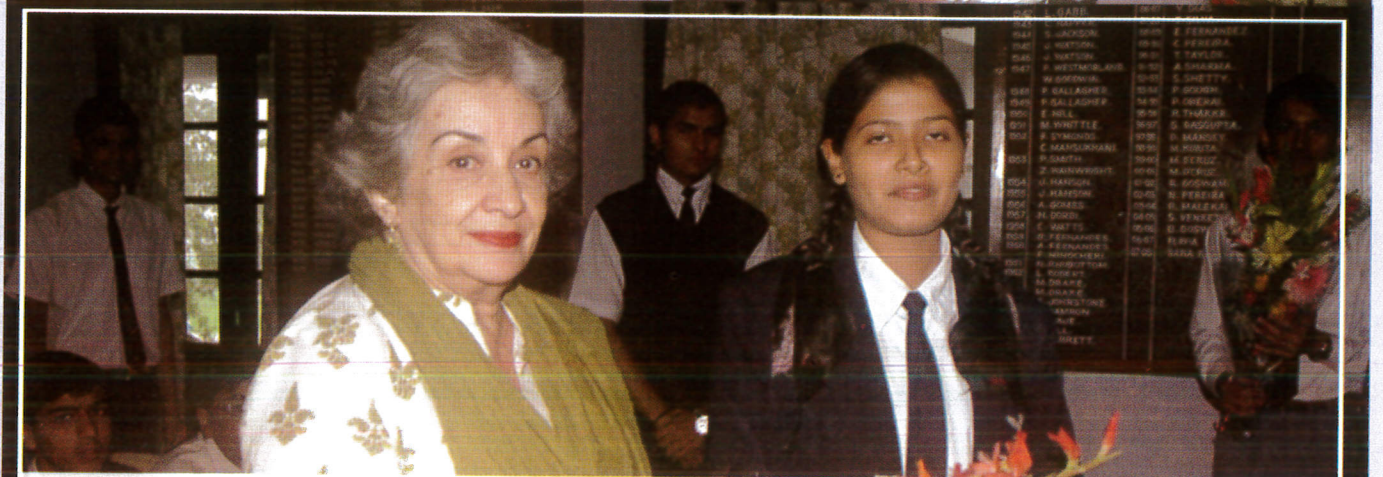
Mrs. H. Phillips - Welcomes the Guests



Mrs. S. D'Souza is presented a bouquet



Col. Subedar is presented a bouquet



Mrs. Eagan is presented a bouquet

THE INTER SCHOOL DEBATE

After a gap of several years, Barnes hosted an Inter School Debate. Local schools from Deolali and Nashik were invited to participate.

Mrs. Hazel Phillips was asked to be the teacher in charge, and Mrs. S.Parmar kindly agreed to be the moderator and also to help coach our team.

I selected two students to represent Barnes : Aman Parhar from XA & Garima Raghuvanshy from Std. XI/ Commerce.

The topic under discussion was : "61 years after Independence, the Indian woman is still a second-class citizen."

Aman Parhar decided to speak for the opposition, and Garima to speak for the proposition. Both girls did their own research & ultimately polished & refined their speeches with just a little help from me. Here, I must thank Mrs. Parmar & Mr. Mario Gunnion for the unstinting help & advice they gave to our debaters. Also I must thank Abhiroop Chattapadhyaya for his help especially in helping our debaters practice their refutation.

The participating schools were as follows :		Proposition	Opposition
Army school, Deolali		Naina Choudhary	Anshul Sinha
Kendra Vidhyalaya, 1		Shivani Sheila	Pooja Narde
St. Philomena Convent High School		Isha Chande	Leena Swamy
Boy's Town Public School		Pooja Nagare	Bhakti Kasote
L'ecole Silver Oak, I.C.S.E.		Suniti Jaghu	Arpan Agarwal
St.Xaviers' School, Nashik Road		Shazeen Khan	Shalakh Coutinho
Barnes School, Deolali		Aman Parhar	Garima Raghuvanshy

To act as judges, we called upon three kind people who agreed to give their time & expertise to grace the occasion. They were:

Mrs. N. Eagan, Mrs. S.D'Souza

Col. Subedar [retd]

We thank the judges for their impartial decisions.

The debate began, chaired & moderated by Mrs. H.Phillips & Mrs. S.Parmar, who conducted the debate very well indeed.

I was impressed by the preparation & presentation of their matter by all the debaters. I could see that all the debaters & their teachers had worked hard. It was indeed thrilling to see how the debaters presented their facts and handled the rebuttal. The audience enjoyed the entire debate. At the conclusion of the debate, Col. Subedar made the keynote address. He was forthright in his observations & very encouraging to the debaters.

The Results:

The Best School Trophy was won

by Army School

Barnes was placed second.

The Best Speaker for the Proposition:

Naina Choudhary, Army School [Gold Medal]

Runner up:

Garima Raghuvanshy, Barnes school.

[Silver Medal]

The Best Speaker for the Opposition:

Anshul Sinha, Army School. [Gold Medal]

Runner up:

Aman Parhar [Silver Medal]

Mr. D.O'Connor

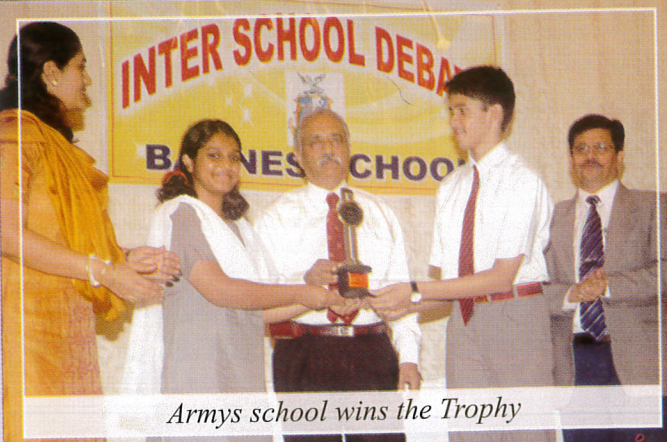
Sr. School Coordinator & Teacher in charge, Debates.



Aman Parhar, Barnes



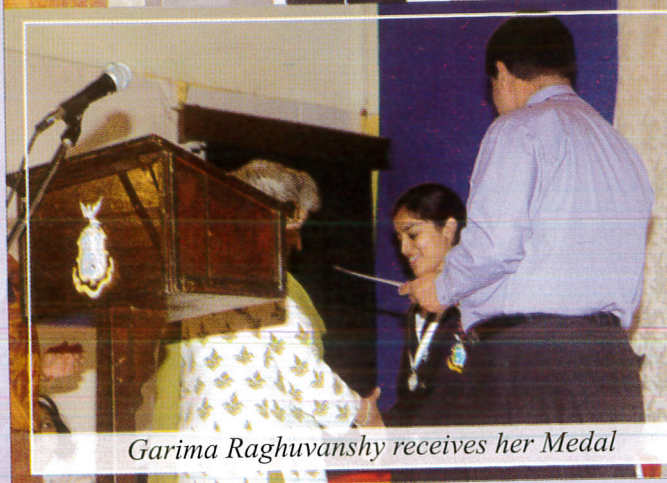
Garima Raghuvanshy, Barnes



Armys school wins the Trophy



Aman receives her medal

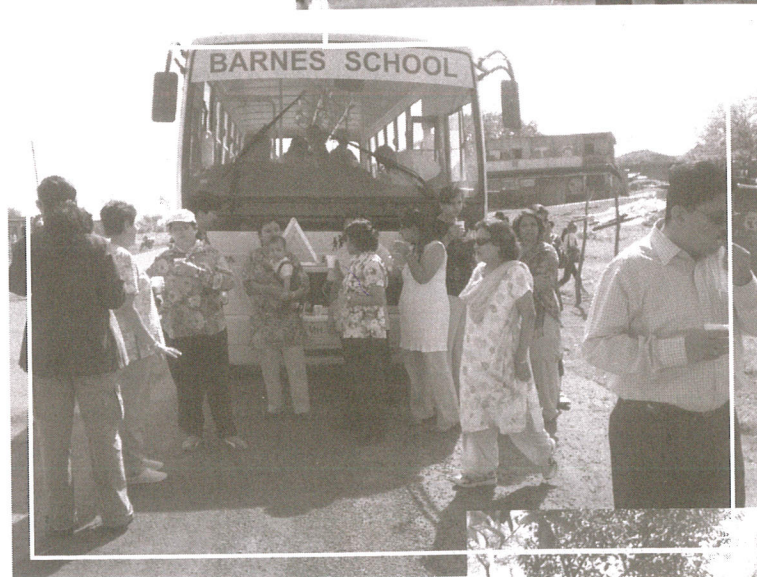


Garima Raghuvanshy receives her Medal



Dr. L.C. Coutinho congratulate the winners

TEACHERS DAY



*Teachers enjoy
their day out*

HINDI DIVAS CELEBRATED AT BARNES

14th September is observed as Hindi Divas throughout the nation. Barnes too celebrated Hindi Divas on 15th September, 2008 with a special assembly in which the importance of Hindi was highlighted.

An inter-class elocution competition was organized by the Hindi Department led by Mrs. S.Kulkarni, Mr. D. Sonawane, Mrs. R. Gosavi and Mrs. Pilkhwal. The programme was presided over by the Principal, Dr. L.C. Coutinho. The children enjoyed the programme thoroughly. The winners of the competition were Tulika Gupta VI-A, Arnav Kundra VII-C, Sakshi Reddy VIII-C, Tejasvi Singh IX-A and Abhaya Bhosale X-A.

Barnes participated in the Hindi Divas competition at Christ Church-Byculla.

Barnes was invited by its sister school, Christ Church School to participate in the Hindi Divas programme "Rochak". On 12th September, a team of twenty-eight students led by Mr. and Mrs. S. Kulkarni, and Mr. D. Sonawane left for Mumbai. The team was warmly received by various teachers of the school i.e. Mrs. Saroj Hilbert, Mr. Graham and Mr. Binu Abraham. On the 13th September the students attended Christ Church school's assembly where a special mention of Barnes School was made by its Principal Mr. Carl Laurie. The Principal of Christ Church School, Mr. Carl Laurie, was ecstatic to see the Barnes school children participating in various events. The students participated in five events namely i) Essay writing competition ii) Story writing competition iii) Poster making competition iv) Group singing and v) Indian Folk dance. Barnes made its mark amongst the eleven schools that had participated.

The following were the winners :

In the essay writing competition Isha Chitnis Secured the first position and the third position was secured by Arnav Kundra. Abhyudhay Parihar bagged the first prize in the poster making competition.

Barnes was ranked seventh amongst the eleven schools that had participated. The Principal Dr. L.C. Coutinho proudly felicitated the winners and congratulated his Hindi teachers Mrs. Kulkarni and Mr. D.Sonawane on their achievement.

1. Essay Writing :

Isha Chitnis - 1st Position
Arnav kundra - 3rd Position

2. Poster Making

Abhyudhay Parihar - 1st Position

Mrs. S. Kulkarni



SINGING COMPETITION 2008

" If music be the food of love play on"

This year's sensational season of singing took off with a scintillating start. The enthusiasm of the children could be seen from the day the rehearsals began which finally resulted in an evening so full of melody, harmony and rhythm that Mrs, D'Rozario, Principal of Fravashi Academy, Nasik, who was the chief guest, was moved to comment that she did not want the evening to end. Surely something mesmerized her and she owned up that the on screen presentation of each performer prior to their performance added a lot more colour and glamour to the evening.

For me personally, the involvement with the children and being part of their enthusiasm took me back to the days when I was in school.

After all, there's a child in all of us. Once again, Mrs. Rozario made a very important remark to close the show. She said that all the contestants were winners in their own way, I can surely reiterate that, for I know for sure what it took for each child to be on that stage and perform to an audience.

However a competition must end with a result and therefore the results are mentioned below.

The Winners

Category	Name	Song
Sr. Solos Girls	Alison James	Saving all my love for you
Sr. Solos Boys	Adarsh Chaturvedi	Jailhouse Rock
Duets	Alison James and Jaiveer Sharma	Close to you
Jr. Solos Girls	Marianna De Figueiredo	My heart will go on
Jr. Solos Boys	Jonathan Ryder	Oh Carol !
Group Overall winners	Greaves & Helen Keller Greaves & Helen Keller	Teach your children

- Shawn Tims

Inter House Singing



The Judges are welcomed with bouquets



Bhavana Govil presents a bouquet to a judge



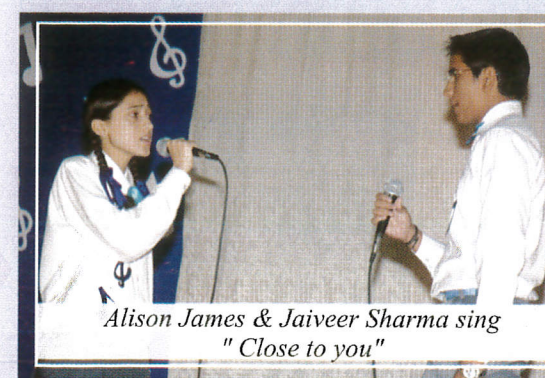
Aloysios Gonsalves
Respected Judge
is welcomed with a bouquet



J. Ryder 'Oh Carol'



Sandra Frederick



Alison James & Jaiveer Sharma sing
"Close to you"



Alison James solo



Green House Class 'Uptown Girl'



Red House Class "Chiquitta"



Yellow House Because I'm Alive



Blue House Teach your children 1st



Alison James 1st - Solo



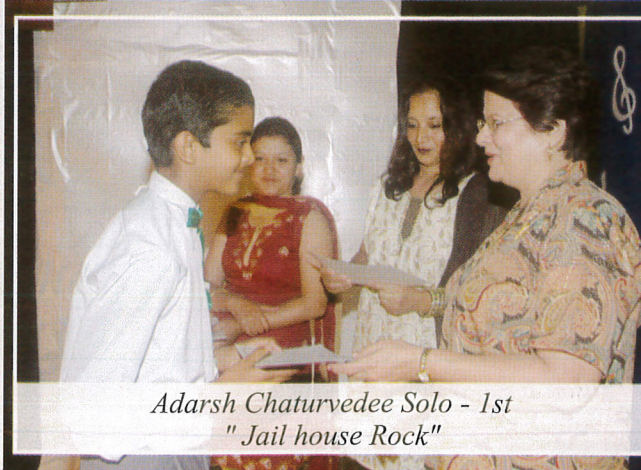
F.Shaikh + N. Ochani - 2nd (Red)



Sejal Mehta - 2nd Solo
Baby, I Love you, you want me



A.James + J. Sharma (Blues) Duet - 1st



Adarsh Chaturvedee Solo - 1st
" Jail house Rock"



Blue House wins the Cake for the Best House

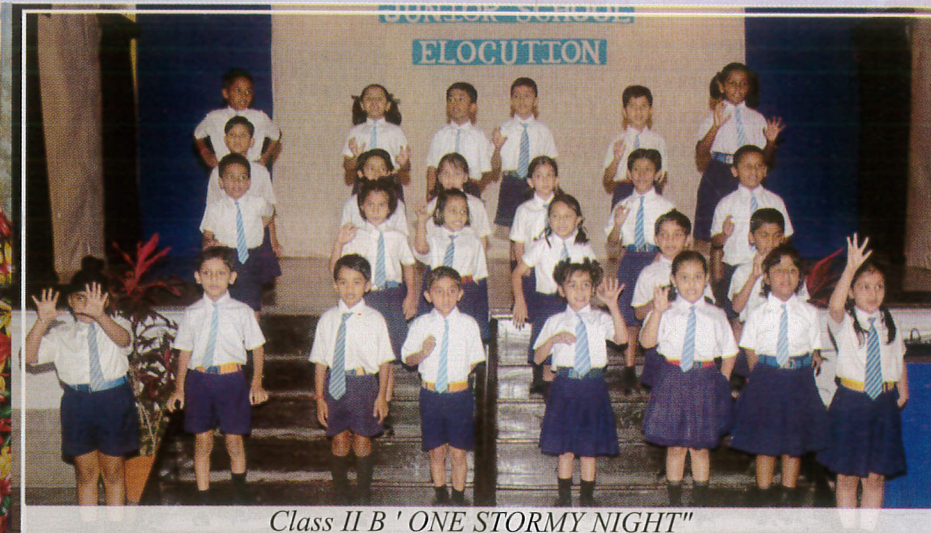


A word of appreciation

Junior School Elocution



2 A - Win A Cake



Class II B ' ONE STORMY NIGHT"



Class II C ' THE RAINBOW FAIRIES



Class I A ' THE RABBIT'



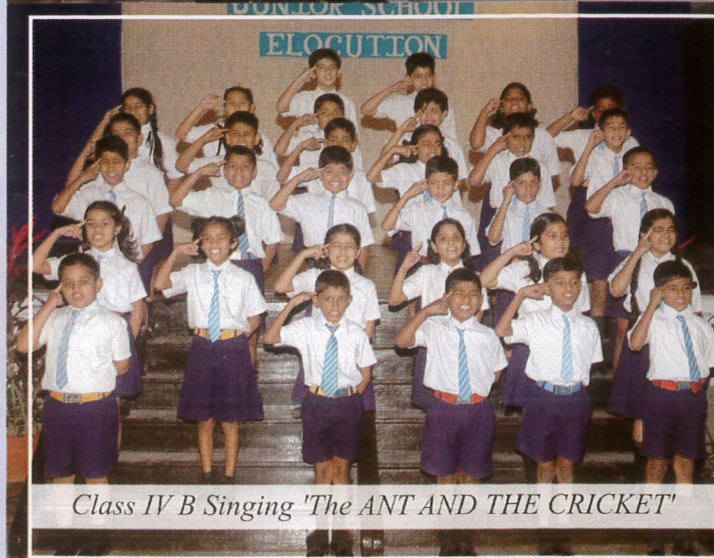
Class II A ' THE CAMEL'



Prep 'B' Class - 'The Three Little Kittens'



Class IV B Singing The Happy Wanderer



Class IV B Singing 'The ANT AND THE CRICKET'



Judging ----- A Tough Job



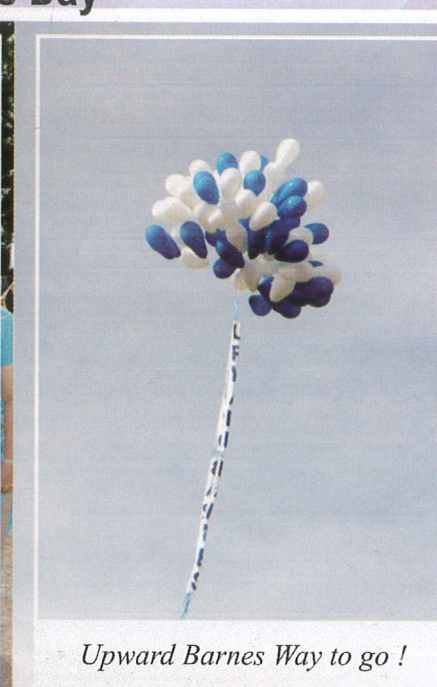
Melissa D'Costa speaks about the good things.
She learnt from Barnes School



Nursery winners



Quick Drinkers winners
of the Parents Race



Upward Barnes Way to go !



Jo Anne & Janice (Twin winners)
with Soham. Building Blocks



Off to the market quick shoppers



In Dad's clothes



Winners - Off to school (Prep)



Flowers for my girl (nursery)



Filling the bottle.....
only water



Denis Preminger leading the greaves & Helen Keller House



Gaurav..... Leading the Spence & Florence Nightangle house



We've Mended our Nen Hearts



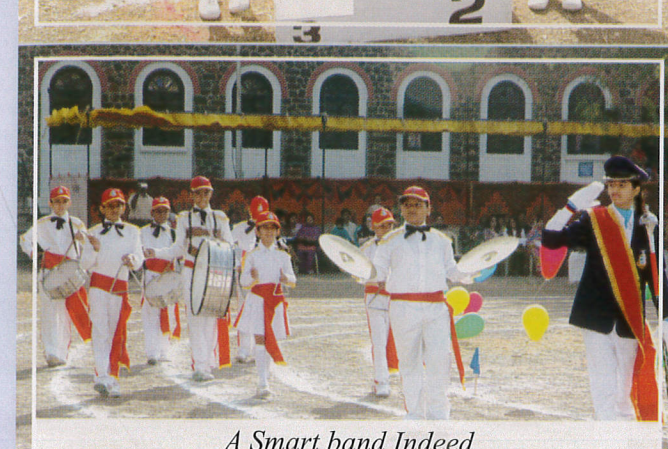
Off to the party



Up the tail and down the trunk go the nursery babies



Alan wong leading Candy Joan of Arc House



A Smart band Indeed



WG Cdr. Shukla & Mrs Shukla - Chief Guest at the Jr. School sports with Dr. & Mrs. Coutinho & Mr. T. & Mrs H. Jacob



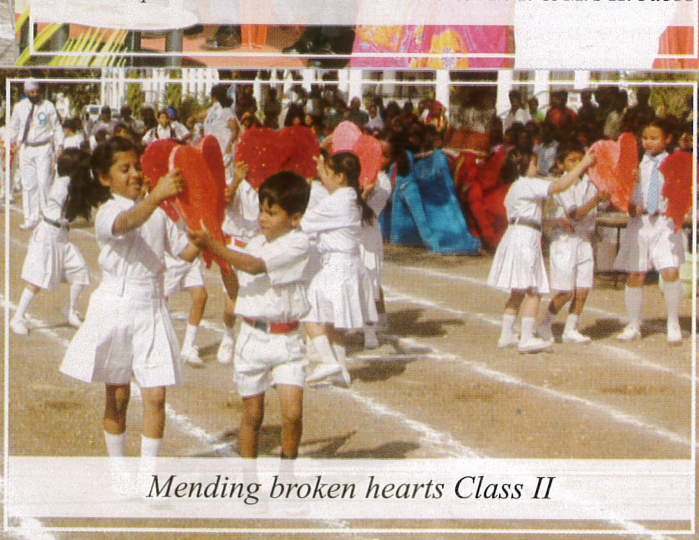
Wg. Cdr. Shukla The School Flag at the Jr. School sports



I'm A Winner



Aakash Rao (Head boy Jr. Sch.) & Rubi Singh (Head girl Jr. Sch.) leading the march past



Mending broken hearts Class II



Wg. Cdr. Shukla addressing the Gathering at the Jr. School sports Dec'08



Hey Hey Baby..... Nursery Drill



Jr. School teachers getting ready for their Race



Ready Parents



Cycle Race - Class V Boys



Passing The Ball Team report pays off



The Ribbon Drill our Sweet Nursery children



Smart Captains of the Junior School



Staff Race - Making A Quick Cap



*Vishnu Nambiar leading
The Royal & Edith Cavell House*

Prefects Investiture



Junior School Nativity Play



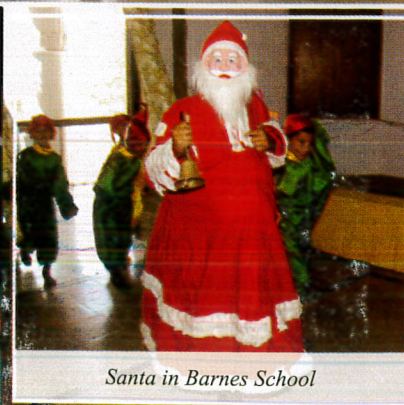
Welcoming our Guests Mr. & Mrs. Thakur



Happy Christmas

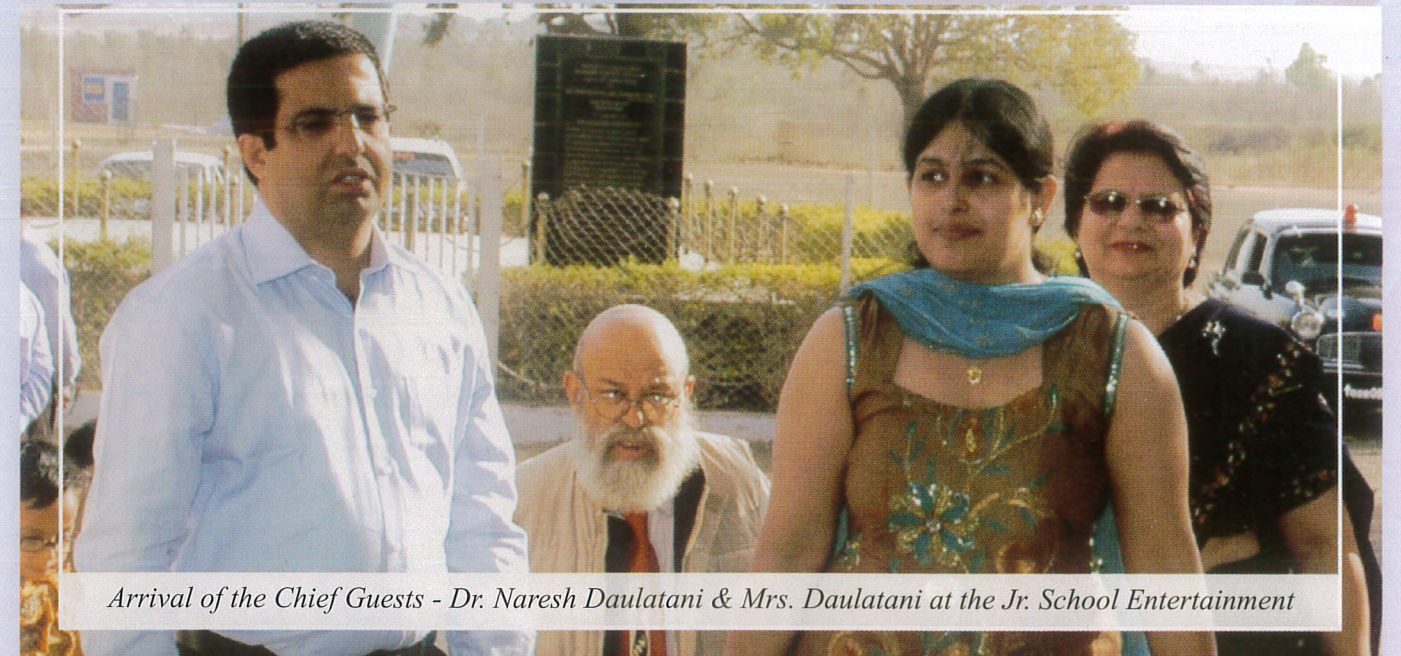


*Little Drummer Boy
Jesse Rai*



Santa in Barnes School

Junior School Entertainment Programme



Arrival of the Chief Guests - Dr. Naresh Daulatani & Mrs. Daulatani at the Jr. School Entertainment



*Mamta Kukreja presenting the Chief Guest
Dr. Naresh Daulatani with a Bouquet*



*Mrs. Coutinho - Supervisor of the Jr. School
Lighting The Inaugral Lamp*

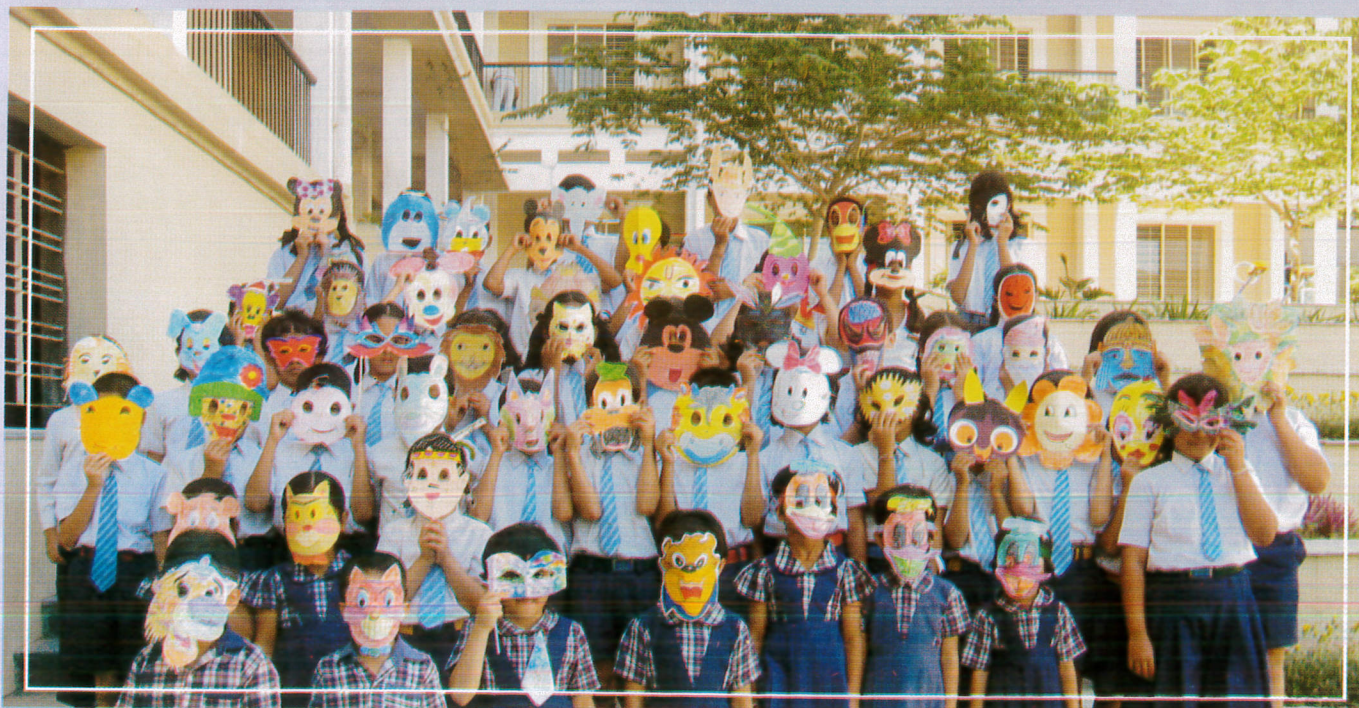


Guests of Honour - Dr. Prashant Patil & Mrs. Patil & Children at the Jr. School Variety Entertainment

Junior School Activities



Baskets of Easter Eggs (Competition on 9.4.2009)



Winners of the Mask (Competition on 8.4.2009)

INTERMEDIATORY GRADE EXAM RESULT

Sr. No.	Name of Student	Pass In Grade
1	Abhyudhay Parihar (Intermediatory Exam)	"A"
ELEMENTARY EXAM RESULT		
Sr. No.	Name of Student	Pass In Grade
1	Hemlata Chaudhary	"B"
2	Sandra Fredierick	"B"
3	Shruti Gamne	"B"
4	Burhanuddin Merchant	"B"
5	Sayli More	"B"
6	Aisha Ahmed	"C"
7	Manas Deshmukh	"C"
8	Alister D'Souza	"C"
9	Nikita Dhuse	"C"
10	Claude Daniel	"C"
11	Tanish Quadros	"C"
12	Asmita Raghuvanshy	"C"
13	Jude Venty	"C"

AN EYE CAMP CONDUCTED FOR ALL AT BARNES

An eye camp was held in Barnes School, Devlali on the 13th December 2008. It was organized by the Biology teacher Mrs. J. Gurung and students and was carried out in the Biology Laboratory. It was inaugurated by Mr. Woodman the B.E.S. Hon. Secretary.

The part of this camp was conducted by Dr. Udai and his team of Doctors who had specially come from the Tulsi Eye Hospital. They are the NGO' team and they often conduct free eye camps.

The camp was benefited by the staff members and workers of Barnes School, as well as the neighbouring areas. About 100 people turned up for the free eye camp

The following was the summary of the eye camp which was held at Barnes School :

Actual Reference Taken

1. Near / Distance	33
2. Mature Cataract	10
3. Watering Problem	14
4. Vitamin A Deficiency	06
5. Base Hospital Reference Cases	21
6. W.N.L.	16

TOTAL 100

A Trip to Knorr-Soup making Factory

As inquisitive children, we all enjoy going on field trips and I would like to share with you our wonderful experience about our visit to a soup - making factory at Sinner on 11th December, 2008.

One day, out of the blue our Home Science teacher asked us whether we would like to go for an educational trip to a soup manufacturing factory. We quickly agreed as the thought of being out of our classrooms for a change thrilled us to bits !

After a lot of hectic organizing and planning it was decided by our teacher Mrs. S. Parmar that all the Home Science (about 65 in number) of classes 9th, 10th and 11th would go to the Hindustan Unilever Factory. At last! the long awaited day came and we eagerly seated ourselves in the bus by nine o'clock. We left the school premises at about nine thirty a.m. and after an hour of singing and playing games, we reached our destination at about 10.30 am.

At the factory, we were warmly received by the Manager, Mr. Punj and Sayukta's father - who had organized our trip-Mr.Pagare (who had constructed the factory) . This factory which is under the management of M/s Avaeor Cosmetics is located at a distance of roughly 25 km from our school in Sinner taluka. We were informed by Mr. Punj that the factory manufactured soup for 'Hindustan Unilever' which is sold under the 'Knorr' brand name. Most of their raw materials come from Thailand and here they mix, taste and package the soup.

All of us were divided in groups of 15-16 members each. I was in the third group. While the first group went inside the factory to observe the process of soup manufacturing, the others were taken outside the factory premises to observe the water-treatment and air conditioning plants of the factory.

When we finally returned to the canteen and awaited our turn to go inside we were served hot, yummy tomato soup. Soup had never tasted so good as it did there, that day !

At last our turn came and first of all we were told to take off all our external embellishments like watches, rings, chains etc. We had to wear overcoats, caps and also cover our shoes with plastic wraps. We were told to tuck in our hair and wash our hands with soap and warm water just like Doctors going for surgery!

Inside the clean, sterile rooms, we were shown the place where the dehydrated vegetables were kept and how they were cleaned. Then we were shown where the soup powder was weighed, mixed and then compared with the quality of the master sample in the tasting room. If the taste is as per the master sample it's sent for packing, otherwise it's sent back for reblending. The last stage is the packaging which was the most interesting because of the sheer speed of it. The soup powder is packed in printed, polyfilms with the help of large machines. The defective packages are separated and the proper ones are sent to the distribution unit of the factory. Six different types of vegetarian soups are manufactured in this factory. The owners plan to manufacture non-vegetarian soups on the first floor of the factory in the future.

Alas ! too soon, our trip was over . We thanked the factory manager and his staff for this informative visit. Our teachers Mrs. S. Parmar and Mr. Gunnion were gifted a bouquet of flowers by Mr. Punj. Feeling happy and warm after enjoying unlimited hot cups of soup, we boarded our bus and headed back to school, reaching at about 1:30 p.m., just as the school was about to break off.

The trip to the factory was not only enjoyable but also informative. In today's fast paced life where people don't find time to prepare soup from vegetable due to paucity of time and energy, 'Knorr soup' fills that gap. They are hygienically prepared, nutritive and are quick to prepare . The factory's water treatment plant also impressed me because it showed that we care about our poor, over burdened mother nature and her most precious resource - WATER !

Tarsem S. Koloti

9 B

Inter House Dramatics



Dr. L.C. Coutinho, Mr. T. Jacob
welcomes the Chief Guest Mrs. Deep Raul



The Judge are welcomes with a bouquet
Mrs. C. D'Cruz



Mrs. Thomas



Alison James Sing's



A duet : Jonathan Vint + Alison James



The Green House "The Monkeys Paw"



Yellow House wins 1st Prize



DRAMATICS - 2008

The glamorous eve of dramatics has always been a part of our curriculum. This year was no different in that respect. The beautiful evening was heavy with anticipation. All the actors and actresses has been drilled for over a month and everyone wanted to see whose hard work would pay off.

The four houses left the vast audience breathless with comedy, horror and melodrama. To add a touch of glitter to the show, we had the audience swaying to the tunes of some of our singers in between performance and the next.

As much as the judges enjoyed the show, they found it was difficult to arrive upon the results. We are grateful to all the there judges, namely

i) Mrs. C. D'Cruz ii) Mrs. J. Thomson iii) Mrs. Singh

The Chief guest who presided over the function was Principal. Army School Devlali, Mrs. Deep Raul.

This year, Yellow House took the cake with their play 'The Pie and the Tart'. Which was a hilarious act. The Green bagged the second place with their horror play 'The Monkey's Paw' The Reds with their play 'The wear Departed' and the Blues who enacted 'The Anniversary' came third and fourth respectively.

The play were directed by the respective House Presidents :-

CANDY : Mr. C.P. Dinger

GREAVES : Mr. V. Frederick

ROYAL : Mr. V. Nair

SPENCE : Mr. M. Gunnion

JOAN OF ARC : Mrs. H. Phillips

HELLEN KELLER: Ms. G. Pinto

EDITH CAVELL : Mrs. S. Kulkarni

FLORENCE NIGHTINGALE : Mrs. S. Frederick

The best actor was unanimously awarded to Sasmit Manjrekar of Spence while Christine Moses of Joan of Arc took the best actress.

The principal commended the efforts of all the staff and students who put in endless work to stage the plays. He even commented on every minute detail with regard to stage properties was taken care of aptly. He concluded by saying that every year the Inter House Dramatics was getting more qualitative. So this Clearly speaks out that we may have some more Arshad Warsi's and Vinod Khanna's produced by Barnes School in the years to come. All in all, it was a great show and at the end of the day, everyone was a winner in his or her way.

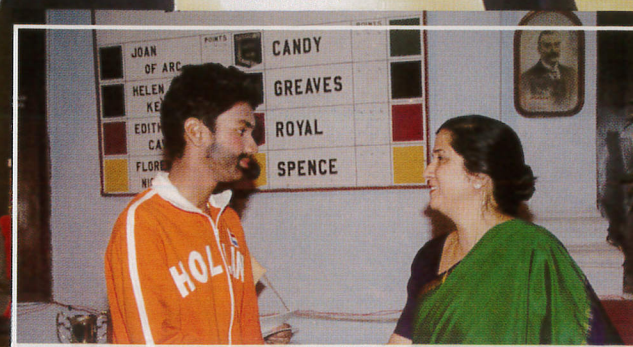
- Shawn Tims.



The Yellow House - Spence & Florence Nightingale - The Tart & the Pie



Sashmt Manjrekar wins the best Actor Award



Red House : Royal & Edith Cavell
"The Dear Departed"



The Victorious House with Mr. M. Gunnion, Mrs. S. Frederick & Mrs. J. Dinger

Visit of the "Chilli Pepper Cooking club" to the Gateway Hotel

07th March 2009 was a red letter day for the Chilli Pepper Cooking club since it was on this day that we were visiting the Gateway Hotel in Nashik (the erstwhile Taj Residency). The group consisted of 14 boys and 11 girls and we were accompanied by Mrs. Parmar and Mrs. Gosavi. After the morning assembly we all headed for the hotel in the school bus and reached the hotel at around 10 am.

At the hotel we were received by Mr. Kaul and an assistant who would also be our guide for the day. We all were very excited since for many of us, it was our first visit to a hotel of such high repute. Mr. Kaul explained to us that the hotel is divided into three major sections the first being the administration section; the second consists of the Kitchen, the last such as the administrative section consisting of the reception, the health club and the engineering department, the restaurant and the kitchen and lastly the housekeeping consisting of the hotel rooms and the laundry.

Our visit commenced from the hotel reception which was a huge hall with spotless and sparkling marble floors with elegant furniture. The room was lavishly decorated with beautiful fresh flowers. Next to the reception was a huge balcony which offered a breathtaking view of a luxurious garden. Our next stop was the engineering department which had the central AC plant, Generator etc. It was an extremely noisy place and too technical for us cooking club students.

We then visited the health club which was air conditioned and very well equipped. What a coincidence, gym instructor, Mr. Khan there was an ex.Barnes teacher who teaches martial arts and swimming to the students. Next to the health club was the beautifully shaped swimming pool where water polo could also be played. The sauna, steam and jacuzzi rooms were also close by.

Then came the most awaited part of our visit to the restaurant and the kitchen since it is here where all the delicious food items are prepared and served. The complete restaurant was furnished in golden brown shade which gave it a princely look. For having an experience of this lavish restaurant, one needs to pay a handsome amount of money, as we had a peep in the menu card & we found that a cup of a coffee was for Rs. 200 approximately. As we entered the kitchen we were welcomed by a wonderful aroma. The kitchen was huge and was divided into two parts Indian and Continental. Our excitement and plans to take up profession of being a cook as a career were shattered when we were told that they have a 9-14 hour shift.

Lastly we visited the hotel suites which were exquisite and due to security were electronically locked with card keys. The rooms had springbeds, TVs and a small refrigerator stacked with juices. The attached wash rooms were even more beautiful and each had elegant bathtubs. They also informed us that all the towels and linen were changed every evening. However the rooms of this hotel do not come cheap and the tariff ranges from Rs.6000/- to Rs.15000/- per day. We then visited the laundry section where all the hotel linen was washed and ironed.

Our visit concluded with a cup of coffee and cookies arranged by the hotel for us. All of us thanked our guides for conducting us and ensuring that we had one of our most memorable, and educational trips.

- Arnav Kundra

VII C



The Cookery Club



Mrs. S. Parmar with members of the Cookery Club

• English Language Teaching Workshop •

'The Discovery of the powers of a child is the most important discovery humanity has ever made and uncovers the very root of our life.'

This Valentine, Barnes School was the venue of an English Language Teaching Workshop, organized by Oxford Publication. Many English teachers from our neighboring schools like Army School, Ashoka Universal School had also been invited for the workshop. Almost all of us had an anticipatory look on our faces, in the hope of learning something new to help us tackle the foggy path of teaching English Grammar ! There was a little delay due to a minor technical hitch, yet as anticipated, the resource person Dr. Surinder Sharma, after being welcomed by Principal Dr. L. C. Coutinho, did not disappoint !

Dr. Sharma started by asking us a very thought provoking question-as to whether we were better parents than our parents. A majority agreed, but a few did not. Dr. Sharma also gave us a contemporary definition of a teacher as one who has infinite patience to tolerate a lot of non-sense from students, parents co- workers, Principals etc. What was interesting was the way he explained how effortless our mother tongue has become. First we listen, then we speak it followed by reading and writing. The reverse is true for English that is why our students had difficulty in comprehending English as it is written first then read, followed by speaking and listening.

He also highlighted an interesting aspect of India. That it is only in India where the educated Indian knows at least three languages – Hindi, English and his mother tongue.

He kept us busy with his games in which we had to guess the profession of a person by asking a few questions.

We also realized that we stress a lot on correct spellings, yet it is not important as our brains comprehend the sense of what the other is trying to convey. This fact was stressed by a spelling test in which all of us failed because it had a list of ambiguous words.

We had three breaks to replenish our fatigued bodies.

Dr. Sharma created a situation to show us how students feel when they have to deal with the bombardments of words which have no logic in the way they are used.

Oxford Publications had also arranged a book stall so that we could take a look and recommend the books to our students.

The session ended on a serious note as we realized how demanding we have become as parents and how we overprotect our children, by giving them no space to grow and enjoy their childhood.

All of us were handed beautiful certificates as well as chocolates, it being a Happy Valentine's Day!

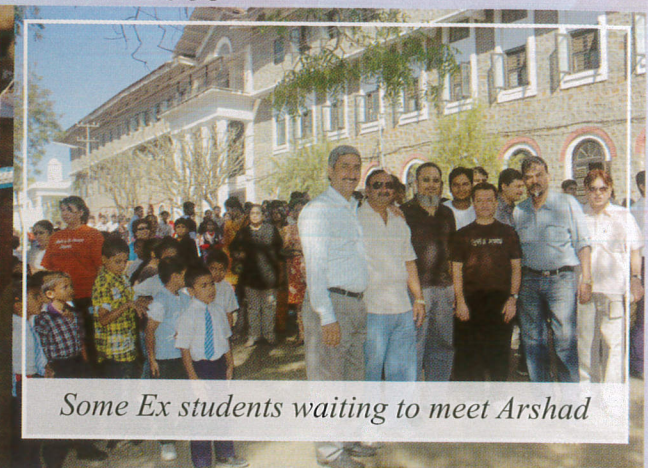
The workshop ended on a high note with a lot of praise pouring in from the teachers from other schools, and the fact that all of us felt that it had been a worthwhile day.

-Mrs. S. Parmar

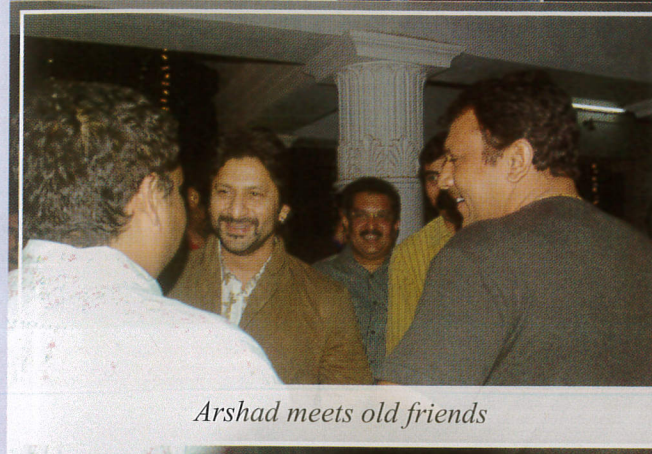
Ex Students Reunion 2009



Arshad is welcomed with a bouquet at the Annual Fete



Some Ex students waiting to meet Arshad



Arshad meets old friends



Dr. Abraham Mathai presenting a trophy



Old friends indeed : Mrs C.D'Cruz & Mrs. S. Coutinho



Mrs. Maria Goretti Warsi presents a prize to a Lucky winner



Vinod Khanna is escorted by the Principal Dr. Coutinho to the School Fete



Old Friends Meet in the Principal's Office

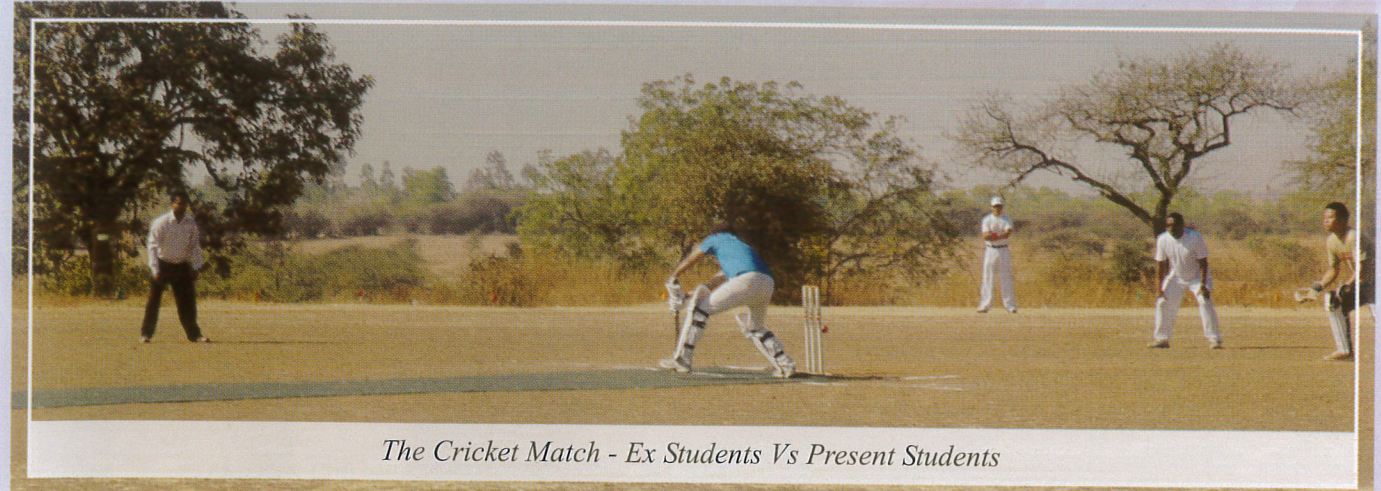


Remembrance of days past - Days of glory Never forgot



Enjoying the Fete

The Ex Students Vs Present Students' Cricket Match



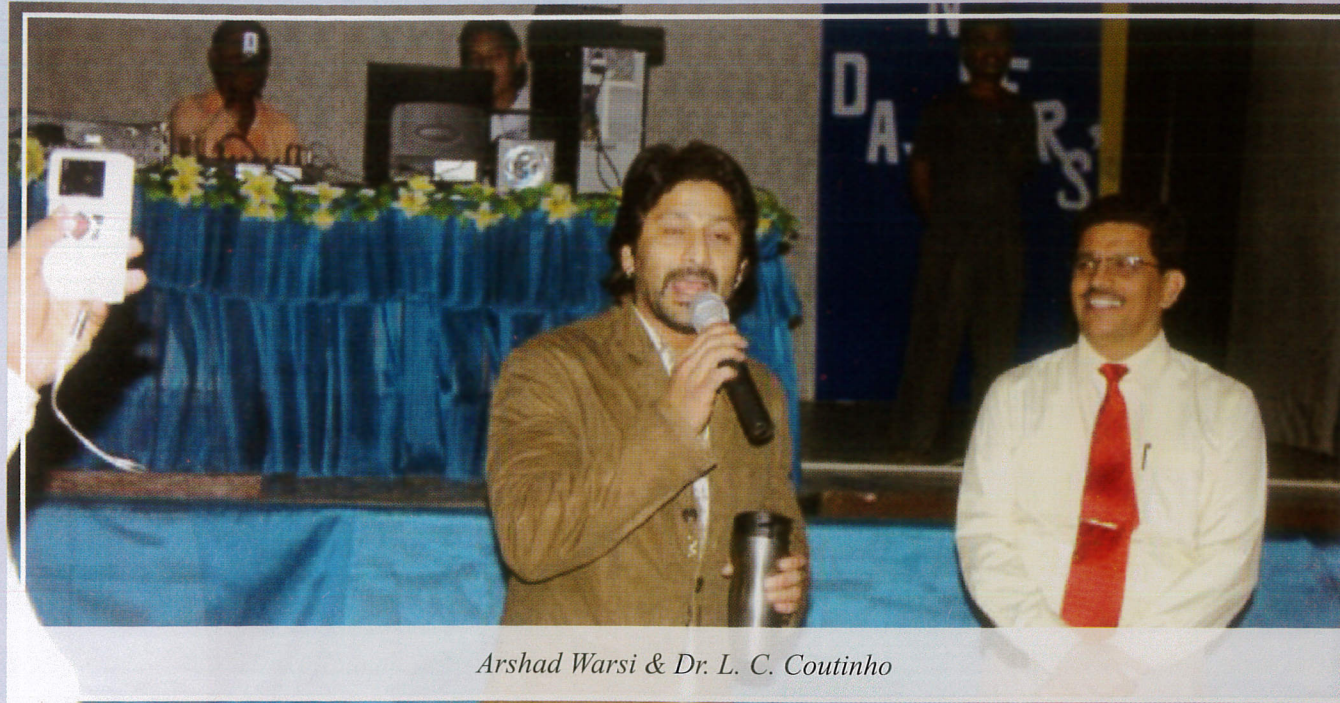
The Cricket Match - Ex Students Vs Present Students



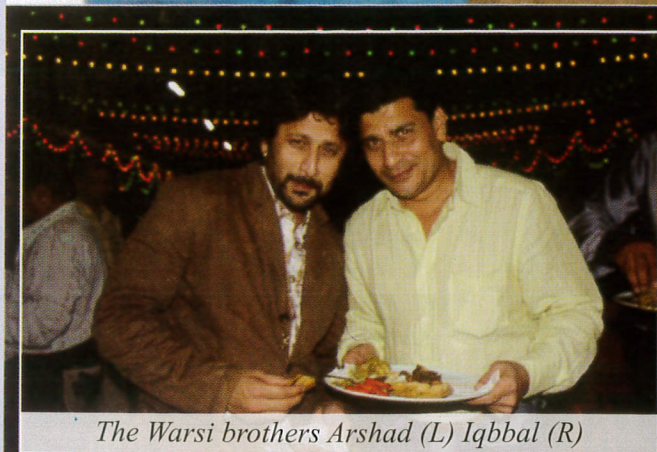
The Teams



The Match Continues



Arshad Warsi & Dr. L. C. Coutinho



The Warsi brothers Arshad (L) Iqbal (R)



Mrs. S. Coutinho reads the Holy Bible



Founders' Day Service (29/1/2009)

Ex - STUDENTS VISIT 2009

They say that there are two places that always call to a person. The first one is, naturally, home. The other is what many call 'A home away from home'. Yes, this is simply the Alma Mater.

The school had some really memorable days from the 29th of January to the 1st of February, when the ex-students reunion took place. These four days were remarkably eventful. On the 29th of January, Founder's Day was celebrated. A service was held in Evans hall where all the ex-students were given a warm welcome.

On the 30th of January, a Cricket match - as the tradition demands - was played between the ex-students and the present students. Grand arrangements were made for the cricketers and spectators. Well, the result was quite obvious. The students set a target of 207 runs in 20 overs. In reply, the ex-students were bowled out for 146.

On the 31st of January, a cricket match was played between the ex-students and the staff members. The ex-students won the match by a narrow margin of two runs.

In the evening, a social was organized in Evans hall where all outstanding performers of the cricket match were felicitated by the ex-students. The Annual School Fete was held on the 1st of February. The Fete was declared open by one of Barnes' famous ex-student, the well known actor Mr. Arshad Warsi at 11.30 am. The school bi monthly newsletter 'Blue and White' was also released by him. Another eminent personality was Dr. Abraham Mathai, Vice-Chairman, Minority Rights Commission who also presided. At the end of the Fete, the lottery draw was executed by another of Barnes School's famous ex-students, actor, MP, Osho, follower, a father of two handsome actors- Mr. Vinod Khanna.

After dinner, the ex-students and the present batch of students had a volleyball match.

These days will go down in Barnes school history as one of the most eventful and memorable days ever, thanks to the magic wand of Dr. L.C. Coutinho who got so many well known and famous ex-students of Barnes together !

Mr. Malcolm K. Ovichegan

Christmas Extravaganza Report



Christmas is the best time of the year for Christians.... but this year it was one of the best Christmas but this year, for all, of what's occurred a creed.

The awestruck faces of the audience said it all...

This was the note on which the Christmas Extravaganza. The Songs of the Season program began at 8:00 p.m. on the 12th of December 2008. The preparation for this wonderful day had started days ago. The determination to put up a really good show was seen by all. There were about a hundred children taking part who were excited and enthusiastic to be a part of the

Songs of the Season choir. The lead singers included Sejal Mehta, Alison James, Christine Moses, Sakshi Reddy, Samantha Rayneau, Isha Chitnis, Mariana, Zulfikar Hussain, Caroline Bernard, Sashmit Manjrekar and Adarsh Chaturvedi who led the whole choir melodiously.

The songs were well chosen and included well known ones like, "O Holy Night" "If Everyday Were Like Christmas", "We Three Kings" "Happy Birthday Jesus" "Mary's Boy Child" "You Raise Me Up" and a group number by the lead singers named "Do they know it's Christmas Time?" There were a few numbers sung by the entire choir wishing the audience a wonderful Christmas and a Happy New Year. The narrators included Carishma Nevis, Neha Johri, Jalvayu Prasad, Aman Parihar, Sasha Nevis, Suhani Shah, Shaurya Singh, Charmin Karanjia, Akash Shrivastava, Garima Raghuvanshy, Elsa Kurien, Mehal Singh who did hard work to make their speeches perfect. I was quite curious, too to see what the reaction of the audience would be when they see the show as the workers and myself had to work hard to put up the screen which was in the centre of the steps leading to the quadrangle and the lighting which was arranged in the shape of a Christmas tree in the colours red and green which are the colours of the Christmas season. Even the choir was dressed up in white and red with red scarves and mistletoe. The amazed faces of the audience when the lights came on were very encouraging to the choir. And lastly, everyone was overjoyed to see the Santa Claus when the beautiful display of fireworks was in progress. The whole team and myself were very happy to see that the show was a grand success. I was glad to see that my efforts paid off in such a fantastic manner.

I hope the children and staff will keep on co-operating and helping me to help them so that we can make more of these grand hit shows in the future years to come.

- Shawn Tims

MOTHER TERESA

- * Mother Teresa is my inspiration.
- * She was born on 27th August 1910, in Yugoslavia.
- * She was called Agnes.
- * She was a foreigner who worked for the poor people of India.
- * Her selfless service to the poor is now recognized throughout the world.
- * She did a lot to improve the quality of life of the poor, orphans, homeless and handicapped.
- * She has been given many awards both National and International for her dedicated service.
- * Mother Teresa was a symbol of kindness, love and service of the weak.
- * She died in Calcutta on September 05th, 1997.
- * It was a great loss for the whole world and she has been a great inspiration for all.

- Kiran Hemnani, 4th A



Our Honoured Guests



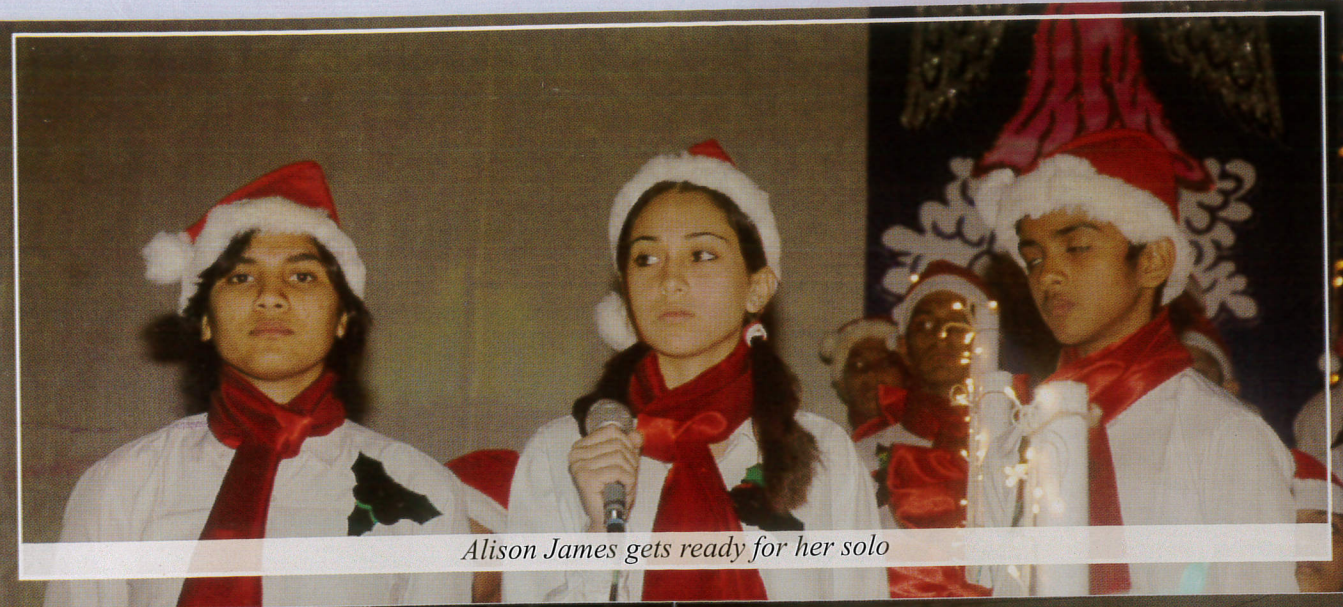
Mr. R. C. Woodman - Director Hon. Secretary, BES is welcomes with bouquet



The Singing Christmas tree



A view of the choir



Alison James gets ready for her solo



Santa brings smiles & cheer to the audience

Republic Day at Barnes



The Chief Guest is welcomed with a bouquet



Unveiling the National Flag.



The Inspigun's speech of the Chief Guest



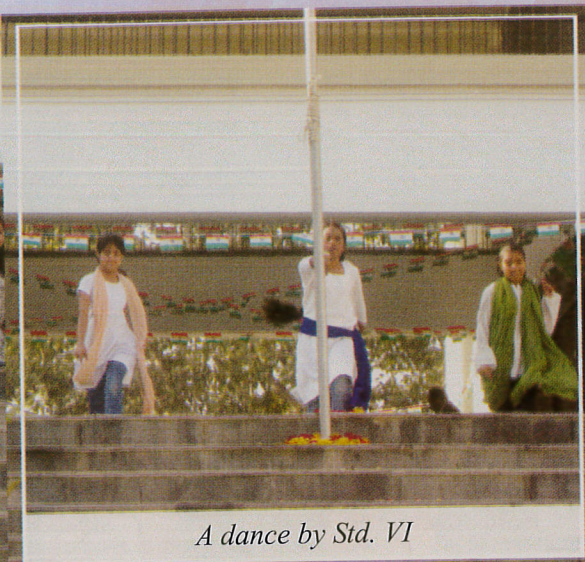
An Indian dance performance by Bhavna Govil, Nikita Thombre Yvonte Gotting.



Dr. L. C. Coutinho introduce the chief guest



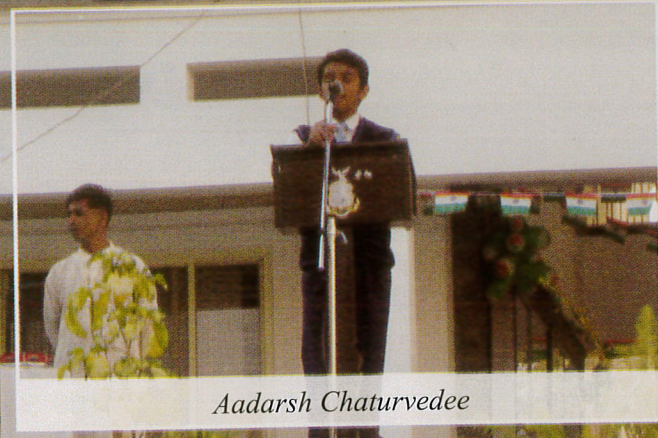
Medley Dance by Junior girls.



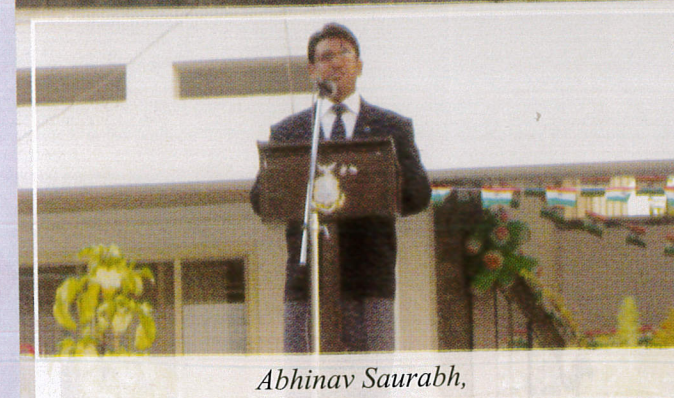
A dance by Std. VI



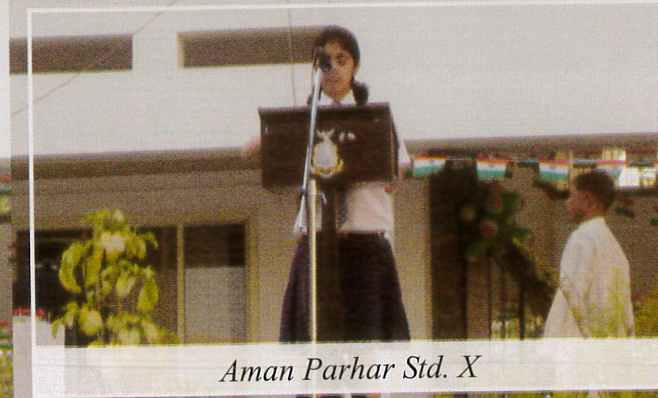
A Choir of little children sings songs, trained by Mrs. H. Jacob



Aadarsh Chaturvedee



Abhinav Saurabh,



Aman Parhar Std. X

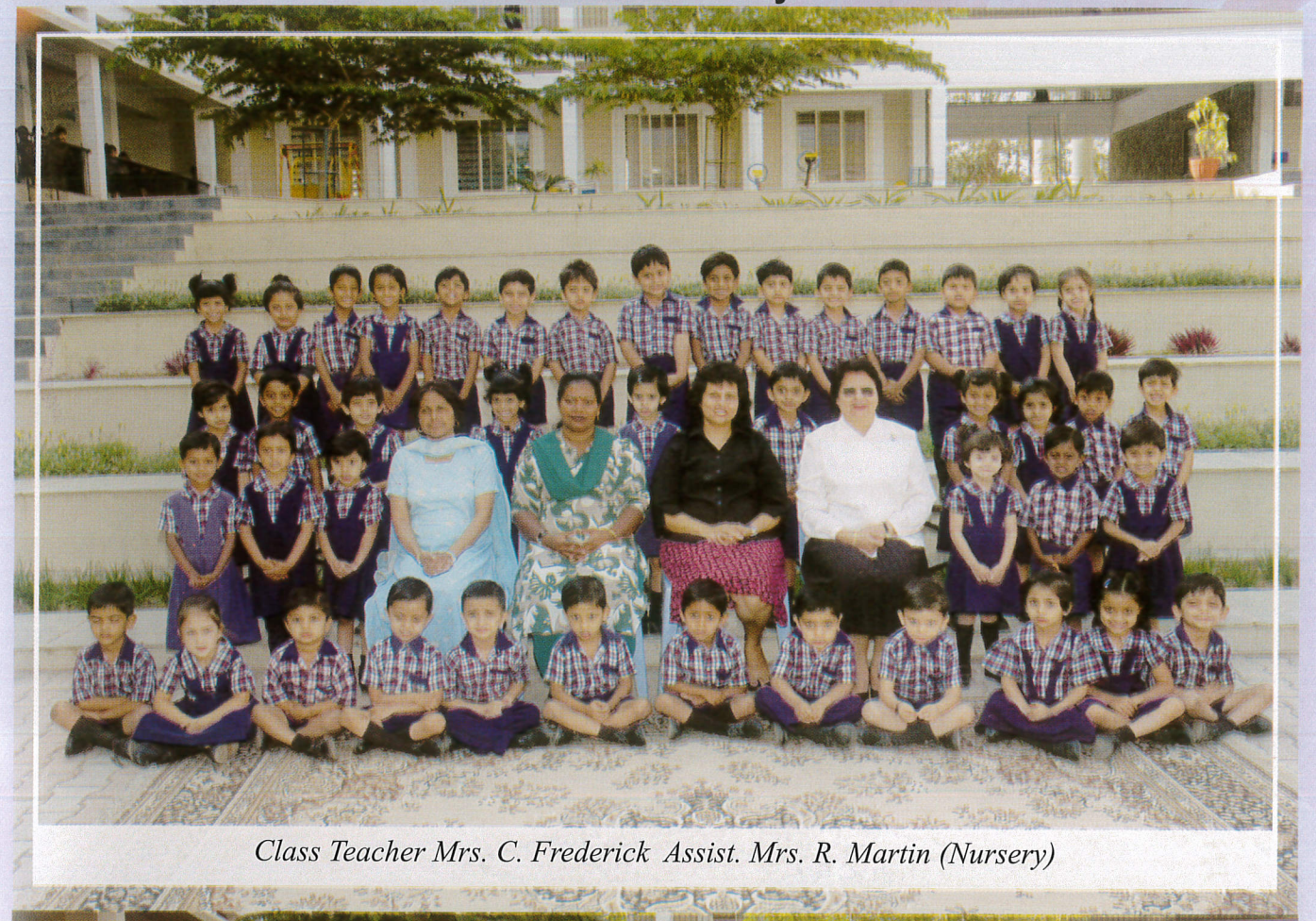


The Scout Troop make their Promise

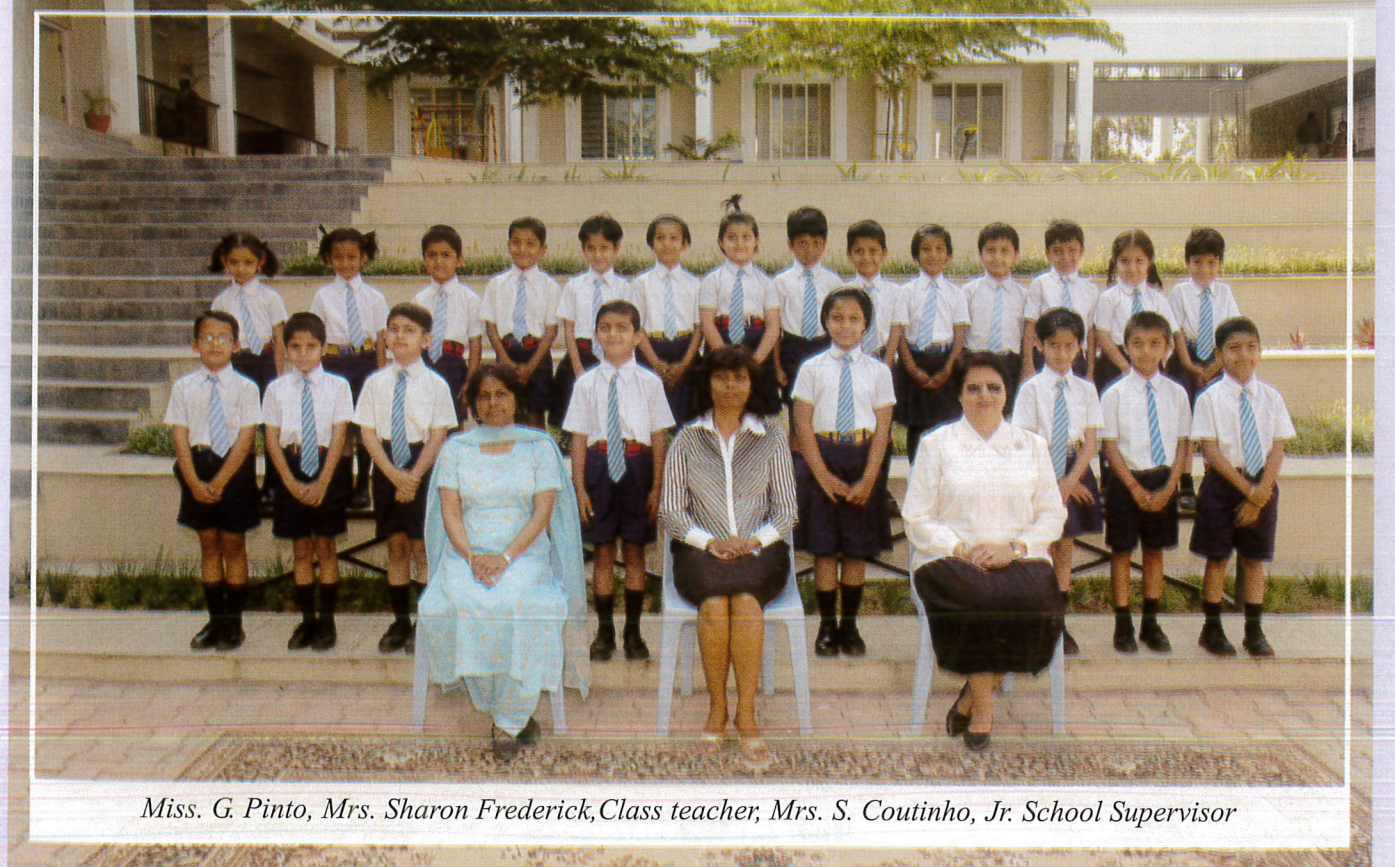


The Bulbul Flock make their promise

The Year Book - Nursery to Std XI



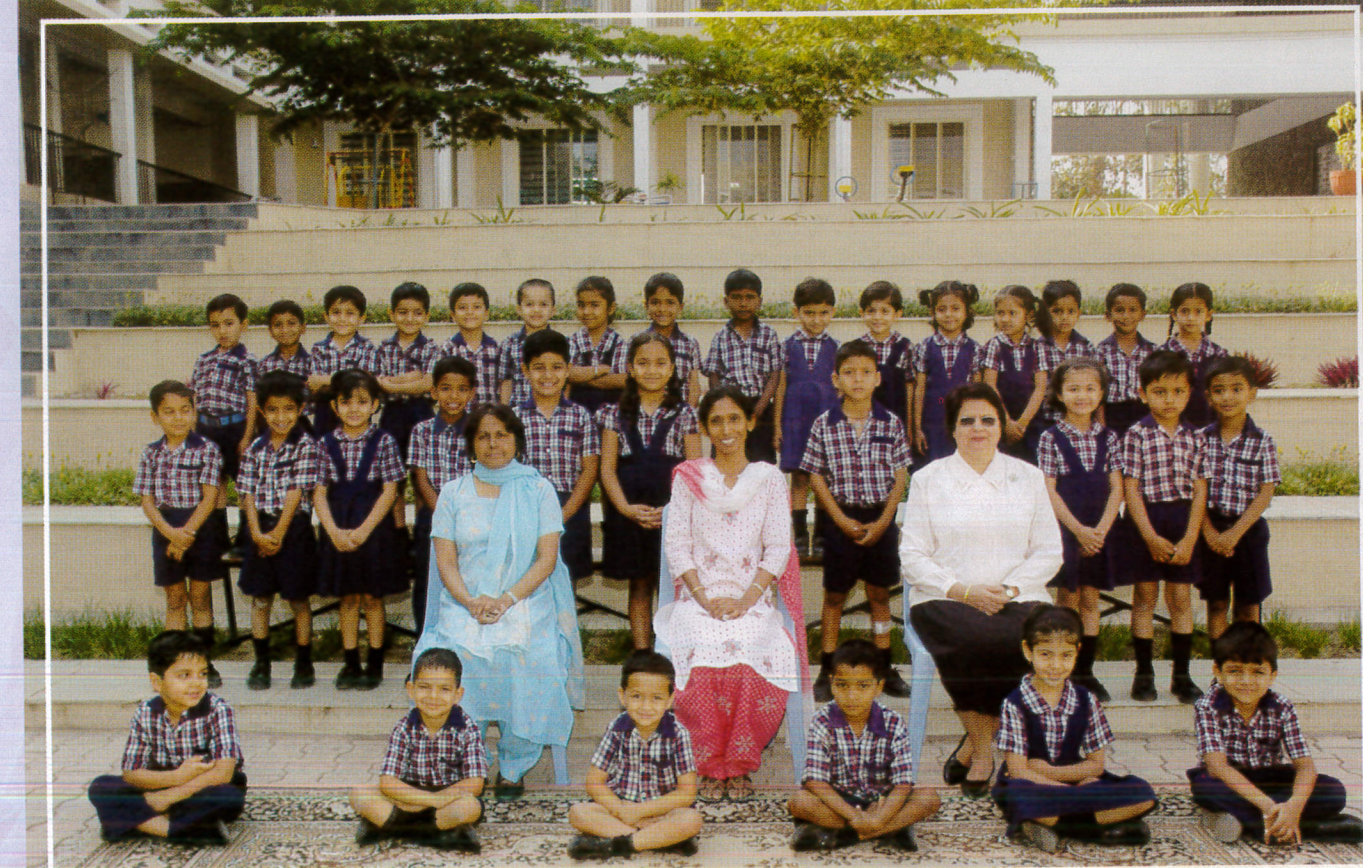
Class Teacher Mrs. C. Frederick Assist. Mrs. R. Martin (Nursery)



Miss. G. Pinto, Mrs. Sharon Frederick, Class teacher, Mrs. S. Coutinho, Jr. School Supervisor



Mrs. E. Tims (Prep A)



Miss. T. D'Souza (Prep B)



Miss B. Rai (1 A)



Mrs. B. D'Souza (1 B)



Mrs. S. Frederick (1 C)



Mrs. K. D'Souza (2 A)



Mrs. P. Daniel (2 B)



Mrs. P. Russell (2 C)



Mrs. J. Dinger (3 A)



Mrs. S. Johnstone (3 B)



Mrs. M. Fernandes (3 C)



Mrs. D. Simoes (4A)



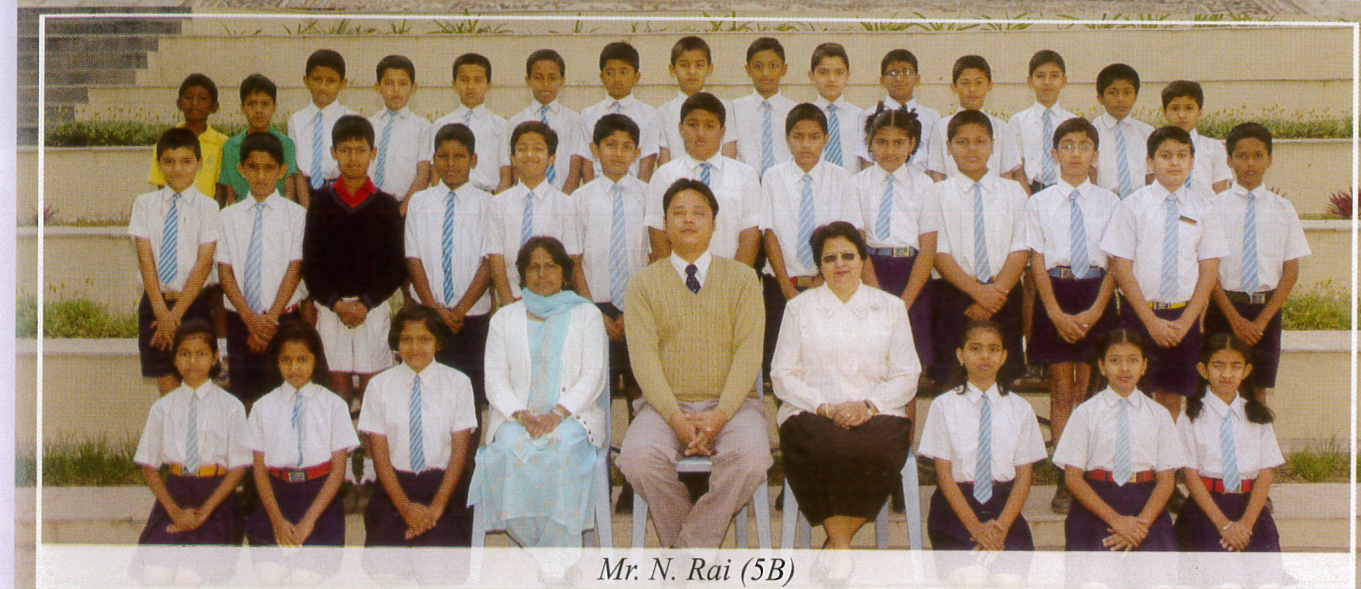
Mrs. S. Phillips (4 B)



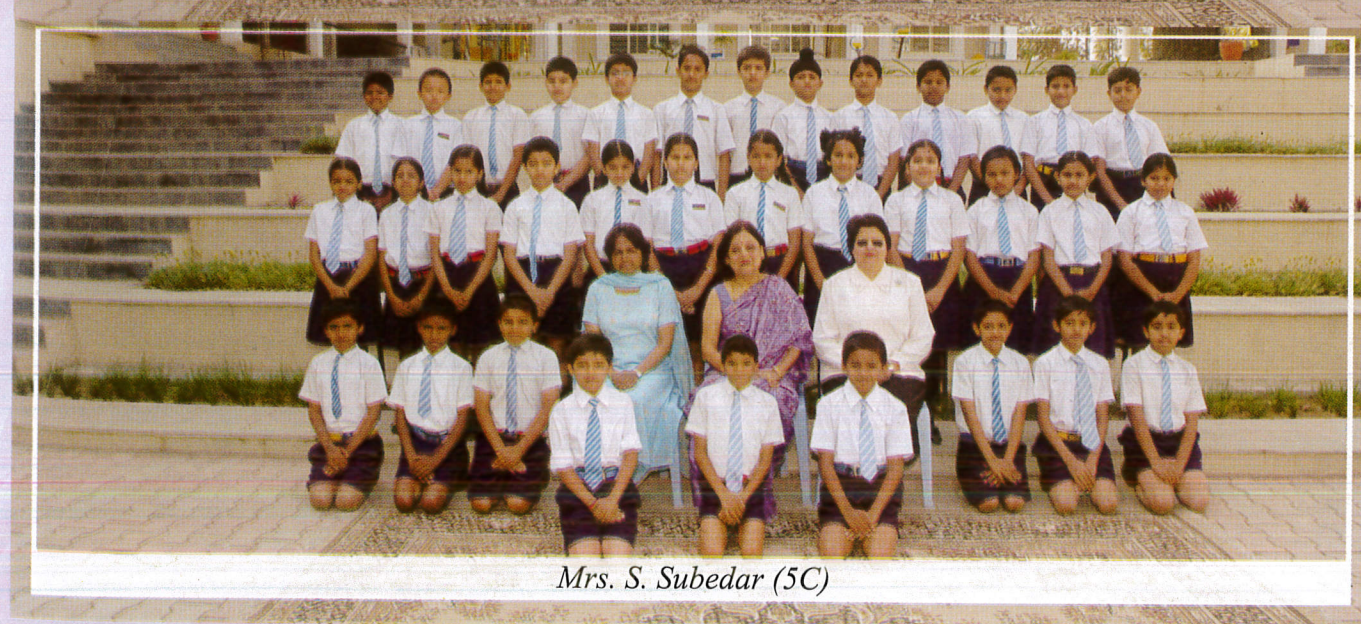
Mrs. S. D'Costa (4 C)



Mr. C. Massey Class (5 A)



Mr. N. Rai (5B)



Mrs. S. Subedar (5C)



Mrs. H. Philips (6 A)



Mr. C. P. Dinger (6 B)



Mr. S. Sathe (6 C)



Mr. F. D'Souza (7 A)



Mrs. S. Tims (7 B)



Mrs. S. Pilkhwal (7 C)



Mrs. A. Khan (8 A)



Mr. M. Oviehegan (8 B)



Mrs. S. Parmar (8 C)



Mr. M. Gunnion (9 A)



Mrs. S. Kulkarni (9 B)



Mr. V. Nair (9 C)



Std X A & B (Science) with their teachers, Principal & Vice Principal



Std X C (Commerce) with their teachers, Principal & Vice Principal

The School Teams



*Dr. L. C. Coutinho with School Football Team
Mr. M. Ovichegan - Coach*



*The School Debate Team L-R Mrs. S. Parmar, Dr. L. C. Coutinho Mrs. S. Philips
Garima Rghuvanshi, Aman Parhar, Mr. D.O'Conor*



*The School Cricket Team with Dr. L. C. Coutinho,
Mr. C. P. Dinger, Mr. M. Gunnion*

HOUSE REPORTS

Candy House report 2008 - 2009

Our motto "Never Give In"

As usual the extra curricular activities for the year 2008 - 2009 began with cross country although we didn't do well in this event Abhyudhay Parihar and Sydney Ryder did not let us



down. In football we were placed fourth in the overall points but we are proud to say that Fahad Momin , Munnawar Shaikh, Ranjan Prakash and Prabhat Prakash represented the school in different tournaments. In the Inter house singing competition we stood third in the overall points choir. "Up town girl" which was appreciated by all. Adhash Chaturvedee stood first with his rock-ing performance in the senior solo singing Jail-house rock, which captivated the audience.

Candy had done exceptionally well in the senior debates I am proud to say that we secured the first position, Aman Parhar was awarded the best speaker other members were Prathmesh

Salve, Suhani Shah, Baljeet Rawal and Adhash Chaturvedee.

In boxing we did not too well,Arman Sonkar, Niesh Jaiswal, Parzon Irani and others contributed in this event.

The major event in the second semester was Athletics. The boys took part in various track and field events with great enthusiasm. Some of the main contributors were Fahad Momin,Ranjan Prakash, Abhinav Saurabh, Prabhat Prakash, Savio and Elvis Roberts. In cricket we stood second in the house tournaments.The best player award went to Abhinav Saurabh and the highest scorer was Ranjan Prakash.

In the inter house Volleyball tournaments Candy lacking good players, unfortunately stood last.

In table tennis we put up a good fight and ended up third.

In badminton the performance of the boys was not good enough and they finished last and in Hockey we were placed third.

The last event of the academic year was basketball; we stood third in the house tournaments. Ranjan Munnawar, Fahad & Prabhat played well .Prabhat was the top scorer.

This year was not as good as expected, but we do hope and pray that we will do our best in the future and achieve better results with determination.

Captain : Fahad Momin

House Master : Mr.C P Dinger

Prefect : Munnawar Shaikh

Mr. F. Dsouza

JOAN OF ARC HOUSE REPORT (2008 - 2009)

The extra curricular activities for the academic year 2008 - 2009 began with the cross country and badminton. The girls of Joan of Arc



took active part in practising for their cross country & badminton matches & did well in both the events. This was followed by table - tennis where the girls put in their best efforts & stood second.

The next event were the debates and I am glad to say that our debating team was comprised of some good speakers like SANA KHAN, ADARSH CHATURVEDEE & AMAN PARHAR. The GREENS did exceptionally well securing the 1st position and AMAN PARHAR was judged the best speaker.

In the inter house dramatics the GREENS put up a mystery play "The monkey's paw" in which cast CHRISTINE MOSES was judged the best actor and the play secured the 2nd position. In the sing-

ing competition we stood third.

The other events in the second semester were athletics, softball & Throwball. The girls tried very hard but did not meet with much success. They look forward to becoming better in all the games. After all there has to be a winner and a loser. This was a wake-up call for the green house girls to better themselves. Hockey marked the end of the activities. A stiff competition was seen among the various houses and here they achieved the 2nd position.

Finally, our academicians did us proud by claiming the Study cup. As the motto of our house is "Never give in" and so the girls of Joan of Arc must work harder and do their best.

Wishing them all the best for the coming year.

HOUSE PRESIDENT

Mrs. H. Phillips

GREAVES HOUSE REPORT 2008-2009

Like all the previous years this year was another year full of games and activities, which kept the children and teachers, on their toes for most evenings of the year. These were evenings of excitement, challenges and rivalry.



The boys practised hard and gave their best on the final day of the Inter House Cross Country, unfortunately luck did not favour us and we missed the champion's title by a few points. For this we cannot forget the contributions of Kunal Jadhav Gaurav Pawar, Jalwayu Prasad, Sagar Lekhwani, Arif Khan, Sohail Shaikh and Sameer Khan.

In football due to some good team effort and major contributions from Imran Siddique, Gaurav Pawar, Jalwayu Prasad, Nikhleshwar Singh, Vernon Dias, Anoop Kumar, Jayal Pastakia and Sagar Lekhwani we reached the third position.

Though our Debating team was comprised of some good speakers in Karishma Doshi, Elsa Kurien, Jalwayu Prasad, Jaiveer Sharma, Raveena Patil and Kunal Jadhav we could manage the third position in this event.

In the Inter house Singing competition due to the effort of Mr. Shawn Tims the Vice President of our House along with the good voices of Jaiveer Sharma, Alison James and Suraj Rao we won the competition.

In the inter house Dramatics, Greaves put up a musical which did not please the Judges but was popular with the audience as we got a good round of applause.

The boys were very excited about the Boxing Championship and put in all the effort to take part. The major contributors were Kunal Jadhav, Jalwayu Prasad, Nikhleshwar Singh and Sameer Khan. In this event we stood third.

We came Third in Athletics. Our best Athletes were Imran Siddique, Sohail Shaikh, Kunal Jadhav, Nikhleshwar Singh, Rushikesh Wagh, Sameer Khan and Vernon Dias. Here we had some thing to cheer about as we won the Tug of War, Medley and the 4 x 400 relay.

Our boys put up an excellent performance in the ICT T-10 (Inter House Cricket tournament) by winning all the Matches in the A and B divisions. The important contributions came from Jalwayu Prasad, Jayal Pastakia, Nikhleshwar Singh, Aakash Srivastava, Kunal Jadhav, Sagar Lekhwani, Akshay Desale and Gaurav Siyal.

We won the Inter house Volleyball tournament. For this we must thank Himanshu Maghnani, Nikhleshwar Singh, Aakash Srivastava, Jayal Pastakia and Imran Siddique.

In the Hockey tournament we were the Champions. This was possible due to major contributions from Nitil Joshi, Nikhleshwar Singh, Himanshu Maghnani, Jayal Pastakia, Anoop Kumar and Akshay Desale.

In the Inter house Table Tennis and Badminton we came first and second respectively this was mainly due to Akash Srivastava, Azharuddin Shaikh, Amir Khan, Jayal Pastakia, Nikhleshwar Singh, Vaibhav Maheshwari Arif Khan and Anurag Kumar. We stood fourth in Basketball despite good performances from Jonathan Vint and Nikhleshwar Singh.

The boys will definitely try and keep up the good performance or even try to be better next year. We must thank all the boys for giving their best for the house and always playing as a team. Keep it up Greaves. Courage is Destiny.

President : Vivian Frederick

HELEN KELLER REPORT

Most educational institutions cater to the all-round development of a child - be it in the



classroom, on the sports field or even when it comes to choosing a career, schools play a very important part in shaping the life of a child, thus preparing him mentally and physically by and large to face the world. Barnes is one such boarding institution that provides and prepares a child to face the future.

During the year various activities are held. The new academic year began with Cross-country which triggered off excitement among all the girls, both new and old. The Blue House girls (though few in number) tried their best, but however, stood third in competing with the other three Houses. In Badminton there was Apoorva Singh and Aishwarya Pillay who in the 'B' team doubles played a keenly contested game; and again in the Singles 'A' team Apoorva Singh won against the Reds and Greens, thus bringing the House to second position.

In Table tennis and in hockey, though it was a tough struggle and the House succeeded in coming second.

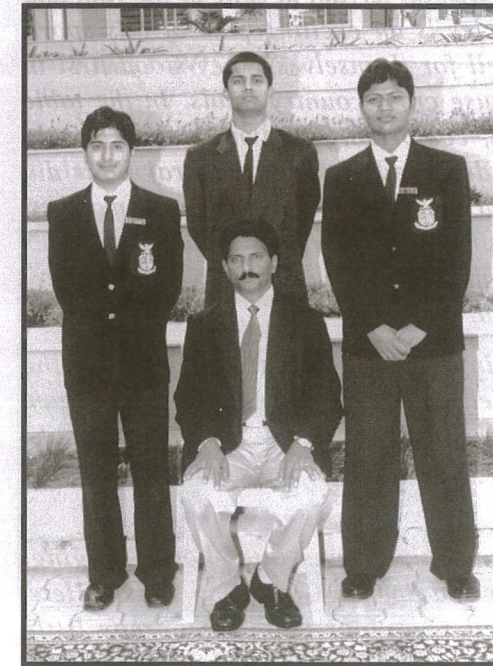
When it came to Singing; the Blue House bagged the first prize in the Senior division Solo singing, duet and the House choir. That evening the "Kellers", received a loud round of applause from the audience. This kept them in high spirits. On the Athletics field we had Samantha Rayneau who with her strength and stamina brought points to the House, when she came first in the 100 mts. run, shot put and discus throws. She, because of her excellent performance in Throw ball was also awarded "best player" for the year 2008-09. The House worked hard in Dramatics and Debates - but sad to say they did not meet with success.

However, it is the participation in all activities that is more important than the winning and so I wish the Blue House girls all the very best for the coming year. Good luck and God bless each one of you.

- Miss G. Pinto

ROYAL HOUSE REPORT 2008 - 2009

This academic year was divided into two semesters. The boys were engaged in a host of games in both the semesters. The first semester started with Cross Country in June. The performances of the Red house boys were good. Suraj Yadav received the first prize in the senior division while Ankur Kumar stood second in the junior division. Royal house stood second in the Cross Country finals.



In the Inter-house Football tournament, we stood second. The main contributors were Navin Singh, Rohit Choudhary, Suraj Yadav and Zeeshan Zaffar who also were part of the School Football Team.

In the Inter-house Debating competition, we were happy to secure the second position in the senior division. Our representatives were Rishabh Raj, Aditya Raj, Raj Kumar Bhatt, Chandan Aurora and Ali Akbar Baldiwalla. In the Junior Debates we were happy to secure the first place. Our representatives were Shaurya Veer Singh, Arnav Kundra and Shreyas Nair. Shaurya Veer Singh was adjudged the Best

Speaker of the Junior Debates.

We stood second in the Inter-house Singing competition. The Reds made it into the second position in the chorus singing category and in the duets with Shreyas Nair and Bhavna Govil. Marianna was acclaimed the best singer in the junior girls division.

The Inter-house Dramatics competition was held on 24th October, 2008. Royal and Edith Cavell presented "The Departed Soul". The Reds stood second. Zeeshan Zaffar and Bhavna Govil gave an outstanding performance.

The Inter-house Boxing competition was held on 18th October, 2008. We stood first. Zeeshan Zaffar was adjudged the Best Senior Boxer.

In Athletics, we stood second. The contributors and champions were Avinash Pandey in the Novice division, Aditya Raj in the Junior division, Pawan Lulla and Kenneth Extross in the Inter division. Navin Singh and Rohit Choudhary in the Senior division.

We stood fourth in the Inter-house Hockey tournament held in January 2009. We stood third in the Cricket and Volley ball competition. In the Badminton tournament we stood third. Pawan Lulla was adjudged the Best Player.

We Stood first in the Inter-house Basketball tournament. Rohit Choudhary was adjudged the Best player.

We hope and pray that the Royal house boys will perform much better in the years to come and bring honour to the house and school.

- President - Mr. V. Nair

- Vice President - Mr. M. K. Ovichegan

EDITH CAVELL - "FIRMNESS IN ACTION"

This year the first activity for the term was Cross-Country & Table Tennis. A lot of enthusiastic girls participated in cross-country. Running through all terrain in spite of the rain and other obstacles is an exciting part of this sport. They did well for themselves. They stood first in the inter house cross-country finals. In the table tennis team, comprising Bhavna Govil, Fouzia Shaikh, Sandra Frederick and Sukhraj Kaur did their best and stood first in the inter house matches. Bhavna Govil was judged the best player for this year. In Badminton too the girls did well. The house stood second.



In the inter-house debate competition the house did well and stood second. The junior team also performed well with a few good speakers like Sakshi Reddy, Mehal Singh. They achieved the first position.

The next activity was inter-house singing. Shreyas Nair and Bhavna Govil sang 'Almost Here' and received the second prize whereas little Marianna DeFigueiredo received the first prize for

the most famous Titanic song - 'My heart will go on.' The choir sang 'Chiquitita'.

Inter house dramatics was held in September. One act play 'The Dear Departed' was staged with Zishan Zaffar playing the central character of the grandfather. The other actors were Bhavna Govil, Sakshi Reddy, Kenneth Extross, Nikhil Ochani and Alisha Gupta played little Victoria who unfolds the suspense, which leads to humour. The house achieved the third position.

In the second semester the athletics field buzzed with a lot of activities morning and evening to reach the finals. The girls did extremely well and stood first Saranjit Kaur and Sandra Frederick proudly bagged the Rex Ludorum.

In Basketball too the team did well. They achieved the first position. Sandra Frederick was judged the best player for this year. In inter house hockey too the girls performed well. The team was a bit raw with a lot of new players like Marianna Figueredo. Sharanjit Kaur, Pranali More. However they played well. The house stood first. Sukhraj Kaur and Sandra Frederick were declared the best players.

An excellent job was also done by the house Captain & head girls Fouzia Shaikh who kept a microscopic watch on all the activities throughout the year. She was seen encouraging and coaxing the girls to participate in all the activities.

In conclusion I would like to congratulate all the participants as once again we have made it to the top this year too. We are looking forward to another year of success. Well done ! Reds. Hard work always pays well therefore continue to put in the best and the best result will be visible.

- **President** : Mrs. Smita Kulkarni

- **Vice President** - Mrs Bernadine Fernandez

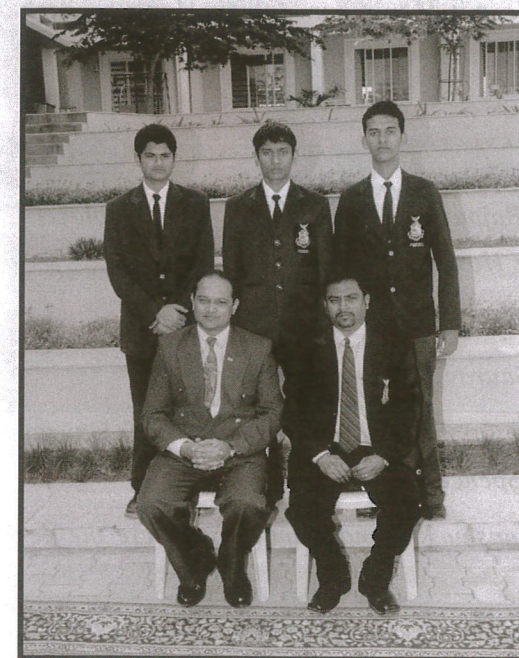
SPENCE HOUSE REPORT 2008 - 2009

"UNITY IS STRENGTH"

JAI HO ! SPENCE HOUSE

FIRST POSITION

SPENCE placed first in Cross Country, Badminton, Dramatics, Football and champion house in Athletics.



CROSS COUNTRY : Spence house and Cross-country share a special relationship. They repeated history again with "First Place". The cross country is proving to be Spence's favourite activity. Major contributors were Sasmit Manjrekar, Gaurav Sangle, Yash Khiara, Jamal Khan, Nadeem Malik, Kishore Thakur, Jonathan Ryder, Sagar Date, Nilesh Patel.

ATHLETICS : Spence came first. Their performance was excellent and everyone contributed points towards this victory. Sasmit Manjrekar was the champion in the Senior Division and also the 'BEST SPRINTER'. Nadeem Malik was the champion in the Junior Division and Jonathan Ryder was the champion in the Novice

Division. Many more participants like Vikas Patel, Yash Khiara, Jamal Khan, Vinay Pawar, Sagar Date, Kishore Thakur, Nilesh Patel and Hitesh Jaiswal also contributed.

FOOTBALL : Spence first again. Sasmit Manjrekar was adjudged the Best player of the year. Main participants were Vikas Patel, Gaurav Sangle, Sagar DAtE, Kishore Thakur, Yash Khiara, Jamal Khan, Vinay Pawar, Sagnik Nath, Abishkar Pradhan, Virendra Rajput and Nadeem Malik.

DRAMATICS : Another first place for Spence House. Again Sasmit Manjrekar got the best actor award. The other actors were Sagnik Nath and Abiskar Pradhan. Spence and Florence Nightingale stole the show as they were really outstanding. Kudos to Mrs. Sharon Frederick and all the other teachers of the yellow House who directed and helped them so splendidly.

BADMINTON : Spence came first and Abiskar Pradhan was adjudged the best player. The other players were Vikas Patel, Tabish Mansuri, Sasmit Manjrekar, Yash Khiara and Prasad Jage.

Vikas Patel of XI Commerce always bends his back for Spence but we are very thankful for our 'NEW ALLROUNDTR' Sasmit Manjrekar who has a very high calibre.

SECOND POSITION

BOXING : Vikas Patel, Yash Khiara, Shivam Sonar, Jonathan Ryder and Virendra Rajput were the champions in their category.

Tabish Mansuri was the runner up in the junior category. Yash Khiara was adjudged the best boxer in the junior category.

TABLE TENNIS : Vikas Patel, Sasmit Manjrekar, Yash Khiara, Virendra Rajput were the players who contributed for the house.

BASKETBALL : The players were Vikas Patel, Sasmit Manjrekar, Tabish Mansuri, Yash Khiara, Saud Kokni and Nadeem Malik. They contested the event bravely and defeated both Greaves and Candy.

THIRD POSITION

HOCKEY : Vikas Patel, Tabish Mansuri, Virendra Rajput and Jamal Khan were the players who played very well but this time bad luck for Spence House.

FOURTH POSITION

VOLLEYBALL : Vikas Patel, Sasmit Manjrekar, Gaurav Sangle tried their best.

CRICKET : Vikas Patel, Tabish Mansuri, Amit Gupta, Jamal Khan, Prasad Jage, Gaurav Sangle and Virendra Rajput were the main players of Spence House.

DEBATES : Abiskar Pradhan, Shivam Sonar, Himanshu Rai and Kunal Patil were the debaters representing Spence House.

SINGING : Jonathan Ryder was the best singer in the junior division. Abiskar Pradhan and Kunal Patil participated in the senior division.

All this has been achieved through the dedication, perseverance of each and every member of the house and we feel very proud of them. May they continue to strive and give their very best in participation and goodwill. A special thanks to the House President, Vice President and all the teachers of Spence House for their untiring, powerful direction, persevering attitude and undying sense of unity.

A special thank you and congratulations to the leaders of Spence House namely Vikas Patel, Sasmit Manjrekar, Prasad Jage, Kishore Thakur and its present leader Jamal Khan.

2008-2009 has been another memorable year for Spence House whose motto is 'UNITY IS STRENGTH'.

House President - Mr. Mario Gunnion.

Vice- President - Mr. Sachin Kulkarni.

Prefects 2008-09



Joan of Arc : P. Indise (Capt)
S. Shah (Prefect)
Mrs. C. Frederick, Mrs. H. Phillips



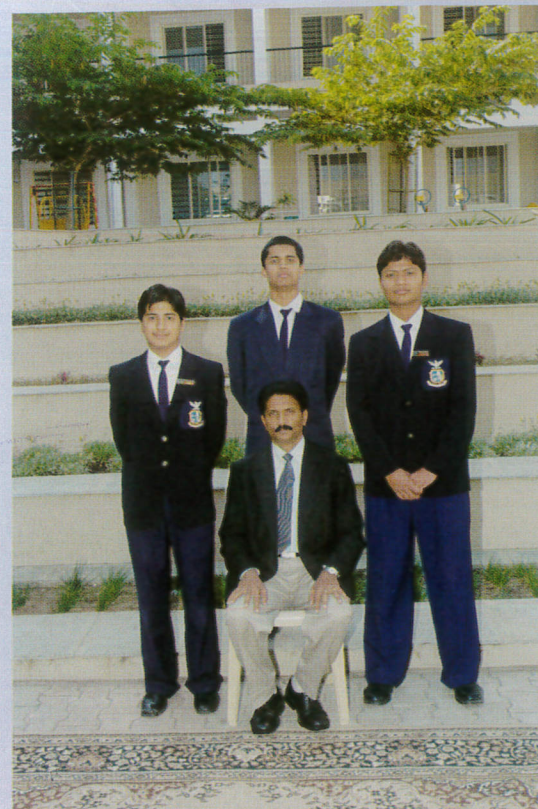
Candy House : Mr. C. P. Dinger (House Master),
Mr. F. D'Souza (VP), P. Savle,
F. D'Souza (Capt) M. Shaikh



Greaves House : Mr. V. Frederick,
Mr. S. Tims, J. Sharma, A. Shrivastava,
(Capt. & Head Boy) J. Prasad



Helen Kellar : K.Doshi (Prefect),
C. Bernard (Capt.), A. Singh (Prefect)
Sit : Mrs. A. Khan, Miss G. Pinto



Royal House : Mr. V. Nair, N. Ochan,
A. Raj, H. Hrushikesh (Capt.)



Edith Cavell : F. Shaikh (Capt),
A. Bhosle (Prefect), Mrs. B. Fernandez,
Mrs. S. Kulkarni and the Head Girl



Florence Nightingale : R. Gurung,
(Capt) A. Thapar (Prefect), Mrs J. Dinger,
Mrs. S. Frederick (And Vice Head Girl)



Spence House : Mr. S. Kulkarni (VP)
Mr. H. Gunnion (HM) H. Rai, V. Patel,
P. Jage (Capt) & Vice Head Boy

Florence Nightingale 2008 - 2009

Extra curricular activities play a big role in the life of a Barnes School Student. Every boy and girl looks forward to the game events for the year and a place to release excess energy.



This year Florence Nightingale bagged a few first positions.

BADMINTON - Congratulations to the teams The main contributions were Sayli More, Renu Gurung, Yvonne Gotting and Brigitte Phillips.

Congratulations to Renu Gurung who was adjudged the best player.

ATHLETICS - A shared trophy with our brother house - Spence.

The drill display and marching was so spectacular that we bagged the winning positions. There again well done children - one and all who contributed towards this victory. A few names are Renu Gurung, Yvonne Gotting, Kirti Kshirsagar, Daniella Roberts and Gayatri Choudhary.

THROW BALL - A game of strength, We seem to have a very strong team as this is the second consecutive year that we have won this tournament. Well done girls. Sejal Mehta, Brigitte Phillips, Sayli More, Simran Mehta, Isha Chitnis and Shreya Saxena.

DRAMATICS - This year we staged a comedy "The Pie and The Tart " and stole the show with an excellent performance by the actors. The Characters played by Sasmit Mangrekar and Sagnik Nath. The other characters were Jean Picerre the Baker played by Avhiskar and his wife played by Evelyn Jobard.

Sasmit Manjrekar was awarded Best Actor which he truly deserved. "Well done Sasmit"

3rd POSITION

HOCKEY - The girls tried their level best but managed to secure the third position. Better luck next time.

SOFTBALL - We were not so lucky here too. Girls work harder! Congratulations to Sayli More - The best player.

4th POSITION

SINGING - We secured the fourth position but we did have a few winners. Jonathan Ryder won the first prize in the junior Boys group.

"Oh Carol" Sejal Mehta won the second prize in the Senior girls group with the song "I Love you to want me".

TABLE TENNIS - A need for improvement and plenty of practice.

CROSS COUNTRY - Not a very good performance. A few girls did shine above the rest . They were Renu Gurung.

BASKETBALL - The girls surely need to work on their aim and stamina. Practice makes perfect.

This year we had a few hits and plenty of misses , but with determination and hard work, there is room for improvement.

So girls gear up for the year 2009 - 2010

- Mrs. S. Frederick

JUNIOR COLLEGE REPORT

The initiative to introduce the + 2 stage of the ICSE Board [ISC 12] offering Commerce and Science faculties was taken by our Principal Dr. L. C. Coutinho and the honourable members of the Bombay Education Society, after ratifying the proposal, set all out for its implementation. The primary step in this direction was to obtain the sanction and approval from the Council at New Delhi. All formalities were completed and norms complied with towards its introduction in our esteemed institution. An inspection was conducted by the council authority and its findings were found favourable to the set standards relating to the fee structure, admission procedure, faculty members, their remuneration and other related areas were considered, discussed and after scrutiny were implemented. In mid July 2008, history repeated itself when the vision of the initiators came true with the commencement of the Commerce and Science classes having a total strength of 47 students with 31 students offering Commerce and 16 students offering Science. In addition , we are proud to place on record that 16 boys and 8 girls were admitted as boarders. Two new dormitories were made available to house the boys and girls in their respective blocks. Mr. M Johnstone, now a former teacher was then entrusted with the responsibility of the junior College.

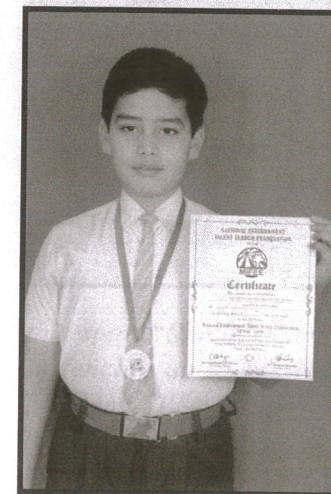
It was in October 2008, when Mr. M. Johnstone left for the U. K. On a new assignment , that I was called upon to shoulder his responsibility and task to move the college ahead in the right direction . I am indeed proud to mention here, that not only do I have the privilege of teaching them, but also have been counselling and interacting with them on various occasions. A team of our students Garima Raghuvanshy, Sejal Mehta, Rhea Smith, Zishan Zaffar, Abhiroop Chattopadhyay and Sasmit Manjrekar put in their sincere efforts in bringing about a bi - monthly news magazine, titled ' The Blue and White' The inaugural issue was released by an ex - student and film star Mr. Arshad Warsi at the annual school fete held on 1 st February 2009. We congratulate this team and wish them all the very best for the future. I am sure that under the continues guidance and counsel of our Principal and seniors, our students will soar to great heights.

We look forward to your support and of course, God's blessings on our institution.

Mr. R.S. Russell
Junior College Coordinator

ACHIEVEMENT

Report of National Environment Talent Search Examination November - 2008



55 Students of Barnes School, Deolali, District sat for the Annual All India National Environmental Talent Search Examination (NETSE) organized and sponsored by MIFEE, Panaji, which was conducted on the 22nd of November, 2008 by Mr. Mario Gunnion, the teacher in charge. The school center No. was 7088 and Barnes School students from class IV to XI were very impressive. Certificates were conferred on each one of the 55 students and Vijit Datta who scored 96% won a gold medal and a silver medal was bestowed on the teacher in charge Mr. Mario Gunnion. This was a grand success. A special thank you to our school Principal Dr. L.C. Coutinho for his untiring support and several others who made this day a very memorable one. We

congratulate each participant and winner and pledge to be aware of our environment and foster its growth.

-Mr. M. Gunnion



Little Champion
Jhanvi Sharma of Prep 'B' with her
gold Medal & Certificate for securing the
1 st postion in district roller skating competiion
in the under '6' category.
We are proud of you Jhanvi - keep going !

Achievers (Sports)



Our Junior Olympian, The Sydney Games, Jan 2009



Manav receives a word of encouragement from Dr. L.C. Coutinho

FENCING CLUB



"Never Mind what others do, Do better than yourselves,

Beat your own records every day, and aim for a better tomorrow.

then you see how, Success will chase you."

The year 2008 was different for us at Barnes as Fencing as a sport was introduced in our school for the first time. Our Principal, Dr. L.C. Coutinho appointed our Psy. Counsellor Miss Shruti Waydande as the chief instructor to see to the fencing activity on club-days and train the keen and interested children in

this sport. "Shiv Chhatrapati sports Award winner", Miss Shruti Waydande, with an experience in fencing up to the National level and with her, "the team of Miss Bandana Rai and Mrs. Bandana D'Souza took ten interested students consisting of two girls and eight boys. They are as follows :

Girls :

Boys :

- | | | | |
|-----------------------|------------------|---------------------|----------------|
| 1. Brigitte Phillips | 1. Manav Chandak | 2. Mehmood Hamdulay | 3. Karan Doshi |
| 2. Mehal Singh | 4. Yusuf Avsar | 5. Rushad Sarosh | 6. Zaid Shaikh |
| 7. Leeander Fernandes | 8. Sagar Rawat | | |

We however did not know what to expect from them but we got a total of nine medals in different events for our school. Now we are known as the Best Fencing school team of Nashik. All ten participants within an age group of twelve to sixteen years took part in the 'District Fencing competition. Brigitte Phillips and Mehal Singh among the girls and Manav Chandak, Yusuf Avsar and Leeander Fernandes among the boys got selected for the 'State level'.

Well our story does not end here as three students Brigitte Phillips, Mehal Singh and Manav Chandak got selected for the national level and from amongst the three "Manav Chandak" won a gold medal in the "Junior Fencing National" held at Hyderabad, Andhra Pradesh.

Manav was selected to take part in the "Australian Youth Olympic Games - 2008" held in Sydney. He proudly represented our country India and took the dreams of all Barnes School children higher.

Well he could not win the title but he still pursues his dreams and so do the budding fencers of Barnes for they believe "When the going get tough, the tough get going".

The fencing club team members and students are very thankful to our Principal Dr. L.C. Coutinho, our Vice-Principal Mr. T. Jacob all staff members & last but not the least our school driver Mr. Hawaldar who have encouraged and supported us in whatever possible way they could in our times of need.

Achievement of Barnes School : Total 09 Medals

Gold - 03

Silver - 03

Bronze - 03

- | | | |
|--------------------------------------|--------------------------------------|---|
| 1. Brigitte Phillips
(02 - State) | 1. Mehal Singh
(02 - State) | 1. Brigitte Phillips
(01 - District) |
| 2. Manav Chandak
(01 - National) | 2. Leander Fernandes
(01 - State) | 2. Manav Chandak
(02 - District/State) |

Report by - Mrs. B.G. D'Souza
Convener - Miss S. Waydande

Flight Club



Eye Camp



Children's Article Section



❖ MEMORISATION ❖

❖ You & Me ❖

On behalf of nature,
The wind, the sun, the moon,
Bestow unceasing love,
In night, in morning and during the
noon.

Silver silence breaking through,
One bird, the human, the sun,
Spreads the flow of peace,
In sky, in air and also across the
ocean.

Grace oozes through,
One lass, the grass, the flower,
A ray of the divine,
In touch, in feel and in the atmos-
phere.

Frantic zeal in flower's aroma,
The pond, the river, the sea,
keeps everyone healthy,
In joy, in peril and in a universe spree.

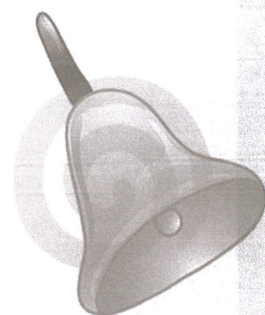
Bhadra V. Nampoothiri ,8 C

Come and join the world of cerebration,
Where there is a lot of memorisation.
We got Maths with its multiplication,
And algebra with its verification.
Elocution with its clarification,
And confusing alliterations.

History with its civilizations,
And Egypt with its mummification.
Civics with its cooperation,
Geography with its markation,
And science with its separation
Along with decantation.

Hindi with its ' Matras' leading to complication,
A mistake in English means humiliation.
So you see there's a lot of memorisation.
With Multiplication, Verification, Civilization, Methods of
Mummification, Clarification, Alliterations, Co-operation,
Markation, Complication
And a lot of humiliation.

Sakshi Reddy, 8C



❖ This is who I am ❖

As I lay awake at nights, I think about the day that just went by, wondering if I could have changed anything to make it better.

I think about my future, what I can do to reach my dreams, how to achieve them, if I have what it takes, and if I'm on the right path in life.

❖The School Bell❖

*Ding dong ding,
Here we go to school,
Hurry, Hurry
and we scurry,
anxiously I wait,
not to be late,
and the bell rings, after one period to sing,*

*Ding dong ding
and the children smile and sing,
we wait to munch, and crunch
our lunch.*

*Ding dong ding 123
Ding dong ding abc
cats and dogs, parrots and cocks,
all sing when the bell rings.*

-Mayank P. Jaitli, 6 A



I think about my past and all the people I've met who I've liked and disliked, my family and friends, how I grew up, and what I've accomplished.

I think about what's really important to me, my morals and values. I think of how the world works, and how I would change it if I could.

I think of what I've been through and how I feel and at the end of the day I think of who I am.

*By - Caroline Bernard
X-C*

❖ MY SCHOOL ❖

My school is "Barnes" by name Knowledge is its main aim. With a library full of books and my classroom, just take a look.

A nursery full of tiny tots which are adorable to all a lot. My class is naughty. Where children add upto thirty My school may be in the west but it is the Very Best.

*By Akshay Bankar
VIII-C.*

❖ THE PLEADING MOTHER ❖

*The greatest weight lifter ever;
holding billions of building,
The largest water tank ever;
with a capacity of millions of litres,
The only one to filter down light,
The only one to make food for others
without a morsel for itself,
Guess What ! It's Mother Earth.*

*And now since it seems to have been proved
that life does end some time,
The earth does plead to its sons and
daughters to help it survive.*

*Oh Mankind ! For once do listen to your
creator as it pleads,*

*For all this while it's been your reign of kingship,
For once do help your creator live
for your own good,*

*For once do support your creator
Who is admitted to the I.C.U currently
And the ventilator won't last for long,*

*Lest you shall be wiped out because of your own deeds....
Do remember to keep doors open
opportunities which knock only once, And if lost cannot
be found ever, destroyed earth will never reappear, And
then the benevolent, earthly, dear earth would be the worst
hell....*

That hopeless men would choose to die than live....

*- Ashwini Bhutada, 8 C
Joan of Arc*



❖ The Value of Time ❖

*So regularly blow the monsoon winds
Promptly in the month of June
The tides come at the appointed hour,
Not too late nor too soon
With precise timing, around the sun
Revolve the planets nine
Such strict things nature's live
Then how much in mine ?*

*By- Dhruv Chaugule, Class -III C,
GREAVES*



RIDDLES

- ❖ What has hands, but is not flesh, bone or blood
→ **A CLOCK**
- ❖ The more you take the more you leave behind
→ **FOOTSTEPS**
- ❖ They come at night without being called and are lost in day without being stolen.
→ **STARS**
- ❖ They are dark and always on the run, without the sun there would be none.
→ **SHADOW**
- ❖ What kind of room has no doors and windows ?
→ **MUSHROOM**
- ❖ I look at you, you look at me. I raise my right, you raise your left.
What's the object?
→ **MIRROR**
- ❖ Forward I am heavy, backward I am not. what am I ?
→ **TON**
- ❖ Which two words have the most letters in it ?
→ **POST-OFFICE**
- ❖ What common English verb becomes its own past tense by rearranging its letters ?
→ **EAT or ATE**
- ❖ What can you catch but not throw ?
→ **A COLD**

- Ashwini Bhutada, 8C
Joan of Arc

MISTAKES

- | | |
|--|---|
| Q.1- If a barber makes a mistake ? | Q.6- If a driver makes a mistake ? |
| Ans. A new hair style | Ans. A new skill of driving. |
| Q.2- If a tailor makes a mistake ? | Q.7- If a doctor makes a mistake ? |
| Ans. A new Fashion. | Ans. A new operation. |
| Q.3- If a Scientist makes a mistake ? | Q.8- If a teacher makes a mistake ? |
| Ans. A new invention. | Ans. A new subject. |
| Q.4- If an engineer makes a mistake ? | Q.9- But when a child makes a mistake ? |
| Ans. A new design. | Ans. Sigh! It remains a mistake! |
| Q.5- If a politician makes a mistake ? | |
| Ans. A new law | |

- Shachi Chavgle, 8C
Helen Keller

Learn to Care

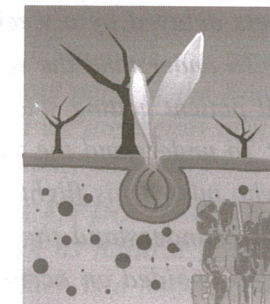
Ecofriendly ! Ecofriendly !

Sound so casual now-a-days,
Everyone says, 'Plant trees, save trees',
But who cares for it the next day ?

Birds are dying, animals are pleading,
Bears are drowning too ?
Glaciers are melting, permafrost is melting,
Fresh water resources are depleting now.

Many species are on the verge of
extinction,
Global warming and global climate change are
the reasons.
The raining drops which we used to enjoy,
Is now taking our lives.

Summer holidays in which
we used to relax,
Is used to fight for water
now-a-days.
The rise in temperature and
heavy rainfall,
Are responsible for this
miserable lifestyle.



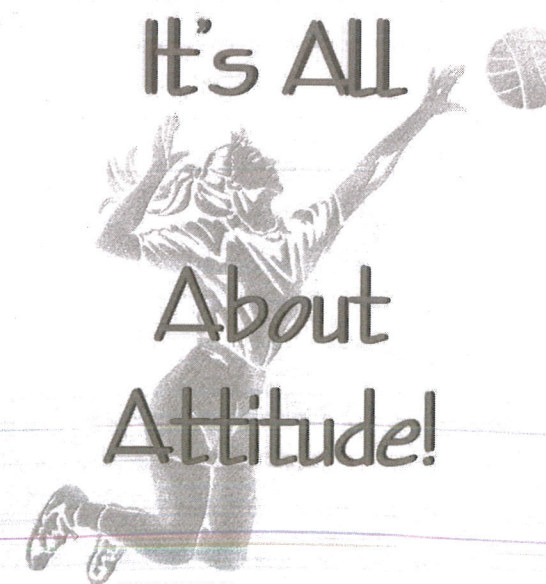
Floods and droughts are the bones of Mother earth,
Our greedy deeds are putting us in,
Debts before Mother earth now-a-days.

So my dear friends, Lets take an oath to safeguard
our Mother earth,
Because we only have one Mother earth,
So come, lets learn to share and care for our
Mother earth.

But what should we share ?
Lets learn to care, to use limited resources without
wastage,
And lets learn to share,
Ecofriendly ideologies to cut,
Greenhouse gas emissions,
From the very first stage.

This is the time to move from
Rhetoric to execution,
To save Mother earth, And this is the way to
become an Ecofriendly guest of this
beautiful earth.

Varsha Binwani, XI, commerce.



ATTITUDE

Assess your background in spring with roses
And not in autumn with dry foliage;
Remember your days when dreams came true
And not those nights with shattered hopes.
Look forward for the rising east
Not over the shoulders for sinking sun;
Go ahead with winning strides
Not with wavering zig zag turn.
Life is full of silver and gold
not only iron with rust and mould.
Have complete faith in your own self
And God will be always there for your help.

Harpreet Singh Badyal, VII-C

Window facing a forest wild....

Now, I look outside the window of my classroom,
facing a forest wild....
And I wonder thirty years later, will I forget the
times in which I was just a child....

I want to weave every moment of my childhood
into any immortal shape
So that when I am too old to laugh, too old to cry,
I could relive my childhood days...

I want to remember how when younger
everything amazed me and took my breath away...
Be it a cute little puppy, a four leafed clover, a clay
doll, or a huge truck on its way...

I don't wish to forget those colourful frocks,
Some with polkas, some flowery, I loved to wear...
And those shiny, purple and lilac hair clips.
Which were always in my braided hair...

I even want to remember, how when younger
I didn't need to pretend...
to be smarter, to be richer, to be funnier,
To make a friend...

I want to remember the slides and see saws
I played on in the neighbouring park....
With my best mates, giggling idiotically being as
gay and as happy as a lark....

There are so many things I wish remember
so many moments sweet....
From playing in the monsoon mud to running in
the hot autumn heat.

If I knew I was going to miss my childhood so much,
I would want to remain a child....
I wonder now, thirty years later will I ever look
through a window facing a forest wild....



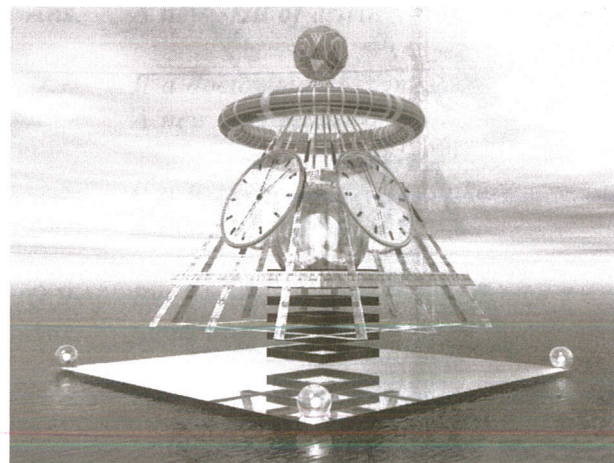
Surbhi Dhupad
7 -C

Time

Time and tide wait for none. Time as you all know is a
priceless resource since it cannot be created or
unwound. It's like the sun which rises every morning
to enlighten the world and never half. It sets every
night to arise afresh the next day. Therefore we should
respect time by being punctual, disciplined and
sincere. To understand the value of time let's see the
undermentioned instances.

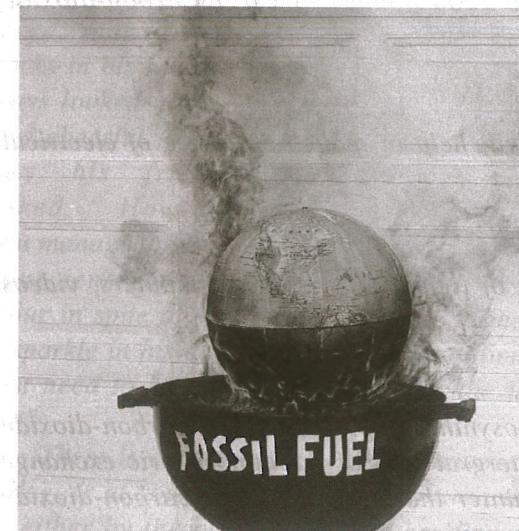
- * To understand the value of a year ask a child who
has to repeat a class.
- * To understand the value of a month ask an
employee who misses his month's salary and has to
run a household.
- * To understand the value of a week ask a farmer
who in anticipation has sown his seeds but the rain
gets delayed by a week.
- * To understand the value of an hour ask a seriously
ill patient getting stuck in a jam.
- * To understand the value of a minute ask a person
who missed his flight.
- * To understand the value of second ask a person
who avoided an accident.
- * To understand the value of millisecond ask an
athlete who missed the gold by a millisecond.

- Arnav Kundra
7 C



TOPIC : GLOBAL WARMING HOW TO PREVENT IT.

Scientists have determined that a number of human activities are contributing to excessive amounts
of green house gases into the atmosphere such as carbon-dioxide methane etc. These accumulate in
the atmosphere and trap the heat that normally escapes
in outer space.



As the concentration of green house gases has in-
creased, more heat is trapped in the atmosphere and
less escapes into space. This increase in trapped heat
changes the climate and alters the weather pattern which
may hasten species extinction, influence the length of
seasons, cause coastal flooding, lead to more frequent
and severe storms etc.

GLOBAL WARMING MAY KILL BILLIONS THIS CENTURY.

'James Lovelock' became the World's most cel-
ebrated environmental scientist after he proposed that
the world has passed the point of no return with an is-
sue of warning of Global warming. He also said that
mankind has pushed the planet to a breaking point and

it pays to listen to him.

According to "J. Lovelock" there is still time to prevent disaster at this stage.
We should be the heart and mind of the Earth not its Malady.
We should remember that we are a part of it and it is indeed our home.
Therefore lets not waste time, let's save our Earth .

TOP 10 THINGS YOU CAN DO TO REDUCE GLOBAL WARMING

Burning fossil fuels such as natural gas, coal, oil, and gasoline raises the level of carbon-
dioxide in the atmosphere which is a major contributor of Greenhouse effect and Global Warming.

You can help to reduce the demand for fossil fuels which in turn decreases Global Warming as
you start using connentional energy more wisely. There are 10 simple actions you can take to help
reduce global warming :

1. REDUCE, REUSE, RECYCLE :

Do your part to reduce waste by choosing reusable products instead of disposable. Buy products
with minimal packaging which help to reduce waste. By recycling half your household waste you can
save 2400 pounds (lbs) of carbon-dioxide annually.

2. USE LESS HEAT AND AIR-CONDITIONING :

Add insulation to your walls and attic, keep temperatures moderate at all times. This will reduce
the amount of energy you need. This could save about 2000 pounds of carbon-di-oxide each year.

3. CHANGE LIGHT BULBS :

Wherever practical replace regular light bulbs with compact fluorescent light (CFL) bulbs. CFL
lasts ten times longer than incandescent bulbs and uses two third's less energy, gives 70% less heat.
If every family in the US replaced regular bulbs with CFL, it would eliminate 90 billion pounds of
green house gases, which is same as taking 7.5 million cars off the roads.

4. DRIVE LESS AND DRIVE SMART :

Less driving means bewen emissions . Besides saving gasoline, walking and biking are great
forms of exercise. Explore your community's Mass Trawsit System (Local transport), and check out

improve the gas mileage by more than 3%. Every gallon of gas saved not only helps budget, it also keeps 20 pounds of Carbon-dioxide out of the atmosphere.

5. BUY ENERGY EFFICIENT PRODUCTS :

When it is time to buy a new car, choose the one that offers good gas mileage. Use CFL bulbs etc. If you reduce your household garbage by 10% you save 1200 pounds of Co₂ / Carbon-dioxide annually.

6. USE LESS HOT WATER :

Set your heater to lower degree to save energy, this will help in reducing the use of electrical energy.

7. USE THE 'OFF' SWITCH :

Save electricity to reduce global warming by turning of lights, Television , computers, videos when not in use. This will help to conserve vital energy.

8. PLANT A TREE :

If you are interested, plant a tree During photosynthesis, plants absorb carbon-dioxide from the atmosphere and give off oxygen. They are an intergral part of the atmospheric exchange cycle on earth. But, there are too few plants to fully counter the increase in the carbon-dioxide caused by traffic, manufacturing units and other human activities.

9. GET A UTILITY CARD FROM YOUR GOVERNMENT :

Many utility companies provide free home energy audits to help consumers to be energy efficient. They help to pay for the cost of energy efficient upgrades.

10. ENCOURAGE OTHERS TO CONSERVE :

Share information on recycling, reuse, and energy conservation with friends, neighbours and co-workers. Help public officials to establish programs on environment.

Less energy use means less dependance on fossil fuels that cause Green House Gases that contribute to Global Warming "

- Shilpa R. Manwani, VI- A

JOKES

My Mood !

When my mood is good
I like to have some food
when my mood is bad
I like to irritate my mom and dad
when I go to school
I dislike to follow the rules
when I am at home
In the garden I romp
When I go to play
I make things of clay
when I go to bed
I think of the next day ahead.

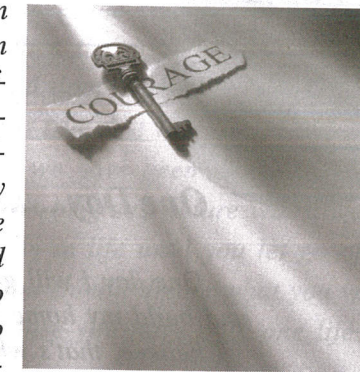
By Ujjwal Godse, VII- C

1. What is the opposite of Dominoes ?
Ans. Domi doesn't know.
2. How do you confuse a stupid person ?
Ans. Put him in a round room and tell him to sit in the corner.
3. Santa : Can you spell a word that has more than two letters in it?
Ans. Banta : POST OFFICE
4. Dress code for a party. 'BLACK TIES ONLY'
Banta and Santa go for the party and are surprised to see that other guests are wearing suits also.
5. Your future depends on your dreams.
Ans. So go to sleep.

- Arnav Kundra, 7 C

Courage

There was an old farmer who in spite of having suffered many setbacks in his life always looked happy and cheerful . One day his friend asked, " How do you manage to keep your sense of humour in spite of such setbacks?" The farmer, with a sparkle in his eyes, said, " It is not difficult, you just need to learn to cooperate with the inevitable"



There is an old saying, "When nature throws a dagger at you there are only two ways to catch it, either by the blade on by the handle." Living with courage means to catch the dagger by the handle and use it as a tool to your advantage.

- Anurag Kumar, IX B

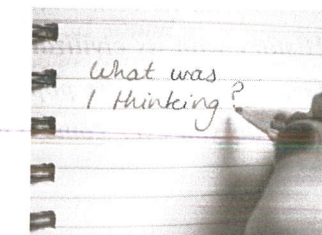
Some Thoughts For U Friends

A nother dream ? Possible
A nother day ? Possible
A nother year ? Possible
A nother friend like U ? IMPOSSIBLE.....

* I can't find a reason why God introduced U to me, but that's not the question. The question is how did God know that I needed a friend like U.

* True friends are like diamonds precious & rare, false friends are like autumns leaves found everywhere don't be afraid of your enemies for they won't harm you, they are the ones who tell you your faults.

- Christine Moses
VIII A



ON LOSING OUR FOOTBALL FINALS

We went to Azad maidan in full force,
Had within us a lot of hopes.

The first half went off pretty well,
Almost all of us rolled and fell.

Sprains and pains were all a part of the game,
for which use cannot anyone balance

The second half started with a shock,
and our opponents got their first knock !

Alas ! how could the goalie miss the ball ?
A sure shot reason for our fault.

And yet we fought back tooth and nail,
Every ball a different tale.

Then the ball hit the pole
and our opponents got their second goal.

Every penalty our hopes were high,
but sadly they ended with a sigh.

As the end of the match drew near,
every eye was filled with tears.

Sadly to the dressing room we went,
with long faces and heads bent.

Then came our coach with some cheer,
telling us all not to fear.

For although we had lost the gold,
we still had the silver to behold.

- By Harshal Vanikar



TONGUE - TWISTERS

- * Five flying flamingoes fought to be first.
- * Double bubble gum bubbles double.
- * If you notice this notice, you will notice that this notice is not worth noticing.
- * The boot black bought the black back.
- * A big black bug bit a big black bear, made the big black bear bleed blood.
- * Which witch wished which wished wish ?
- * The sixth sick sheik sixth sheep is sick.
- * Which wrist watch is a swiss wrist watch ?
- * I scream, you scream, we all scream for ice-cram.
- * I wish to wish the wish you wish to wish, but if you wish the witches wishes, I wont wish the wish you wish to wish.
- * Sounding by sound is a method of sounding sounds.

- Pankhudi Gupta
10 A

MY FAVORITE TEACHER

My favourite teacher is Mr. Tims,
He leads the assembly with wonderful hymns !
He teaches us very well,
Whether it's William Shakespeare,
Wordsworth or Lewis Carroll.
His shout is like a lion roaring,
But his stories are never-ever boring.
He teaches like a learned scholar,
Each word he uses equals a dollar.
His teaching makes our imagination run,
This makes his subject all the more fun !
His jolly laugh can be heard for miles,
Shaking the windows and the tiles !
I hope he teaches us forever,
Leaving this school never-ever !!

- Carishma Nevis, 8 C



One Day.....

One day I will go to the moon;
and build my home very soon;
I believe, that's why I can;
this is true for each and every man.
No matter on that lonely land;
if there be none to hold my hand;
I believe, that's why I can;
this is true for each and every man.
In anything I feel no wonder.
Because impossible takes just a little longer;
I believe, that's why I can;
this is true for each and every man.

- Rhea K. Manchanda
II A



Examination

Why do you ever come oh ! Examination ?
It is hard to study with concentration.
Results are no satisfaction.
Maths and Geomentry with its construction,
English with its composition,
Civics with its constitution,
History with its civilization,
Geography with its population,
Why do you ever come, Oh! Examination ?

- By Neeti Nagpal
VIII A

MAY BE

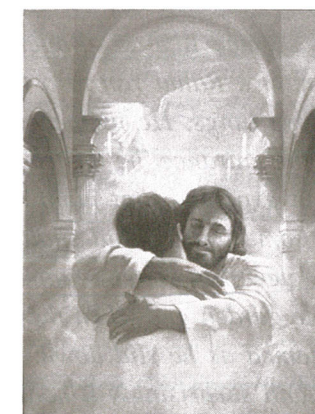
May be.... we were supposed to meet the wrong people before meeting the right one so that, when we finally meet the right person, we will know how to be grateful for that gift
May be... when the door of happiness closes, another opens, but, often times, we look so long at the closed door that we don't even see the new one which has been opened for us.
May be... it is true that we don't know what we have until we lose it, but it is also True that we don't know what we have been missing until it arrives.
May be.... the brightest future will always be based on a forgotten past after all, you can't go on successfully in life until you let go of your past mistakes failure and heartaches.
May be.... you should dream what you want to dream; go where you want to go, be what you want to be, because you have only one life and one chance to do all the things you dream of, and want to do.
May be.... the best kind of friend is the kind you can sit on a porch and swing with, never say a word and then walk away feeling like it was the best conversation you've ever had.
May be... you should do something nice for someone every single day, even if it is simply to leave them alone.
May be.... happiness waits for all those who cry, all those who hurt, all those who have searched, and all those who have tried, for only they can appreciate the importance of all the people who have touched their lives.
May be.....you shouldn't go for looks, they can deceive, don't go for wealth; even that fades away. Go for someone who makes you smile, because it takes only a smile to make a dark day seem bright. Find the one that makes your heart smile.
May be..... you should try to live your life to the fullest because when you were born you were crying and everyone around you was smiling but when you die, you can be the one who is smiling and everyone around you crying.

- Priyanka Galhotra
IX A

GOD IS GOOD

God is good all the time
He put a song of praise
In this heart of mine
God is good all the time
Through the darkest night
His light will shine
God is good
God is good all the time

If you're walking through the valley
There are shadows all around
Do not fear He will guide you
He will keep you safe and sound
He has promised to never leave you
And His Word is true



We were sinners so unworthy
Still for He chose to die
He filled us with His Holy Spirit
Now we can stand and testify
That his love is everything
And His mercies they will never end.

Though I may not understand
All the plans you have for me
My Life is your hands
And through the eyes of faith
I can clearly see.

'FUN'

A chauffeur was waiting to attend to the seven year old lad wearing a school uniform, getting off the school bus. This young lad was named Swapnil by his parents who were rich enough to provide him anything he desired and even things he didn't desire. They were amongst those fretful pair of parents who pampered their children with money, to compensate for their love, until they become spoiled brats and kept pampering them even after. Presumably, the children belonging to such kind of parents turn boastful, stubborn, and selfish and are under the illusion that the world exists to serve them.

But astonishingly Swapnil wasn't such a kid. His parents gave him every luxury any child could want but he didn't want them; in fact he condemned them. His face was, for most of the time, contorted in an expression of boredom. He sometimes felt that something was missing from his life despite having the latest toys and gadgets in his bedroom. As he climbed into the passenger seat of his dad's BMW car, he was asked "How was your day?" by the chauffeur as was the routine, and as was the routine, Swapnil just nodded in response, saying, thank you'

He reached home which was a couple of blocks away and made his way to the kitchen to have the lemonade awaiting him. He wasn't prepared to see the brown skinny boy named Rahul sitting in his backyard. His face had an expression of disgust when he saw Rahul's horrible shirt drenched in mud and dal which he was licking off his fingers sitting cross-legged on the ground.

"Who is he?" he had asked his nanny who was preparing his meal.

"He is Rahul, my friend's son. She needed to go to a funeral so she asked me to baby-sit him, you see, baba." She replied. Upon hearing his name, Rahul looked up from his plate and gave him a broad grin. Swapnil gave him a small smile back. Then Rahul got up and kept his plate in the sink, washed his hands and turned towards Swapnil. He smiled again and asked him to come with him to the garden. Swapnil gave it a thought, his mother had forbidden him to play with such children, yet for some unknown reason, he nodded and told him to wait while he had his lunch.

After having his meal he ran off though the backyard door with Rahul at his side ignoring the nanny's cries to come back.

When they entered the garden, it seemed like an altogether different place even though he had visited the place quite often with his nanny. Rahul ran to a muddy puddle formed in the middle of a flower patch screaming at the top of his lungs. He jumped into it and kept beating it with his feet. When he realized Swapnil was still at the entrance, he turned and called out to him. Swapnil hesitated but then did the same. Swapnil hadn't expected that jumping in a puddle would feel so good and could possibly be so much fun. After some time, Rahul spotted a butterfly and shouted, "look!" and ran after it. Swapnil imitated him. He knew they weren't going to catch it but it was so exciting to run after it. They followed it all through the garden and when they got really tired, they made their way to the slides. Rahul got on one and screamed as he slid down. While Swapnil was sliding down, Rahul asked him to scream. Swapnil did so and surprisingly it converted the slide into some roller coaster ride. They lay down on the grass for hours and made out shapes from the clouds floating in the sky and even ate ice-gollas (which his nanny never let him) from a vendor nearby. They chased each other running barefooted on the wet grass. They climbed up mango trees and picked mangoes from the treetops. Swapnil did so many other things he had never done before. He seemed to never stop laughing that evening. He realized that what he wanted were not laptops, play-stations, televisions or expensive toys, it was to have a normal childhood which was full of wet grass, dirt, butterflies, laughter, puddles, screams and little joys. He came to know that this was what was missing from his life- the thrill, excitement and joy of just being a kid and nothing more.

- Surbhi Dhuppad 7C

My School Fete, 2009

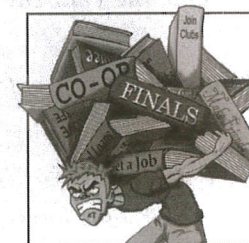
February 1 : The 1st of February was a day of excitement . The school celebrated fete with colourful canopies and beautifully decorated stalls. Fete is celebrated for the rejoice of Founder's day, 29th of January. Students and teachers moved busily about. At 8:00 A.M. Permission to wear coloured clothes filled more excitement in students. The gates were open for all and soon everyone started pouring in. By 10:40 A.M. The place was jam-packed and we were waiting for Arshad Warsi. On arrival with his family he declared the fete open.

The fete began with extreme excitement with the chief guest Arshad Warsi with his wife Maria and two kids, invited by Dr. L.C. Coutinho. Then came the time of Prize Distribution, Vinod than ex-student of the school, visited and distributed the raffle prizes.

It was a memorable day, children went home tired but still very happy.

- Varsha Binwani, XI Commerce

FOR A STRESS - FREE EXAM



It's exam time and being a student, stress is inevitable. Researchers say that an optimal level of stress is necessary that helps performance. This stress is called the positive stress But negative stress or distress can hinder the performance. What can you do to deal with stress ? The best method of dealing with exam stress is to learn how to manage the stress that comes along with any new challenge.

* TIPS THAT HELP YOU COMBAT EXAM STRESS.

- The most important thing is that you must be confident and believe in your capabilities.
- Its great to succeed and reach for stars. Aim to do your best but recognize that none of us can be perfect all of the time.
- Avoid last minute cramming . Leave enough time to revise.
- Develop a timetable so that you can track and monitor your progress.
- Give yourself short breaks as you revise, this will keep you fresh for a longer time.
- Get good sleep, which is very important. Try to keep your sleep routine as regular as possible.
- Eat healthy food, your brain will benefit from the nutrients.
- Regular moderate exercise will boost your energy, clear your mind and reduce any feelings of stress.
- Write important formulas or equations and stick them around. Visual learning this way helps.
- Don't get influenced by how much revision your friends have been doing, everyone is unique with different capabilities and potential.
- After exams don't spend time in criticising yourself for where you think you went wrong Concentrate on the next paper.

ON THE DAY OF THE EXAM:

Its natural to feel some anxiety when you go into the examination room. Arrive on time and read the question paper slowly. Its common to blank out sometimes or be confused with questions put in an unfamiliar way. If your mind goes blank in the exam, don't panic ! Just sit back, close your eyes and take a few deep breaths to calm yourself. Try to relax and, when you are ready, read the question again or move onto the next one. Remember its better to write something down than nothing at all !! Avoid a post mortem of your question paper with others once you are outside the exam hall. It can be very discouraging at times. TRY YOUR BEST, but if you don't do as well as you hoped there will be plenty of chances in the future to prove yourself.

ALL THE BEST

- Pankhudi Gupta, X A

Some good Jokes of Mr. Funny Bone

1. Why did the potato jump off the building ?
- Because he wanted to be a mashed potato !
2. Why is the calendar so popular ?
- Because it has so many dates !
3. What did the baby lightbulb say to the big lightbulb ?
- I love you watts and watts.
4. Who always forgets where she keeps her things ?
- Miss place.
5. Why were the middle ages so dark ?
- Because they had lots of knights.
6. Why did a man throw his watch out of his window ?
- He wanted to see time fly.
7. Why did the robber wear blue gloves ?
- He didn't wanted to get caught red handed
8. Which subject did the witch excel in ?
- Spell ing

- Swastik Nath and Maksud Maredia
VI B

SUCCESS

"What is the secret of success?"

I asked some one.

"I found the answer in my room.

Push", said the Button.

"Take pain", said the Needle.

"Be cool", said the water.

"Be up to date", said the calendar.

"Work on time", said the clock.

"Reflect before you act", said the Mirror.

"Do love", Said the Heart.

"Make light of your difficulties", said the Lamp.

"Strive to make an impression", said the seal.

"Look up", said the sky.

-By Sharlett Smollen
VI B

THE WINNER OF THE HUMAN RACE

I open my eyes... ah! the joy of a new day No
matter what comes along... my happiness will stay,
I take a deep breath... I'm glad I'm alive,
The day is a bonus.... no matter how hard I strive.
I'll go for a walk... no matter what weather,
I'll walk in the fields... smell the grass and the
heather,
I know I'm a winner... I see in the right vein,
To me all of life.. is Joy: a gain and a gain.
My work is just a game like I to play, I love the
hunt.... the chase.... the fray, I welcome the challenge...
I'm a smiling gladiator,
When everyone says it can't be done... just get on
with it and do it,
When things get loose... roll up your sleeve, when
things become old thoughts... think new thoughts
to renew it. Remember !!
Even if you lose, never accept defeat,
confidently try your last attempt. and who knows
what you get.

- By Kunal Patil
IX A

DO MORE THAN YOU CAN

Do more than exist - live.

Do more than touch - Feel

Do more than look - Observe.

Do more than read - Absorb.

Do more than like - Love.

By - Afreen K.
8B

THE PRINCIPAL, STAFF & STD 9 SAY GOODBYE TO THE STUDENTS OF STD X. AT THE ICSE FAREWELL.



चुटकुले

१. पत्नी - लोग अपना जन्मदिन भूल जाते पर शादी की सालगिरह नहीं भूलते क्यों ?
पती - दर्दनाक हादसे ज्यादा दिन तक याद रहते हैं ।

२. राम - तुम इस तरह धूप में क्यों बैठे हो ?
शाम - कुछ नहीं यार, मैं पसीना सुखा रहा हूँ ।

३. एक आदमी (फोन पर) - हैलो, कौन बोल रहा है ।
एक लड़की (फोन से) - जी, मैं सीता बोल रही हूँ ।
एक आदमी (फोन पर) - पर मैंने तो दिल्ली फोन लगाया था अद्योद्या कहाँ से लग गया ?

४. मेहमान - बेटे तुम कब पैदा हुए ?
बच्चा - बुधवार को और आप ?
मेहमान - रविवार को ।
बच्चा - आप झूठ बोल रहे, रविवार को छुटी होती है ।

५. इन्स्पेक्टर - तुमने चोर को पकड़ा नहीं क्या ?
सैनिक - नहीं, वह भाग गए पर उनके उंगलियों के निशान मिल गए ।
इन्स्पेक्टर - कहाँ !
सैनिक - मेरी गाल पर ।

- अरनव कुन्दा
७ वी

माँ की यादे

मेरी माँ की यादे मुझे रोजाना आती हैं
लुक छुपकर वो मेरी
पलके भिगा जाती हैं ।

उनका वो लुभावना आँचल
मन को पिघलाती है ।
पत्थर को मोम और
तन शीतल कर जाती है ।

वो प्यारी-प्यारी गोद तेरी
जिसमें मैं खूब खेती हूँ ।
पवित्रता की मूरत तू
जिससे मैं जन्मी हूँ ।

बचपन का वो लाड-प्यार
थोड़ी सी डाँट-फटकार,
अब वो ही तो याद आती है
जो भुलाए न भूल पाती है ।

वो प्यार से तेरा मुस्कराना
तरह-तरह ही मनमोहक बातें सुनाना,
बार बार अनेक नामों से पुकारना ।

ये सब बातें कह जातें हैं कि
मेरी माँ की यादे मुझे रोजाना आती हैं ।

बेटी धन की पेटी



यह विषय वास्तव में अत्यन्त सार गर्भित एवं प्रासंगिक है । इसका अर्थ भी दो रूप से हो सकता है । प्रथम 'बेटी धन की पेटी' का तात्पर्य आज के भारतीय समाज में व्याप्त दहेज-प्रथा जैसी गम्भीर सामाजिक बुराई से है, तो दूसरा भाव, समाज एवं राष्ट्र के निर्माण में बेटियों या महिलाओं के विशिष्ट योगदान का है ।

समाज में नारियों का स्थान पुरुषों से भी उच्च रखा गया है । 'यत्र नार्मस्तु पूज्यन्ते तत्र देवता' के उद्घोष, करने वाले इस राष्ट्र में 'बेटी को धन की पेटी' मानते हैं । आज आवश्यकता है नारी के सम्मान और स्वाभिमान को जागृत करने की, उसका मनोबल बढ़ाने की और उसकी कोख से ऐसे जागृत एवं उच्च समाज के निर्माण की जहाँ बेटियों को धन से तौला न जाए, जहाँ उनका बाजारीकरण करके उनकी कीमत न लगाई जाए । हमें याद रखना चाहिए कि यह सीता, सावित्री और गार्गी जैसी महान नारियों का देश है तथा इसमें आज भी कल्पना चावला,

सुनीता विलियम्स, अरुन्धती राय, तथा मेघा पाटकर जैसी बेटियों के सृजन की अपार संभावनाएँ हैं ।

किरण बेदी ने भारत की सर्वप्रथम पुलिस कमिशनर बनकर एक मिसाल कायम की । प्रतिभा पाटील ने राष्ट्रपति का पद पाकर तो इतिहास ही रच दिया है । धन अर्जित करने में भी आज बेटियाँ, बेटों से पीछे नहीं हैं । प्रशासन शिक्षा, आई.टी. उद्योग, एवं कारपोरेट जगत में उनकी मिसालें, बंमिसाल बन गई हैं । वे धन कि ऐसी पेटी नहीं हैं जो कहीं भी रख दी जाए, किसी को भी सौंप दी जाए बेटियाँ तो सहेज कर बड़े प्यार-दुलार से रखी जानी चाहिए ।

अंत में मैं यही कहना चाहूँगी:

फुलो की तरह कोमल होती हैं बेटियाँ,
स्पर्श से खुदरा दो तो रोती हैं बेटियाँ ।
खिलने दो इन्हे ओंस में अपने दुलार की,
महकेंगी बहुत 'पांखुरी' होती हैं बेटियाँ ।

- पंखुडी गुप्ता

दोस्ती

दोस्ती है ऐसा भाव,
जिससे मिट जाए सारे घाव,
दोस्ती मे हो ऐसा प्यार,
जिस पर टिके सारा संसार ।

दोस्ती है ऐसा मंत्र,
जिसका कभी न हो अंत,
दोस्ती में हो ऐसा रंग,
जो भर दे दिल में उमंग ।
दोस्ती में है ऐसी भक्ति,

जिससे आ जाए हममें शक्ति,

दोस्ती है एक ऐसा दर्पण,

जिसके लिए कर दो सर्वस्व समर्पण ।

दोस्ती है बाग का ऐसा फूल,
जिसके आगे फीके पड जाये शूल
मेरी मानो तुम भी एक दोस्त बनाओ,
दोस्ती को उम्रभर निभाओ ।

-अरनव कुन्दा
७ वी

तुम्ही आणि तुमचे अक्षर

व्यक्ती तितक्या प्रवृत्ती त्याप्रमाणेच प्रत्येक व्यक्तीनुसार हस्ताक्षर वेगवेगळे असते. अक्षर लिहीण्याची ठेवणे, त्याचा आकार वळणदार अक्षर इ. नुसार अक्षराचे महत्व वाढत असते. सुरेख टपोरे मोत्यासारखे अक्षर जर असेल तर अक्षरावरून त्या व्यक्तीचा स्वभाव त्यात दडलेला असतो. त्या व्यक्तीतील गुण व्यवस्थीतपणा, नेटकेपणा आढळून येतो.

व्यक्तीला जशा इतर गोष्टी जीवनात आवश्यक असतात त्याचप्रमाणे सुंदर हस्ताक्षर ही आवश्यक असते. सुंदर हस्ताक्षराला खुप महत्व दिलेले आहे.

आजकाल तर सुंदर हस्ताक्षरावरच जास्त भर दिला जातो. सुंदर अक्षर काढणे ही पण एक कला आहे व ती आपल्या सुरेख हातातून व लेखणीतून साकार होत असते. त्यामुळे सुंदर अक्षर पाहूनच मनाला खुप आल्हाद मिळून जातो.

सुंदर हस्ताक्षर म्हणजे मोत्यांचे सुंदर दागिनेच जणू. हस्ताक्षर म्हणजे अप्रत्यक्ष हास्तांदोलनच. सुंदर हस्ताक्षर सर्वांच्या मनावर उत्तम छाप पाडने. आपले हस्ताक्षर हे आपल्या मनाचे प्रतिबिंब असते म्हणून सर्व विद्यार्थ्यांनी आपले हस्ताक्षर सुंदर नाही तरी किमान सुवाच्च लिहीण्यास शिकलेच पाहिजे.

- रश्मी

हस्ताक्षर आणि तुमचा स्वभाव

- अ - मोठा तडजोड करणाऱ्यांपैकी, साधा, नजिकच्या काळाचा प्रथम विचार करणारा.
- अ - फारच मोठा बुद्धीमत्ता अगदी सामान्य समय सुचकतेचा अभाव.
- अ - भरपूर गाठी आतल्या गाठीचे, फार ठाम विचार, आपले मत कधी बदलणार नाही.
- आ - काना उजवीकडे झुकला अप्रतिम सौंदर्यदृष्टी, चांगल्या गोष्टीचा व्यासंग.
- आ - गतिमान अक्षर पुढे जाण्याची घाई, कार्यप्रवीण, कार्यतत्परता, तडकाफडकीचे निर्णय घेणारे.
- क्ष - वरची गाठ मोठी दुसऱ्याचे लक्ष आपल्याकडे वेधून घेण्याची जबरदस्त वृत्ती.
- अ - काना गतीने खाली आणने. नेतृत्व करण्याची धमक दुसऱ्यांवर वर्चस्व गाजवण्यात समाधान मानणारे.
- आ - वर गेलेला काना भयंकर आशावादी.

सुंदर हस्ताक्षर कसे बनेल

- १) प्रत्येक मुळाक्षर सुंदर कसे असते याची माहिती करून घ्या.
- २) मुळाक्षराचा आकार माहिती करून घ्या.
- ३) मुळाक्षर रेखाटण्याचे प्रकार माहिती करून घ्या.
- ४) अक्षर रेखाटताना जागेचे योग्य नियोजन करा.
- ५) लेखणीवरील दाब कमी-जास्त-योग्य समजून घ्या.
- ६) लेखणी पकडण्याची योग्य पद्धत वापरा.
- ७) लिखाणाच्यावेळी प्रसन्न वातावरण (मनावरच ताण) असू द्या.

- रश्मी

विद्याधन

विद्या - माणसाचा तिसरा डोळा

- १) विद्या असेल तर व्यक्तीचे यश व कीर्ती दशदिशांत पसरते.
- २) विद्येने व्यक्ती दारीद्र्याच्या काळातही तग धरून राहते.
- ३) विद्या ही अशी कामधेनू आहे की जी सर्व इच्छा पूर्ण करू शकते.
- ४) विद्यामुळे आपले चंचल मन स्थिर राहू शकते. सुख-दुःख, अपमान आणि संकटात ती आपली सदसद्विवेकबुद्धी जागृत ठेवू शकते.
- ५) विद्या हा आपला तिसरा डोळा आहे. त्यामुळे अनेक रहस्ये, अनेक ज्ञान खजिने आपणांस सापडतात.
- ६) विद्येमुळे मनुष्याला सर्वत्र सन्मान मिळतो.
- ७) विद्येमुळे केलेल्या चमत्कारांना सगळीकडे मान्यता मिळते.
- ८) विद्या ही आपल्याकडील अशी वस्तू आहे. की जी कोणीही चोरू शकत नाही व आपण दुसऱ्याला दिली तर तिची वाढ होते.
- ९) विद्या ही आपल्या घराण्याचे भूषण असू शकते. उच्च विद्या-विभूषित व्यक्तीमुळे सर्व घरदार सुधारित, सुशिक्षित होऊ शकते.
- १०) विद्या हे असे आभूषण आहे की त्याला धारण करणारी व्यक्ति सगळ्यांना आकर्षित करून घेऊ शकते.

- अश्विनी भूतडा

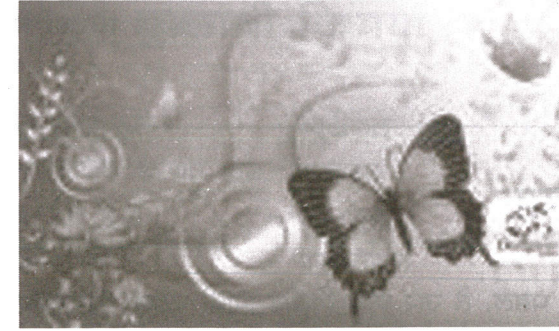
८ क

फुलपाखर

धरु नका ही बरे ! फुलांवर उडती फुलपाखरे !
हात लावता पंख फाटतील,
दोरा बांधून पायही तुटतील,
घरी कशी मन सांगा जातील,
लांब तयांची घरे,
फुलांवर उडती फुलपाखरे.

- मेघराज पाटील

६ वी ब



थोडंस हसा

वाहक (कंडक्टर) - तुमच तिकीट दाखवा
प्रवासी - हे घ्या दोन तिकीट
वाहक (कंडक्टर) - दुसरं कोणासाठी
प्रवासी - एक तिकीट हरवलं तर दुसरं
वाहक - जर दोन्ही हरवले तर ?
प्रवासी - आहो ! मग पास आहे ना !

- शची चौगुले

८ क

एक अनुभव

देवळालीला यायच्या आधी मी पुण्यातल्या एका श्रेष्ठ शाळा दस्तूर स्कूल येथे शिकत असे. ही एक पारसी शाळा आहे. येथे सर्व प्रकारच्या जातीतली मुले शिकत. त्या शाळेत क्रिडा भरपूर आणि अभ्यास कमी हेच चालत असायचे. रोज घरी येणा जाण्याचा कंटाळा येऊ लागला. आई-बाबांबरोबर तर सर्वांनाच रहायचे असते, पण रोजची ही धाव-पळ नाही. सगळ्यांनाच मित्र-मैत्रिणींबरोबर फिरायचे असते, मौज-मजा करायची असते. हे तर काही शक्य नाही. शाळेतून ट्यूशन, त्याच्या नंतर काही खेळ जसे बॅटमिंटन, पोहणे नाहीतर मग डान्स क्लासेस. मला ह्याचा अनुभव आहे. शाळेसाठी सकाळी लवकर उठा शाळेत लवकर लवकर आवरा, घरी आल्यावर ट्यूशन ला जा, मग शाळेचा अभ्यास करा, मग क्लासेस ला जा, स्वतःकडे लक्ष देण्यासाठी कोणाकडे वेळच नसतो. फक्त या सगळ्या गोष्टींना कंटाळून मी इथे आलेली नाही, कारण माझी शाळा बदलण्याची पाचवी वेळ आहे आणि मला स्वतःचा अभिमान वाटतो कि, मी एवढ्या कमी वेळात मी कुठेही रमू शकते. तसेच मी इंटरनेटवर ही शाळा पाहिली. पहिल्या झलकेत मला ती आवडली. मी ह्याच्या आधी पण एकदा पाँचगणी मध्ये बोर्डिंग स्कूल मध्ये होती. मला ह्या शाळेत जास्त छान वाटते. मुलं काही वेळेला भरपूर दंगा-मस्ती करतात पण काही वेळेला खूपच जास्त शहाण्या मुलांसारखी वागतात. त्याचं काही सांगता येत नाही, म्हणे "बार्न्स स्कूल के बच्चे"

पण इथे शाळेची मोठी इमारत, भरपूर मोठे मैदान, स्वच्छ वातावरण पाहून मला आनंद झाला. मला इथे पटकन मैत्रिणी मिळाल्या आणि माझ्या सर्वात खास मैत्रिणी आहेत इव्हलिन, आशा, रेनू, श्रद्धा, आदि. पण मैत्रिणी आहेत. शाळेतली काही मुलं खूप मस्तीखोर आहेत व काही अभ्यासू. पण फक्त अभ्यास करून कुणाचं काही देणार नाही, खेळायला ही वेळ दिला पाहिजे. मस्ती ही फक्त शाळेच्या दिवसातच केली जाते. नंतर तर वेळच मिळत नाही. काम, काम आणि फक्त काम !! इथ मला सगळ्याचा अनुभव मिळतो. येथे भरपूर खेळ-क्रिडा अभ्यास यांचे आयोजन केलेले असते बास्केट बॉल, टेबल टेनिस, हॉकी, क्रिकेट, बॅडमिंटन, क्रॉस-कंट्री आणि भरपूर काही मला इथे सर्व काही शिकायला मिळाले. भरपूर मज्जा करायची पण अभ्यासकडे दुर्लक्ष नाही करायचे.

जेवढं या शाळेबद्दल लिहावं तेवढं कमीच आहे. आमचे अध्यापक वर्ग पण इकास आहे. मला आशा आहे कि शाळेमुळे माझ्या मध्ये बरेच बदल होतील. माझी खुप प्रगती होईल.

- ईशा चिटणीस
८ वी क

गुदगुल्या

१) पत्नी - (पतीला) - आज हे मोठ घड्याळ भिंतीवरून पडल. ते जर एक मिनीट आधी पडलं असत तर माझ्या आईच्या डोक्यात पडल असत.

पती - माहीत आहे मला हे जुन घड्याळ नेहमीच हळू चालत.

२) गुरुजी - मुलांनो फळ्यावर लिहलेले तुम्ही तुमच्या वहीत लिहून ठेवलं का ?
मुले - हो !

गुरुजी - दाखव तु लिहलास की नाही ?

विद्यार्थी - गुरुजी तुम्ही फळ्यावरचं पुसून टाकल म्हणून मी पण वहीतल पुसून टाकलं.

- सिद्धोधन जाधव
७ ब

हसलात का ?

* एक सरदार सकाळपासून झेब्रा-क्रॉसिंगवर फिरत असतो. त्यामुळे गाड्यांना यायला-जायला त्रास होत होता. एक माणूस विचारतो, "सरदारजी, तुम्ही सकाळपासून झेब्रा-क्रॉसिंगवर का फिरताय?" सरदार म्हणतो, "तभी मैं सोचू, यह पिआनो बजता क्यों नहीं ?"

* एकदा एक सरदार दर अर्ध्या तासाला रस्त्याने जाणाऱ्यांना "टाईम क्या हुआ ?" असे विचारत असतो आणि संध्याकाळ होईपर्यंत फार चिडलेला असतो. दुसरा सरदार त्याला विचारतो, "पाजी क्या हुआ ? गुस्सा क्यों हो ?" सरदार उतरतो, "साला सुबह से पूछ रहा हूँ, सब अलग-अलग टाईम बता रहे हैं।"

* एक शेजारी आपल्या दुसऱ्या शेजाऱ्यास म्हणतो, "तुम्ही रूर नशीबवान आहात बुवा. पत्नीवरती तुम्ही इतकं रागावता, ओरडता पण ती उलट काही म्हणत नाही." दुसरा शेजारी - "अहो, तिला ऐकायला येईल तेव्हा ना." - अश्विनी भुतडा

फुलाची किमया

सर्वात सुंदर फूल	- ब्युटीफूल
आश्चर्यचकित करणारे फूल	- वंडरफूल
जंगलातील फूल	- वन-फूल
यशस्वी फूल	- सक्सेसफूल
विसराळू फूल	- फॉर्गेटफूल
चमत्कारिक फूल	- फॅन्सिफूल
भीतिदायक फूल	- फियरफूल
आज्ञाधारक फूल	- ड्यूटिफूल
सर्वात शांत फूल	- पीसफूल
सर्वांना फसवणारे फूल	- एप्रिल फूल

- अश्विनी भूतडा
८ वी क ८ वी क

जीवन म्हणजे काय ?

एक रस्ता	- त्यावर चालत रहा.
एक संघर्ष	- त्यामध्ये विजयी व्हा.
एक आव्हान	- त्याचा स्वीकार करा.
एक सौंदर्य	- त्याची पूजा करा.
एक कर्तव्य	- ते पूर्ण करा.
एक स्वप्न	- त्याचा अनुभव घ्या.
एक प्रवास	- तो पूर्ण करा.
एक खेळ	- मनसोक्त खेळा.
एक रहस्य	- ते उलगडा.
एक प्रेम	- त्याचा आनंद लुटा.
एक तडजोड	- ती पूर्ण करा.
एक दुःख	- त्यावर ताबा मिळावा.
एक गाणे	- मनमुराद गा .
एक दुःखान्त	- त्याच्याशी झुंज घ्या.

- अश्विनी भुतडा
८ वी क

पहेलिया

काली हें पर काग नहीं,
लम्बी है पर नाग नहीं ।
बल खाती है डोर नहीं,
बाँधते है पर डोर नहीं ।

- चोटी

बीमार नहीं रहती,
फिर भी खाती हूँ गोली ।
बच्चे, बूढ़े डर जाते,
सुन इसकी बोली ।

- बंदूक

चार झूझवर एक सवारी,
उसके पीछे जनता भारी ।

- मुर्दा

हरी डंडी, लाल कमान,
तौबा, तौबा करे इंसान ।

- मिर्ची

- अमीत थरवानी
७ अ

कदम - कदम बढ़ाए जा

कदम - कदम बढ़ाए जा, सफलता तू पाए जा,
ये भाग्य है तुम्हारा, तू कर्म से बनाए जा ।
निगाहें रखो लक्ष्य पर, कठिन नहीं ये सफर,
ये जन्म है तुम्हारा, तू सार्थक बनाए जा ।
निराश जब तू हो अगर, अँधेरा भी हो निकट,
उम्मीद की किरण लेकर, सूर्य फिर से आएगा ।
जब आस्था का साथ हो, स्वयं पर विश्वास
हो,
हो मुश्किलों से सामना, तू आगे बढ़ता जाएगा ।
प्रयास तुम करो अगर, करो न तुम अगर-मगर
जो कर्म है तुम्हारा, वो फल भी लेकर आएगा ।
जब सत्यता का साथ हो, और प्रेम अपने
पास हो,
काँटे का भी शूल देखो, फूल बन के आएगा ।
कदम - कदम बढ़ाए जा, सफलता तू पाए जा,
यह भविष्य है तुम्हारा, तू कर्म से बनाए जा ।

- अस्मिता पाचपोर
८ सी



बेटियाँ

सूरज सी है तेज बेटियाँ,
चाँद सी शीतल छाँव बेटियाँ,
झिलमिल तारों-सी होती है
दुनिया की सौगात बेटियाँ ।
कोयल की संगीत बेटियाँ,
पायल की झंकार बेटियाँ,
सात सुरों की सरगम बेटियाँ,
वीणा की वरदान बेटियाँ ।
हर घर की मुस्कान बेटियाँ,
लक्ष्मी की है मान बेटियाँ,
माँ-बापू और कुनबे भर की
सचमुच होती जान बेटियाँ ।
दुर्गा इंदिरा लक्ष्मी बाई,
जैसी महान बनी बेटियाँ ।
कर्म क्षेत्र में बढ़ने को है
आज सभी तैयार बेटियाँ ।
सूरज-सी है तेज बेटियाँ,
चाँद-सी शीतल छाँव बेटियाँ,
दो कुल की लाज राखे,
ऐसी होती है बेटियाँ ।
हर मुश्किल का डट कर सामना करें,
नीडर-सी होती हैं बेटियाँ,
माँ की लाडो (लाडली) बाप का गर्व,
फिर भी ना जाने क्यों बलि चढ़ती है बेटियाँ ।
ऐ दुनिया वालों तुम कब समझोगे,
बेटियाँ हर दुःख झेले
फिर भी मुस्कुरा कर औरों को सुख देती है बेटियाँ ।

- प्रियंका गलोत्रा, ९ वी अ

स्वस्थ जीवन का राज

- १) कोलेस्ट्रॉल कम करने के लिए सुबह खाली पेट गर्म पानी पीना चाहिए ।
- २) हिमोग्लोबीन कम होने पर हरी सब्जियाँ, सेब, लौकी, पालक आदि का रस लेना चाहिए ।
- ३) बालों को झड़ने से रोकने के लिए आंवला और लौकी के रस का प्रयोग करना चाहिए ।
- ४) मेथी बालों को सफेद होने से रोकती है। इसलिए मेथी का प्रयोग करना चाहिए ।
- ५) 'जंक फूड' से हार्ट अटैक का खतरा बढ़ता है । अतः जंक फूड का प्रयोग नहीं करना चाहिए ।
- ६) रात्री के समय हल्का भोजन करने से वजन कम होता है ।
- ७) नियमित रूप से व्यायाम करने से शरीर स्वस्थ व सुंदर बनता है ।

- नीति नागपाल, ८ वी अ

सपना

उपवन में दरबार लगा था । फूलों के राजा आम सिंहासन पर विराजमान थे । उनके दाईं ओर ऊपर से कठोर और अंदर से मधुर प्रधानमंत्री नारियल तथा बाईं ओर सबकी सहायता करनेवाले सेनापति अपने-अपने आसन पर बैठे हुए थे । केसरिया रंग के, तरोंताजा दिखाई देनेवाले राजा के सामने सभी दरबारी अपनी विशेषता के साथ कामकाज की जानकारी देने लगे ।

सबसे पहले राजा के सामने आए अंगूर, कहने लगे, "हम संसार में मिठास फैलाना चाहते हैं।" तरबूज और खरबूज एक-साथ कहने लगे, "हम दोनों गरमी के दिनों में लोगों की थकान मिटाते हैं।" तभी संतरा उठकर सामने आया। संतरे का आकार और रंग देखकर राजा खुश हुए और बोलें, "तुम भी अपनी बात सुनाओं।" संतरे ने कहा, "मेरा रस और मुझसे बनी मिठाई लोगों को बहुत पसंद है।" इतने में अमयद बोल उठा, "मुझे देखकर छोटे-बड़े सबका मन ललचाता है।"

अपने भारी शरीर को संभालते हुए पपीता महाशय कह उठे, मैं कोमल हूँ और मधुर भी । मेरा सेवन करना अनेकों की पसंद है। अब बारी थी सेब की, सेब के आते ही राजा ने कहा, "मैं आपके काम से परिचित हूँ। कहते हैं कि प्रतिदिन एक सेब खाओ और बीमारी से दूर रहो।" सेब ने सिर झुकाकर अपनी कृतज्ञता जताई। आम ने पूछा, "हमारे जामुन भाई कहाँ हैं?" जामुन ने कहा, "मैं यहाँ बेर भैया के साथ हूँ। मैं औषधि बनाने के काम आता हूँ।"

अचानक तूफान आया जमीन हिल उठी, माँ अमन की झिंझोड़कर जगा रही थी। उसने माँ को अपना अपना सुनाया । माँ ने हँसते हुए कहा, "कल कक्षा में तुम्हें फलों के बारे में बताया गया था । अब तुम उनके बारे में लिख सकते हो।" अमन खुशी-खुशी तैयार होने लगा ।

- मेघराज पाटील
६ वी ब

रूप से अधिक महत्वपूर्ण गुण होता है ।

अचलपूर का राजा सूर्यवर्मा बहुत पराक्रमी था । उसका राज्य दूर तक फैला हुआ था समरसेन सूर्यवर्मा का सेनापति था । समरसेन बहुत ही शूर तथा बुद्धिमान था । उसकी वजह से आस-पास के राजा उनसे डरते थे। समरसेन शूर-वीर और बुद्धिमान होते हुए भी उसका चेहरा बदसूरत था ।

एक बार महाराज सूर्यवर्मा और सेनापति समरसेन घूमने गए। जंगल में घूमते-घूमते शाम हो गई । अंधेरा छाने लगा था । धीमी रोशनी में सेनापति समरसेन के चेहरे को देखते-देखते महाराज सूर्यवर्मा के मन में एक प्रश्न उठा । "सेनापति ! आप पराक्रमी हैं, बुद्धिमान हैं परन्तु बदसूरत हैं । आपको अपने बदसूरती की वजह से आपके विचारों पर कोई उत्तर नहीं दिया । उसने कहा, "महाराज ! अंधेरा बड़ रहा है । जल्दी ही राजमहल में पहुँचना चाहिए । घोड़े पर बैठे ।"

राजमहल में पहुँचकर समरसेन ने दोन कलश मंगवाए । एक स्वर्ण कलश जिस पर बहुत सुंदर कलाकृति बनी हुई थी । दूसरा मिट्टी का साधारण मटका था । समरसेन ने दोनों कलश में जल भरकर रखने के लिए कहा और वो अपने महल में चला गया । दूसरे दिन दोपहर को समरसेन राजमहल में आए । उसने रात में भरे हुए दोनों कलश मंगवाए । कलश को महाराज के सामने रखकर उनसे पूछा, "महाराज, इन दोनों कलश में से किस कलश में जल शीतल होगा ?" राजा ने उत्तर दिया, "मिट्टी के मटके में जल शीतल होगा । स्वर्ण कलश में नहीं ।"

"बराबर !" समरसेन ने कहा, "मिट्टी का मटका चाहे जितना भी असमान व साधारण दिखे, उसकी सूरत का जल पर कोई भी विपरीत परिणाम नहीं होता । उल्टा जल शीतल बनता है । वैसे ही मनुष्य की सूरत का उसके गुणों पर कोई विपरीत परिणाम नहीं होता । इसलिए सिर्फ रूप नहीं, पर उससे ज्यादा गुणों का मोल अधिक होता है । रूप से अधिक गुणों पर ज्यादा महत्व देना चाहिए ।

- चैतन्य वैद्य
९ वी अ

इतिहास

“इतिहास” असा की

सामान्यांच्या राजधानीकडे जाणारे सारे रस्ते असामान्यांच्या, राजवाड्यांपाशी मातृ पोचतात, आणि होतात, निरर्थक रक्तासर्वांनी भिजलेले ते लांबलचक रस्ते “मुर्खाने सांगितलेल्या आचरट कहाणी सारखे पण दिलासा हा की असामान्य हे असामान्य नसतातच. असामान्य असतात त्या राजवाड्यांच्या इमारती त्यांचे दिमाखदार चिलखती दरवाजे त्यांच्या अजस्त्र चिरेबंदी भिंती ज्या बांधलेल्या असतात सामान्याणीच.

आणि असा एक दिवस उगवतो की जेव्हा हे सारे बांधकाम

सामान्य करता येते समूळ उध्वस्त.

हाही एक नवा इतिहासच

अखेरच्या तळावर सामान्यांना सापडलेला

पण तोपर्यंत.....

हा “इतिहास” घडतच राहील

- सुनिधि मेहता

६ वी ब

तू मराठमोळा

तू मराठमोळा शेतकरी घोंगडी शिरी,

जुनी ती काठी, जूनी लंगोटी-बदल ही दुनिया

सारी रे, चल बदल ही दुनिया सारी.

राबुनी थंडी वान्यात, गाळुनी घामाच्या

धारा, लाविशी रास मोत्यांची परी नाही

तुला रे धारा तू खाशी कांदा भाकरी

बसुण अंधारी भुकेला कोंडा निजेला

धोंडा-बदल ही दुनिया सारी

ही तुझीच धरती माता, तू विश्वाचा निर्माता

तुझी चराचरावर सत्ता, तू या जगाचा दाता

परी होऊन तू भिकारी झुरशी अंतरी

रोगराई तुला दुष्काळ खाई, बदल ही दुनिया सारी

तव बळस नाही अंत, ते वज्रला नमवीत

तुझ्या हाती असे अमृत पिकवते सोने

मातीत परी सदा तुझ्या रे दारी नाचे

लाचारी व्याजाच्या पोटी तुला सावकार

लुटी-बदल रे दुनिया सारी.

त्या तुझ्या जुन्या खोपीत समतेच पाळणा

हले एकीन वाढवून तिला कर खरे ब्रीद आपले

ऊठ वाजवीत रणभेरी घुमवी अंबारी,

वळू नको, वा पळू नको तू - बदल रे

दुनिया सारी.

- सुनिधि मेहता, ६ वी ब

बचपन

अक्सर धूल जमने से, तस्वीरें हो जाती हैं धुंधली,

जैसे नीले आसमान में छा जाते हैं काले बादल,

लेकिन धूल हटने पर फिर चमक उठती तस्वीर,

को बादल के आ जाने पर, बरस जाता है नीर ।

काश वक्त की धूल, बचपन की तस्वीर से हठ जाती

काश वक्त के बादल भी, बचपन की बौछार लातीं

काश वक्त के आँगन में, फिर यादों के मोती उठते,

नहीं सी मुस्कान लिए, न जाने कितने चेहरे हँसते ।

लेकिन गजरा हुआ वक्त, फिर वापस कभी नहीं आता,

बचपन का एहसास मात्र ही, होठों पर हँसी है लाता,

हम सभी का बचपन है, यादों का वो गुलिस्तान,

जिसकी एक झलक ही देती, है प्यार भरी मीठी

मुस्कान ।

- आदित्य राज

९ वी सी

Class XI with their teachers



